Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Contract woes have CSC staff worried, upset

By Molly DeMellier
Castleton Spartan

They respond to the late-night vomit clean-up and residence hall lock-outs. They juggle the beginning of semester mail-room rush, spend their summer days drenched in sweat from grounds maintenance and everything in between.

As Castleton State College's staff, they range from public safety officers to secretaries and are depended on to keep campus running smoothly. Despite their round-the-clock dedication, a contractual impasse with the Vermont State Chancellor's Office is putting them in a financially threatening position.

According to a release made by the Vermont State Employee's Association on Sept. 3, the Chancellor's Office is currently demanding a 25 percent cut from retirement benefits and is refusing to agree to a proposed wage increase the staff says keeps up with the cost of living.

"We're paid much lower than anybody else in the state," said Public Safety Officer Bill Duczeminski.

Dan Smith, director of community relations and public policy for The Vermont State Colleges Chancellor's Office, released a statement Sept. 6 that said the objective of the negotiations is to reach an agreement that is both financially viable for the colleges, as well as, fair to the employees.

"The union represents some of our most valued and productive employees," Smith said. "The joint declaration of impasse is a disappointment."

The standstill of a new contract, which was scheduled to be in effect by July 1 of this year, has Castleton's staff stirred up. For some, their discontent is derived from their view of Castleton as not only their place of employment, but also their alma mater.

"A lot of us had the opportunity to go other places," said Mary Woods, staff assistant for faculty and member of the negotiating team. "But we chose to stay here because of how we feel about this place."

Billie Langlois, negotiations team member and library acquisitions staff member, said she fears for this era of grads looking to return to the place they called home for four years as a member of the payroll.

"When students graduate here they're thrown out into a tough economy and the college shouldn't contribute to the race to the bottom," she said.

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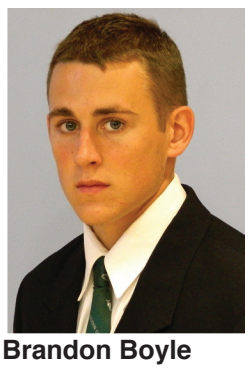
Theft puts team in turmoil

By Molly DeMellier and Martina Marchese
Castleton Spartan



Brandon Boyle

Castleton State College's All-American star receiver, Brandon Boyle, and up-and-coming quarterback, George Busharis, were arrested on Sept. 10 after admitting to Vermont State Police to stealing merchandise from Dick's Sporting Goods in Rutland on multiple occasions throughout the past weeks, according to a state police press release.

The two, along with four other yet unnamed players, have been suspended from the team indefinitely for their alleged roles in the thefts.

"State Police responded to Dick's Sporting Goods in Rutland Town after State Police learned that a Dick's Sporting Goods employee was believed to be aiding a customer with theft of merchandise," the release read.

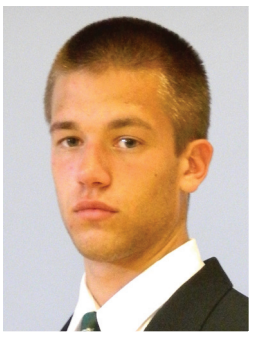
According to incident records, Trooper Jason Johnson responded to the scene at approximately 7 p.m., when Busharis was seen exiting Dick's with two bags.

Johnson approached Busharis and proceeded to question him about the merchandise in his bags. Busharis then produced a receipt from the store showing he had made one purchase for a total of $3.20. It was later determined by State Police that the items in Busharis' bags totaled a retail value of $314.00. Dick's was unable to be reached for a statement at this time, but police reports estimate the total loss incurred from the incidents to exceed $3,000.00.

Busharis admitted to the theft to State Police and revealed Boyle, who was an employee at the time of the incident, to be his accomplice on various other occasions. State Police also said that during questioning, Boyle and Busharis admitted to being assisted in the thefts by other Castleton students who have yet to be identified.

The college's president, Dave Wolk, learned of the incident from a Spartan reporter early the following morning.

"I am very surprised and saddened by what transpired," he said. " The players have been suspended indefinitely from the football program. But the team will move on, under the excellent leadership of Coach (Marc) Klatt and his talented staff."



George Busharis

Jeff Weld, director of College Relations and Sports Information, announced on Friday that four other Castleton student-athletes are being investigated for their suspected association with the theft.

"This matter remains under investigation in cooperation with law enforcement," he said. "The College learned that four other Castleton student-athletes may have been involved as well. Those individuals have been suspended indefinitely from the team pending the outcome of the ongoing investigation."

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Zozobra: 'Burn him down!'

CALLIE GINTER/CASTLETON SPARTAN

A paper mache puppet is burned as part of the Zozobra festival in Santa Fe, N.M.

By Callie Ginter
Castleton Spartan

You could hear the chanting from a mile away. "Burn him down! Burn him down!" People by the thousands were flooding into the stadium, waiting anxiously for the 49-foot puppet to be engulfed in flames.

Zozobra is a tradition that has been celebrated in Santa Fe, N.M., since 1926. The puppet made of paper is dressed in white and green, representing Old Man Gloom. The festival is celebrated as a time to release your somberness by writing down your repent on a piece of paper, and watching your sorrows go up in smoke.

As people got closer to the stadium, they could see young children dressed in green and white imitating Old Man Gloom, slowly swaying back and forth. The crowd of thousands, including this reporter, waited anxiously. They were discussing the glooms they were anxious to rid themselves of. Sorrows including divorce, drinking and guilt seemed to be a common theme.

Suddenly, fireworks on both sides of the tower began shooting off. The crowd's cheering was climaxing. The sound of the fireworks lighting the puppet were loud and sizzling and sparks were flying everywhere.

All of a sudden, "Whoosh!" The puppet was a fiery tower. Spectators could feel the warmth of the fire on their faces. As he burned, pieces of his paper mache body began falling off. The crowd was ecstatic. When Old Man Gloom was completely disintegrated, more fireworks went off, celebrating the cleansing.

After the burning, excited spectators chatted about the experience.

"It was a blast, it burned all the bad vibes, I feel better myself right now … It was very communal," said one 20-something-year-old local man.

"The fireworks were my favorite part," said an excited 9-year-old boy.

Megan Sargent, one of the Castleton students at the event as part of the Santa Fe semester, was eager to share her enjoyment.

"It was awesome! My favorite part was the final tension before Old Man Gloom was completely destroyed!" she said.

As people began leaving the stadium, they couldn't help but feel a positive energy in the air. People seemed happier, lighter. Their troubles, at least for the moment, felt forever gone, burned, up in smoke.

We'll do it together, thank you

By Bryanna Allen-Rickstad
Castleton Spartan

The room is bare save for two identical medals hanging on the concrete wall and several unframed photos; one of the Virgin Mary, the other of Jesus. Oh, and the last of the Egyptian Pope.

This may not seem like the dorm room of two typical college girls. There are no colored lights and no Walking Dead posters. But Merna and Myryam Ishak are not your typical college girls.

They are identical twins from Cairo, Egypt.

The pair moved with their parents to Hartford, Vt., four years ago this fall, after a 10-year wait for visas.

"We waited for years to get the paperwork to move to America," said Myryam.

"Then one night, the phone rang. And we suddenly had eight months to pack up and say goodbye to everyone we had ever known," Merna said, finishing the thought for her sister.

Their family decided to move to the United States so the girls could receive a better education. Public Egyptian schools offer no encouragement or sense of structure for students, so Myryam and Merna attended a private, all-girls Christian school instead. But even with that improvement, they were not getting the education they needed to continue on to college.

"Classes were so overcrowded that the teachers didn't even have time to check your homework," said Myryam.

She said when extra help was needed, you had to seek out your teacher and pay money just for homework clarification.

The girls' parents didn't want those barriers for their eager daughters, so when all of the government paperwork was settled, they made the 5,400-mile move to Hartford.

"It was so hard leaving all of our friends," Merna said.

"It was frustrating at first," added Myryam.

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CONTRIBUTED PHOTO

Egytptian twins, Merna and Myryam Ishak. Which one is which?

A proud advisor

My Sept. 11 Newsgathering and Writing class lesson was to be about social media and the Internet and how it has changed the landscape of newspaper reporting.

I was going to talk about how now, with our newspaper websites and Facebook and Twitter, we can get news out as it's unfolding, unlike the days of old when readers had to wait a day later for the print version on the front steps.

I was going to use the text example of how Facebook is a great way to publicize stories on your paper's website and how Twitter is a vital, play-by-play tool to report court cases when cameras aren't allowed in.

But a press release from the State Police changed that lesson. When students came in to the 9 a.m. class, I had the Spartan Twitter page and Facebook page on the overhead projector, both announcing that two CSC football stars had been charged with stealing sporting goods from Dick's Sporting Goods, where one worked.

Then I showed them the Spartan website, where a short story about the arrests had been posted. From about 8 to 8:45 a.m. that morning, the two Spartan editors wrote, set up interviews, tweeted and posted on Facebook. They tweeted and updated the story for hours, finally calling it a day around 9 p.m.

The Spartan is a club, mind you. Yes, some students get independent course credits to work on it, but it's still a club.

The Spartan had the story before almost every area news outlet and by the end of the day the Associated Press had it and people were reading about it in Miami, California and North Carolina.

But almost as soon as the stories and tweets were posted about this news story, the comments started flooding in, many negative, but some defending the editors.

Some commented on how it's the role of the Spartan to make the college look good. One frequent tweeter throughout the day even started name calling ("#nerds") and saying it was nobody's business and that the Spartan should stop publishing and updating about the arrests.

Those bothered me.

Spartan reporters aren't nerds, in my opinion, nor is it their job to make the college look good. I would argue that most issues do make the college look good, with stories about triumphs and awards and profiles about outstanding students and faculty.

I was torn by this story. Students in my newsgathering class may have seen me as excited about the story. I was more sick about it for the school and the football program and nervous that the Spartan editors, who I advise, would be ultra careful and accurate with everything they did. My name is in the staff box, too.

I could see in the faces of my colleagues who had taught one of the two players, how distraught they were. Students who are good friends with the players weren't happy about the story either. I didn't like that the Spartan had to write these stories. But the Spartan DID have to write these stories.

Journalism students at Castleton State need to learn that when a story like this breaks, it simply has to be reported. Do the stories have the potential of putting the school in a bad light? Yes. Do the journalists relish that? No. But they must ask the questions and write the facts as they are presented and give the accused a chance to have their say, too.

Social media played a huge role in the dissemination of the news and the resulting comment fallout on Sept. 11, 2013. I hope the majority of the college community realizes that the messenger in this case was doing what it had to do.

\- David Blow

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Huden changes are nice, but a second entrance is needed

There's a freshly paved patio, new seating and a line stretching dramatically from the single entrance of Huden Dining Hall to the gazebo several feet away.

Perhaps is no change is better than the wrong change?

The new décor is pleasing to the eye, more seating has been put into place and more options have been added to the food menus. The dining area was in desperate need of all of these things and students applaud the effort that went into the estimated $1.5 million project.

But why make improvements just to take something as basic as dual access to the dining hall away?

Sometimes even a change with good intentions just comes out all wrong.

In the midst of all the new renovations they must've forgotten the increase in students on campus this semester. Yes, we now have an aesthetically pleasing place for people to sit, but only if they can make it inside first.

Students are left wondering whose idea was it to close off the two existing entrances and exits and just put one in? And why?

We're lucky the weather has been decent lately, because in the winter students are going to be lined up with icicles hanging from their faces and snow covering their bodies by the time they get inside to pick up a quick hot meal.

From the sometimes 30-minute wait it now takes to get food once inside Huden, we think it's safe to say there are way too many students to have just one doorway.

We strongly urge the administration to reconsider the decision and re-open the other entrance so students aren't left out in the cold when it's busy. We applaud the changes, and doing so would make students appreciate them even more.

-Martina Marchese

Fresh Persepective

Freshmen, get ready for a whirlwind of emotions these next few months. It's crazy to think that we're all on our own, no responsibilities, meeting awesome people and doing whatever we want, whenever we want! Right? Eh, not so much. Of course, arriving here we're all anticipating having a great time. But after watching our parents drive off, and having that feeling of total freedom for the first time, I'm sure some of us have gotten cold feet. It's a completely new and sometimes scary environment. Some of us may know people and have friends at school from our hometowns, but some of us could be adjusting to Vermont as the newest state we're living in. Adjusting is the perfect word to describe what we are going through in the next few months. There's the adjustment to harder classes and having to actually participate in academics after our brains were on vacation for 3 months. There's time management, and learning how to accommodate to the new homework load. Of course there's adjusting to new roommates, learning our social skills to meet new friends and even living with people you've never really met before. And then there's all of the free time that we have between classes. As to anything, there's always going to be pros and cons to this new found freedom. The pros being that we can do whatever we want. And I'm sure that all of us, me included, love the idea of being independent. Being able to make our own schedules, and sleeping whenever we want. Awesome, right? To a point, yes. But then there comes the cons. And I think the biggest one would have to be a lack of motivation. Most professors don't take attendance, and we are responsible for showing up to class. So obviously some of us are going to want to skip class after a long weekend of sleeping and hanging out with friends. Or, for example, you're in bed, drifting off to sleep when you have a class in 30 minutes, with homework that needs to be done in said class. Your motivation then slowly drifts off with your dreams. Independence is great, but we're all going to have to get used to the thought of being grown-ups and scheduling actual time for school. I know we can all do it.

The biggest adjustment, for me and probably for a lot of us would have to be finding ourselves in this huge mess of people at Castleton. Some of us may be feeling lost, or homesick, or so stressed out that we have doubts about what to do or where to go next in our college career. I hate to do this and get all motivational, but I'm just saying that it has to get better from here. We just need to get involved and most importantly keep an open mind. It's a big world out there and we are actually taking the steps to better our lives before we enter the big world blind to how it really is out there. College is great because we can actually start over with a clean slate and renew ourselves. We need to get out of that high school mentality and try new things and keep a positive attitude. Sounds cliché, but I'm speaking from the heart here. There's a ton of support behind us, we just have to get the courage to take the giant leap into true Spartanism. Keep your head up freshies! It only gets better from this point on. Here's to adjusting!

-Meghan Fellows

There's a CSC app. for that?

Your college? There's an app. for that!

Castleton has just entered the world of Smartphones with its very own free App.

I initially heard about it on my first day of classes while I was jotting down my schedule on the back of an old homework assignment from sometime last semester.

"You should download the college app.," said Castleton junior Stephanie Deyette. I immediately went to the app. store on my iPhone to see if this mythical tech creature was, in fact, real.

It was! I immediately began downloading it and 27 minutes later the app. was ready to go —shout out Castleton WiFi!

This isn't your typical disgruntled bird tossing game or even something that will allow you to take and edit photos of yourself that make your social media friends gawk at how much weight you've lost, when really you've gained 30 pounds.

You can, however, access your Moodle account, your class schedule and your grades. There's even a map for you lost and overwhelmed freshmen. It's basically a custom version of the school's website—minus the email access.

"I recently got a Smartphone," said Theater Arts major Benjamin Villa, "I use (the app.) for the class schedule— it's incredibly helpful."

And if you don't have a smart phone, it was revealed at Convocation by President Wolk that CSC is currently working on revamping the website.

A new website and a new app could have benefits beyond just our current student population. The first impression prospective students have of Castleton is based on resources available online.

"There was a need for something more mobile than the email," said Castleton's S.O.S. Coordinator Meghan Hakey. "The website's design wouldn't let you see it well on your phone's browser."

Hakey said she also appreciates the easy access to her grades and Moodle.

"It's literally everything about Castleton at your fingertips."

The only complaint students have for the app is the lack of email access. I'm not totally sure why you wouldn't just bring your phone to IT, they have the ability to set it up properly, but I digress...

"The app is really fantastic," said Hakey "I recommend it!"

-Max Walker

New tennis courts a hit with students

By Josh Bassett
Castleton Spartan

New tennis courts were built at Castleton State College over the summer, and students are psyched.

The new courts are greatly appreciated by members and coaches of the tennis teams who previously were forced to play matches at Grand Slam Tennis in Rutland because of the lack of courts at Castleton.

"I've been playing on hard courts, I've been playing on grass courts, I've been playing on clay courts. I've been on a lot of hard courts over the course of my collegiate career, just playing around casually, but these courts … I cannot say enough good things about these courts," said tennis team member Matt Trombley.

The courts are located next to physical plant behind the South Street lot.

The old courts were demolished two years ago to make way for the Hoff Hall dormitory.

Women's tennis coach Rob Purdy raves about the new courts.

"The old courts were pretty beat. They were pretty fast with no cushion," Purdy said. "These are well-cushioned, the way they manufactured them – they can add any amount of grit to them."

On a walk down South Street, you notice the stadium-sized lights lining the courts.

Aside from the condition of the courts, the lights are the most talked about feature because they allow evening matches.

"We've been some places where they finish in the dark," said Purdy, adding that the lights were especially useful in helping the team finish a match that went on late into the afternoon.

The lights have even helped bring in new players as they increase the accessibility of the courts.

"They're convenient due to the times you can go, because of the lights," said Castleton student Nate Dupras, who recently picked up tennis.

There are three rows of courts with two courts per row, allowing for multiple games to be played at once. The number of courts even allows community members access without having to be near the students.

JARED UNGAR/CASTLETON SPARTAN

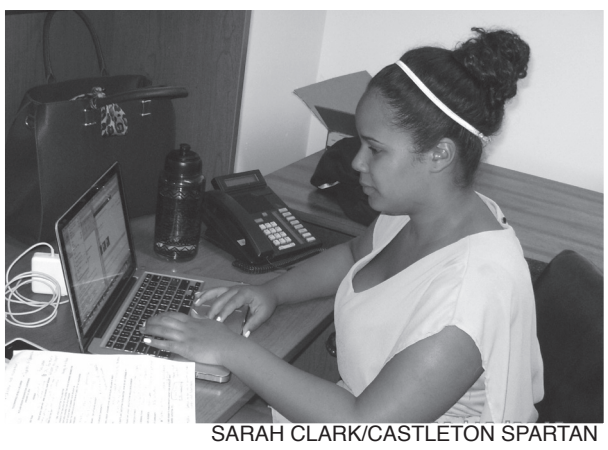
Tennis team member Tyler Konopka gets ready to serve during a friendly night-time match on one of CSC's new tennis courts.

Purdy and Dupras said they have seen several community members using the courts and even Dupras noted that he saw the courts in use.

Trombley said he is excited to get out and play on the courts.

"Nothing beats brand new," he said.

CSC grad stays



SARAH CLARK/CASTLETON SPARTAN

Courtney Parker works at her desk in the College Advancement office.

By Sarah Clark
Castleton Spartan

Castleton State College professors often share and flaunt stories detailing the success of past students with current ones. These stories are often about exciting and stimulating jobs in big and bright cities where past students landed after working their way up the grueling and cut throat ranks. But Castleton's 2013 graduate and former Spartan Newspaper editor, Courtney Parker proves to all that you can be successful without wandering far from your alma mater.

During her time at CSC she completed a year-long internship at the Rutland Herald, which helped open her eyes to the world of journalism.

"Writing has always been a strong passion of mine," said Parker. "My time here at Castleton let me see my full potential."

Her internship eventually landed her a part-time gig writing in the Herald's newsroom. You can now find her byline on stories about Rutland Town's government and general stories about various activities and events happening on the streets of Rutland.

She said although she mostly gets positive feedback on her stories, she has found that, in journalism, it is impossible to make everyone happy when trying to be unbiased.

During her time at the Spartan newspaper, Parker said mentor and professor David Blow helped guide and encourage her to be the writer she is today.

"She was very driven and had a huge impact on the Spartan," Blow said. "She showed up on weekends to design and organize. She really kicked it into gear as a junior. She went above and beyond and the Herald loved her! It speaks volumes."

Fellow Spartan workers found her to be influential and someone they could look up to.

"She's like a big sister, I call her grandma Spartan. I've learned a lot from her and from working with her," said Martina Marchese, a current senior editor of the Spartan.

Through writing, Parker has been exposed to experiences that most would have missed out on, from observing a man talking to his dog as if it was a child, to writing emotional stories about suicide. Parker said she could connect and relate to those who were close to Brian Dagle, through the suicide loss of one of her own friends in high school. She said writing the story on Dagle's death was an internal and difficult battle, but she kept it professional while still showing the emotion and sadness that everyone was feeling.

Although Parker has graduated from CSC, you can still find her in the College Advancement Office as a college relations specialist. In the position, she works closely with Director of College Relations and Sports Information Jeff Weld. Parker currently is working on the school website writing news, events and updates.

"The connections you make and opportunities you make for yourself may turn into a full-time job," Parker said, as a message to underclassmen.

Although not all of the internships are paid positions, all the hard work can lead to a successful job in the future, she said.

Weld had many positive things to say about Parker.

"I think that the things we liked the most about Courtney was that she had a lot of skills and things going for her and as a student she never stopped developing her skills," said Weld.

He said he believes that because of her past at CSC, she has a great perspective, as well as many connections to students and faculty here on campus. Weld sees many positive things in Parker's future.

"My hope for Courtney would be that at some point she would have a full-time position here," he said.

JARED UNGAR/CASTLETON SPARTAN

Students Branden Dennis, Mack O'Connel and Andrew Lamos give a thumbs up in front of the renovated Huden Dining Hall last week.

Long lines buffer Huden changes

By Megan Harris
Castleton Spartan

The new renovations to Huden Dining Hall are being met with mixed reviews.

While most agree that the primarily cosmetic renovations "look nice," many students interviewed wanted to talk more about accessibility of the renovated building.

"It looks great, but its super inconvenient coming and going," said senior Cody Arsenault. "It's nice change but, only having one door to enter and exit is problematic."

Arsenault's views were echoed by several other students, both on and off campus.

"It's completely impractical to have one way to exit and enter … Is it really much further to walk? It is when it's raining," said off-campus senior Chris Fleury.

Even freshmen seem to agree that the flow appears to be all wrong.

"It's really hard to get in and out, especially during lunch time," said Amanda Patch, a freshman.

Although she admits she hadn't seen the dining hall before coming to Castleton, she agrees with the overwhelming sentiment: the one door isn't going to work.

Liz Young, a sophomore, agrees, but also was critical of the new outdoor seating area, not because of its appearance or the idea, but because of restrictions on where food can go.

"There's absolutely no point in the outdoor seating either, since we can't bring our food out there," Young adds.

But administrators and the contractors who worked on the renovations disagree.

"I happen to be happy with the changes and even students who don't see the changes can feel it. We have new windows, air conditioning, new plumbing, the floors have all been redone," said Dean of Students Dennis Proulx. "We have one more phase to complete, too. We'll be adding more lighting, changing the soda machine station and installing an outdoor fire pit.

"The workers seem a lot happier to be in a new setting. They deserve good facilities as well, as do our students."

Contractor Stuart Nutting, who was a superintendent on the job, said the project cost the school about $1.5 million and took about 14 weeks.

"Some days we had 40 men in here," Nutting said. "It went how it was supposed to. The architect seems happy and so do the owners."

Jeff Kurto, general manager of Sodexo who directs operations at Huden, praised the renovations.

"The changes we put in place are mostly aesthetic and organizational, but it was a much-needed and much-deserved facelift for the staff and the students," he said.

"While we still get crowded during peak times, it certainly is much more comfortable and welcoming," Kurto said.

CSC catalog now online only

By Kaylee Pratt
Castleton Spartan

For the first time, Castleton State College's catalog is only available online, and students aren't sure how they feel about this change.

Jonathan Spiro, associate academic dean, said he spent all summer working with Registrar Lori Arner to get the e-catalog ready. He said it will be "exponentially user friendly," allowing students to search classes and get an immediate list without the flipping through pages.

However, after interviewing seven students, five said they would still prefer to have the hard copy of the catalog.

"I like the book better. With the book it is nice to see what I need right there, and not have to look at a computer," said student Tori Mitrano.

Cost is one of the biggest reasons for making the switch, Spiro said.

"It's really expensive to print every year and then many of them get thrown out anyway," Spiro said.

He said 2,000 copies are made each year, costing the school approximately $8,000.

For those who love hard copies, Spiro said pages can still be printed if needed.

"Hard copies were convenient because you don't always have Internet access. But the online is nice because that way you can narrow down the search a lot easier and faster," said Patrice Herrington, another CSC student.

Spiro said there is also a mobile version of the catalog that is very easy to read and he hopes will help with recruitment. Potential students living anywhere other than Vermont will be able to access this catalog and he hopes that will inspire more interest in Castleton.

Professor Christine Sadler said she believes most students will embrace the e-version of the catalog.

"I'm in favor of having the catalog online. I've found that most students are digital creatures and are more likely to use an online resource. For me, it's convenient as well," she said.

And while a majority of students surveyed said they favor the hard copy, some said online is the way to go.

"I think it's great, and I think that it's easy to see what's required online. The book is nice, but not necessary," said student Jake Jones.

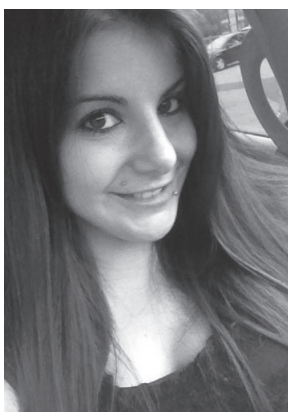
Past catalogs will be available online as well so students from previous years can look at their graduate year's edition.

"It's easier, faster, and will make everyone's life much easier," Spiro said.

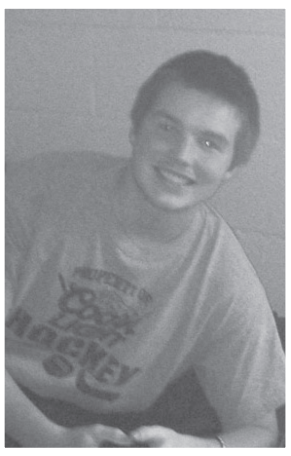
To access the catalog, go to http://catalog.castleton.edu/index.php?catoid=4.

Campus Quips

Martina Marchese

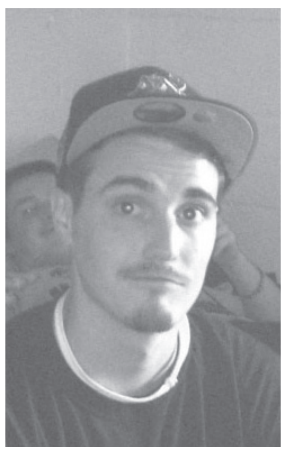


Question:
What was your first night at college like?



Drew Wood

"Tough. I was nervous living away from home."



Mike Ruggiero

"Hot as fuck."

Trenton Seymore

"Kiss-ass and hot."

Dylan Watts

"I just chilled, didn't miss home. I felt free."

Job fair offers treats, and oh yeah, jobs

By Sarah Clark
Castleton Spartan

At Castleton Sate College's job fair on Sept. 10, it was not only raining, but raining free stuff and money – or a chance at making money anyway.

There were free massages and caricatures, a chance to win an iPad and gift cards, and oh yeah, a chance for employment.

Students surrounded the more than 60 booths and tables looking for jobs and freebees. For the second year in a row, Renee Beaupre-White, director of Career Services, produced a part-time job fair that saw attending businesses double. White and her wing-woman, Melissa Paradee, director of Student Activities, combined part-time jobs with activities and clubs, hoping to draw a larger crowd this year.

Businesses, both local and non-local, were invited to attend the fair to hopefully find potential student workers. White said it's a great opportunity for students, especially those not eligible for work study.

"It's a wonderful opportunity to meet and network with companies, and also become comfortable with talking with employers," White said. "Networking is the best way to get a job; a larger network means bigger results."

White said she was worried about having enough tables and room to fit everyone this year. Among the business in attendance were JCrew, Mary Kay, Inc. and the Ralph Lauren Polo Factory Outlet Store.

Not all students were looking for jobs though. Many found the pens, candy and other freebees to be the highlight and their motivation. Sophomore Emilee Maher attended the job fair because although she is eligible for work study, she has not been able to find a job on campus yet.

"I really want to find a job on campus, if not, at least one that is close by. I start lax soon so it would be nice to save up some money for gear and other stuff," Maher said. "It's not the end of the world if I don't find a job, it's pretty entertaining watching some people just walk around sniping free stuff."

The fair also was an opportunity for campus clubs to network and seek new members.

"It definitely was successful for some of the clubs. Dr. Bergen said it was the biggest he had seen the psych club in years," said senior Stephany Churchill.

KATIE SAULT/CASTLETON SPARTAN

Erin Devost and Emma Faucher sit at the Rugby table at the job and activites fair.

Some students, like Stephanie DeMond, couldn't make it to the fair and is hopeful another will be held.

"Last year I worked at American Eagle in the Rutland Mall and we all know that it also closed last year. The job wasn't too bad, and it gave me extra spending money, but as of now I don't have one," DeMond said. "I couldn't make it to this past job fair cause of classes and meetings, but I hope they do one again so I can have a chance to look around."

Beaupre-White said DeMond will be in luck, but not until March, when the major job fair of the year is planned.

KATIE SAULT/CASTLETONSPARTAN

Somalia native Fardoos Muhamed chats with Spartan reporter Bryanna Allen-Rickstad.

Destined for a different life

By Bryanna Allen-Rickstad
Castleton Spartan

The late afternoon sun glints behind her, enveloping her face in an ethereal glow. Her teeth flash in a smile as she chatters about her first Halloween costume, her first taste of Taco Bell, her first experience with ankle-deep snow.

Such simple milestones come and go in the lives of most; enjoyed in one moment and then slip away in the next.

But for Fardoos Muhamed, these events are cherished.

Fardoos was born in Somalia, but due to the crumbling stability of the country and the civil war raging between tribes, she and her family relocated to nearby Yemen when she was just 6 years old.

Although the move proved safer, as she grew, she still encountered struggles in many forms.

"Girls just like me are married and have children before they're 15 years old," Fardoos said, her demeanor solemn at the thought.

Most girls do not continue their education past high school.

"There is no point," she said.

This is because women are usually viewed as nothing more than a wife and a mother.

According to a 2012 Human Rights Watch study, 52% of girls in Yemen are married before the age of 18 and only 45% of girls and women are literate, one of the lowest percentages in the world.

But Fardoos was destined for a different kind of life. Her parents, especially her mother, were determined that their oldest child would not be just another statistic in the battle against women's rights.

"My mother pushed and encouraged me to stay in school," said Fardoos,.

She said she was the most academically driven one out of her siblings and attended a separate private school in order to get the most out of a failing education system.

Still her parents wanted more than they would get in Yemen. So five years ago they left the country with the help of The United Nations High Commissioner for Refugees. The UNHCR is a UN based organization that protects the rights of refugees and strives to seek a safe location for them.

That safe location was Winooski, Vt.

The drastic move proved extremely difficult for Fardoos and her family.

"We hated the food. Even if we made our own meals with familiar recipes, nothing tasted the same," Fardoos said. "A pizza here was the same shape as the pizza in Yemen. It looked like the same pizza, smelled like the same pizza, and yet we could hardly stand to eat it."

But the food was not the only adjustment; many family members stayed behind, in both Yemen and Somalia, feeling too connected with their homeland to leave, no matter the turmoil.

As Fardoos slowly adapted her to new surroundings, she found comfort in going to school.

"I caught on with the language so fast. One day I was just speaking, and I didn't even notice. My teacher had to point out that I had just spoken perfect English." Fardoos said this was a huge moment of pride.

Continued on page 6

SGA member plans to make campus safer

By Megan Harris
Castleton Spartan

The Student Government Association at Castleton State College is back in session and back on the path to making changes here at Castleton.

While a new semester always brings new challenges, the new group dedicating time to the SGA is serious and committed about the new ideas they bring.

"I don't think I could have hand picked a better group," said SGA President Timothy Mackintosh.

"Even the second week in, there isn't a herd mentality. These are individuals who are voting for what they really believe in. We're really creating that type of culture in SGA."

Director of Student Activities Melissa Paradee couldn't agree more.

"I'm really proud of the group and there individual mentalities. We are truly off to a strong start. None of these students wants to pass anything just to say they've done something, they want to ask questions and make the best decision for our campus," said Paradee.

This semester brings new ideas to the table, as well as struggles to complete past projects as well.

Sophomore Catie Wielgasz is facing one of these struggles when it comes to improving safety around campus. As a delegate, part of her job entails generating ideas and putting them into action to benefit the entire Castleton community.

Wielgasz has taken on ensuring that every blue safety podium around campus not only works, but is up to standard and that the response time from our Public Safety is on point.

Wielgasz has been working on the project since her first semester as delegate and notes that it hasn't been an easy task to get everyone on board.

"Even when we planned to do a safety test, they asked a time and a date. They showed up in minutes, but it was like they were waiting instead of responding," said Wielgasz.

"Like most emergencies, it was daytime and scheduled," added Program Advisor Alex Davis, laughing.

Davis said the school did put new emergency poles out by the tennis courts, however.

Wieglasz said attempts to reach Director of Public Safety Bob Godlewski have been unsuccessful in the past, but she hopes that they will be able to work together on the project further this semester.

When reached for comment, Godlewski confirmed that a test was run last semester at the request of a student, though he couldn't say offhand whether the student was Wielgasz. He also denied that his staff knew about the test time prior.

"We picked a time that all of our officers wouldn't be preoccupied, didn't tell our officers about the test and let them respond," said Godlewski.

He added that he hadn't heard anything past that event or yet this semester but would be willing to work on any project that increased the safety of the campus.

In other news:

SGA Delegate Jordon King is working on a proposal to institute pre-freshman surveys to better match roommates.

"People have different schedules and preferences. It makes the first year more difficult than it needs to be," said King.

The survey would include questions about sleeping habits, study habits and lifestyle choices and King believes it will be beneficial for any incoming students.

In addition, SGA Secretary Colleen Kunz has been successful in her bid to get more recreational activity on campus. Starting this semester, anyone from the college or greater Castleton community can use racquetballs, volleyballs and basketballs free of charge at Glenbrook Gymnasium.

"You just leave an I.D. and use what you want," said Kunz.

Kunz also hopes to procure tennis balls, kick balls and rugby balls for the community to enjoy.

The SGA welcomes student input at all of their meetings.

A little color comes to Fireside Cafe

ERIC DOWD/CASTLETON SPARTAN

Tom Cassidy, Derek Gaines, Martin Monroe, and Reggie Conquest bring late night laughs to Castleton.

By Joe Boyle
Castleton Spartan

Usually when school starts, no one is laughing, just counting down the minutes until they have to sit at that monotonous desk. Here at Castleton State College, smiles and laughs were certainly in large quantity at the Fireside Café hosted Comedy Night on Aug. 27.

Philadelphia natives Reggie Conquest, Tom Cassidy, Monroe Martin and Derek Gaines graced the stage, making it very clear that being in Vermont was something they had never experienced before.

"The tension could be felt in the room. I am thankful that Reggie was able to break it starting right off," said headliner Derek Gaines.

Reggie Conquest certainly did that, poking fun at the incoming freshmen, his Keystone beer gut and making it very clear that there would be no race barrier.

Next was Tom Cassidy, who pushed the boundaries with community colleges and ex-girlfriends. He carried a certain quick-witted spark that kept the audience on the edge of their seats.

With the performance of Conquest and Cassidy, it's hard to believe that both were fairly new at comedy. Conquest started his comedy career three years ago while Cassidy started his about five years ago.

Next was Monroe Martin who shared his distrust of people with cats and vented about how hard rap was to find on the radio in Vermont. Monroe thinks it's unfair to compare clean comedy versus raunchy comedy.

"It's not fair to put a limitation on a man's art. You don't tell a painter that he has to paint a picture without using the color red," Monroe said.

"We aren't just on stage screaming expletives for laughs," Cassidy added.

Throughout the show, the comedians zoned in on a specific two people in the audience; Castleton junior Josh Budzinski and senior Tiffanie DeRosa.

"I wasn't really sure what to expect when I first came, but after the first comedian I thought 'Oh boy, we are in for a show,'" Budzinski said.

DeRosa added that she wasn't as uncomfortable as the comedians made it seem, but that it was definitely cool being part of the show.

"They missed a unique experience," said Budzinski of his fellow students who were not able to attend. "It's a great time to relax and forget about things for a while."

When the last comedian, headliner Derek Gaines, walked on stage, people were already impressed, which left Gaines with big shoes to fill.

Gaines seemed to fit the bill, though, because as he continued his act, the chairs at Fireside filled. Whether it was showing off his beat boxing abilities or talking about safe sex, he continued to make the crowd laugh.

The comedians got started in this business on a whim.

"On a dare! I dare you to go up on stage if you think you're a funny guy," said Gaines, who had started 10 years ago at open mic nights throughout Greater Philadelphia.

Monroe Martin said he started the same way.

Amping up WIUV 91.3

By Ali Mazzola
Castleton Spartan

"Hello Castleton! This is The Ginger and Happy Bunny and welcome to girl's night here on WIUV Castleton 91.3," a sunny, energetic voice pipes through on the radio waves of Castleton.

Maggie Lewis, a sophomore affectionately labeled "the Ginger" who has been involved as one of several DJs on the campus' student-run radio station, said if people aren't listening to WIUV, they're missing out.

"There's a lot of stuff you wouldn't hear on a regular radio station, because you get to hear people that are just like you," Lewis said.

Tasks for WIUV DJs include everything from choosing songs and arranging playlists, to starting up open, on-air conversations that callers are urged to join in on.

"It's a little bit of everything," Lewis said. "You can honestly go from classic rock, to dub step, to pop – pretty much anything … So there is something for everyone."

CSC Junior Leah Barnett agrees.

"Other radio stations play the same type of music over and over again. So I think it's better because everyone can listen to something they enjoy."

But a major problem is getting the word out about just how good and diverse the station is becoming, said freshman Vanessa Robertson.

Leaders of the station and its staff this semester are working hard to change that.

"We definitely have high hopes for it. We have over 20 new DJs and live shows on air this year that we didn't have last year," says Lewis, who sits in on two other shows, "Serious Business," and "Poor Taste."

The station's faculty advisor, Robert Wuagneux said he loves the direction the station is heading in.

"There's a high interest level that is really coming alive," he said, adding that because the station streams online, the listener base has spread to places as far as the UK, Ireland, and Spain.

WIUV's Music Director, Zach Scheffler, is equally excited by the energy at WIUV this year.

"It's very fun. As things go forward I think it'll get even more popular and more professional, and it'll stay fun," he said.

MATT ZITWER/CASTLETON SPARTAN

Kaherine Parker sits at the control table for WIUV 91.3. Castleton's radio station directors say they are excited about the growing interest from the student body.

Spartan Reviews

'Paracosm' - Washed Out

By Zach Scheffler
Castleton Spartan

There simply isn't a better album for a warm, sunny summer afternoon than the collection of songs you'll find in Paracosm by American singer-songwriter Ernest Greene, better known as Washed Out. With a perpetually dreamlike mixture of soft guitar and lush synth melodies throughout, nearly every one of the tracks found in Greene's second album is a rich, heady exploration of sound, rhythm, and emotion.

Born in 1983, Greene struggled for some time to find a job post-graduation and took a creative turn, assembling his own home-studio equipment and spreading his music through social media in a day before Facebook and Twitter (we're talking Myspace, here). He was soon signed and hitting Billboard music charts in both the UK and the US.

Simply put, Paracosm is charming indie synth-pop. Far from a one-note album, its spectrum ranges from upbeat, jaunty rhythm and bass ('All I Know' and the single 'It All Feels Right') to the irresistibly mellow and meandering 'Weightless.' Those aren't the only stand out tracks, either. Nearly every song has a rich texture to it, with vibrant strings and synth melodies alongside traditional guitar, soft vocals, and any number of catchy indie music staples.

In some ways, it's easier to feel the songs than listen to them. Unsurprisingly, Paracosm is ideal for a laid-back weekend in the sun or on the road, as many of the emotional highs come from the unending stream of drowsy synth and vocals with the energy of the drum track keeping anyone from getting too sleepy. Also of note is the song length. Many of the tracks found in Paracosm feel much shorter than their average five-plus minute runtime. Weird.

Paracosm is a great album in many ways: it's poppy, upbeat, introspective, and relaxed (perfect for those warm lakeside weekends or countryside cruises). You can find Paracosm in all the usual places like iTunes, Amazon, and Spotify, so give the album a go. It's great.

Zach Scheffler likes music of all kinds. Serving as music director on the campus radio staff, Zach is more than happy to talk about music on Twitter (@wobblygiant). If you'd like to get your favorite music on WIUV 91.3FM, send him a nice tweet or two – he'd love that.

'Everything Matters'

By Rebecca Roe
Castleton Spartan

"Does anything I do matter?" It's a question asked to open young readers' minds at the end of chapter one in "Everything Matters" by Ron Currie Jr.

"Everything Matters" is one of those books that a casual college student would walk away from. However, having the fall 2013 freshmen read this book is a great way to start them off.

To sum up the entire book: Junior, a strange boy who has an odd "voice" in his head, knows exactly how the world is going to end.

With a mix of violence, drug abuse, and alcoholism, the entire book is an emotional roller coaster.

Reading this novel will not only open minds, but for the freshmen, it will start them on the process of thinking critically and outside of the box.

The book opens with the strange "voice" talking to a fetus in utero. Not only is this chapter visual, but it get's the reader thinking before the main plot even starts.

"First, enjoy this time! Never again will you bear so little responsibility for your own survival." These are the first words stated in chapter one.

At first glance, the first chapter doesn't mean much; it just doesn't make sense. But once dissected it really breaks down life and what each and every one of us do without thought, every day. "Soon you will have to take in food and dispose of your own waste, learn the difference between night and day and acquire the skill of sleeping."

Though, there are some unrealistic events in the book, there's at least one way or another that someone can connect to the book.

I definitely suggest reading this adventure. It not only made me view life a little differently, but it pushed me outside the box.

'We know each other through and through'

Continued from page 1

The school they first attended in Vermont was independent, and relied heavily on teaching students via computers and DVD's.

"We got no language interaction," they said in unison, their matching faces deeply concentrated at the memory.

When the school failed to improve their English, the twins took their education into their own hands. They found that going shopping and forcing themselves to get involved in the community really helped them develop the new language.

After suffering through two years of ineffective schooling, their parents decided to move them to Hartford High School.

There, the girls thrived.

"At first we worried that no one would like us, we would be outcast because we're different," Merna said, and her sister was quick to agree.

But that was not the case; the girls were flooded with friends, questions about their previous life, and were made part of the class instantly. The pair even received the customized nickname "M&M." They were also challenged academically, a change they gladly accepted.

"School was hard!" Merna said with a laugh, comparing it to their previous Egyptian education.

But both embraced the difficulties and stuck it out. Their hard work paid off; both became academic honor students, receiving the medals that are now displayed in their dorm, proof that they deeply care about their futures.

Merna and Myryam plan on continuing their education by attending medical school after graduating Castleton in four years. Both are majoring in Biology. Both want to be doctors. Both imagine a life that will always involve each other.

"We grew up beside each other," said Merna, looking at her sister with love only a sibling could understand. "We know each other better than we could ever know anyone else. Even if we had another sibling, we're not sure the bond would be as strong."

Myryam agrees. The girls have spent almost every day of their lives together. In Egypt, it is a rule that twins need to be in the same classes as each other. All they have ever known is that rule, and nothing could change that; even a move to another country.

"We explained to our teachers in high school that we needed to be together," said Merna, "and they listened to us."

They did the same when signing up for classes at Castleton. However, when only one of them got into their biology class, they emailed professor Cynthia Moulton asking if the other could join. If not, neither would be attending the class.

It may seem drastic, but they excel and do their best work side by side. Having shared everything together, from clothes to Huden waffles, they know nothing else. And this started from infancy.

PHOTO CONTRIBUTED.

Twins Merna and Myryam Ishak as babies in Egypt.

When they were less than a year old, Merna became sick and her parents took her to the hospital, leaving Myryam in the care of their grandmother. While being fed her dinner, Myryam suddenly stopped breathing and went blue, forcing her grandmother to bring her to the hospital; the same hospital that Merna was at. The doctors could find nothing physically wrong with her. Their only explanation was she knew her twin was in pain and was sharing that pain.

The girls laugh at this story. Although they cannot personally recall the event, they do not doubt the drama of it one bit.

"We know each other through and through," said Myryam. "Even through everything, we are best friends. We experience everything together."

From typical sibling fights to a life changing move, from discovering Sloppy Joes as a favorite American food to realizing that snow really will make you cold if you wear jeans in it, they are there for each other, no matter what.

"I cannot even picture a life without her," said Merna.

Myryam didn't even need to respond to let her sister know she was thinking the same thing.

CSC staffers upset

Continued from page 1

Langlois added that some members of staff are far beyond merely pinching pennies to make ends meet and have sought additional opportunities to provide for their families.

"We have staff here with two or three jobs because they have to," she said. "Some are on assistance."

According to Smith, the Chancellor's Office aims to mutually agree upon a contract that benefits these valued employees.

"We fully trust the next step of the bargaining process to deliver a contract that is financially responsible and fair," he said.

However, Duczeminski, Langlois, and Woods said thus far in the negotiation process, they have yet to lay eyes on Chancellor Tim Donovan.

"The Chancellor's office has done nothing to get more money from the state, and they readily admitted that in bargaining," Langlois said. "Instead they raised tuition and want to cut our benefits."

The impasse has employees wondering not when they will retire, but how.

"It's going to be tough to retire anyway, but they're making it tougher. I'll retire when I'm 80," Duczeminski said with a laugh.

According to Josh Massey, representative of the Vermont State Employee's Association, the contract impasse is a statewide issue. Massey and other representatives are visiting colleges throughout Vermont to gain support for a fair contract from students and community members.

"We're on every campus in the state right now," he said.

Duczeminski said the Board of Trustees is scheduled to go on a retreat Sept. 17 to discuss their new plans for a contract. Union members and supporters of the fair contract are set to gather for a rally in Montpelier on Sept. 16, outside the Chancellor's office, to be the board's last vision before embarking on their retreat.

"Hopefully we have something put in their minds before they go on that retreat," he said.

Somalian student feels at home

Continued from page 4

As the culture shock began to fade, Fardoos became more comfortable in Vermont. But she still held on to her Muslim traditions and religious views. She stopped wearing her burqa; a typical garment worn by women to cover their bodies and faces. But her cultural lifestyle could not allow for a complete transition, so Fardoos chose to wear a less conservative head scarf known as a hijab.

"My hijab is a part of me," Fardoos said, touching the soft brown fabric that swaddles her hair. "It's engraved in who I am, and it's a choice I make every day."

Her parents were supportive of the change, and open to the idea of not wearing any traditional clothing, but Fardoos likes the way it feels and looks. Not to mention she has dozens of hijabs, all in different colors, patterns and textures, and switches her style up depending on her mood.

Although Fardoos adores her clothing choices, it may be one of the first things you notice about her walking through campus.

"People used to stare at me, well, I guess they still do. "At first, it used to really piss me off!" she said, smashing her fists down playfully. "Now, I just laugh when I get those weird looks."

Fardoos explains that she didn't feel different in her new college environment, but the people around her made it obvious that she was. However, she didn't take it personally, knowing Vermont's population is not the most diverse.

Castleton as a college, however, is growing in diversity, of all different forms.

Academic Dean Yasmine Ziesler is part of that growth, supporting and incorporating more diversity into the Castleton scene. Every aspect of diversity, from various sexual orientations to religious and cultural beliefs, can be beneficial everyone on campus Ziesler said.

"Your learning is enriched when you embrace different ideas and ways of life," she said.

Ziesler also said that the thought of a different culture can cause discomfort and creates boundaries between people and groups. But talking about these boundaries and exploring them with a personal willingness can open a world of new experiences and possibilities.

"Traveling is a good way of exploring new cultures," she said. "So is asking questions and being brave enough to learn more. If you offend someone, you apologize, gain knowledge and move on as a better person."

Professor Luther Brown feels strongly that Fardoos has brought new light to our college atmosphere.

"She has brought so much to the classroom contexts by manifesting immediate aspects of her culture and other traditions. We have all enjoyed learning from her."

Fardoos believes that sharing information and knowledge is a good way of getting people to understand a culture as a whole or person as an individual.

"People look at me and think I'm forced to dress the way I do. They think I'm forced to turn down a drink or bacon," Fardoos said.

She explained that although her Muslim religion forbids the consumption of alcohol or pork she doesn't feels suppressed or deprived by her religion, she feels enlightened. And she doesn't mind being asked questions.

"All of these things that people are assuming are bad, are actually the things that make me happy and make me who I am."

Team will carry on

Continued from Page 1

Coach Marc Klatt said he was disappointed by the incident but recognizes the potential in all of his players to rise up and demonstrate their strength as a team and character as individuals both on and off the field this season.

"Obviously we're disappointed and we're saddened as a football family," he said. "I believe that we'll move forward and gain strength because of it."

Despite the charges, former football team member, Andrew Cremmins, still spoke highly of teammate Brandon Boyle.

"He messed up, but he's a good kid, always worked hard, good student, good athlete. This is just unexpected and surprising," he said.

While senior Tyler Hartley shared Cremmins' shock upon hearing of the investigation, Steve Santos said his classmates disappointed him.

"It's a very poor reflection on the school," he said at Saturday's football game. "With their selfish and immature actions, they left not only the team, but the entire school hanging."

But former Spartan player, Mike McIsaac, said the actions of a few should not define the entire team.

"I don't think an incident like this should tarnish the reputation of a team that works as hard as it does and prides itself on holding itself to the highest standards," he said.

Weld mirrored Wolk's shock and remorse upon learning of the investigation.

"Obviously the alleged behavior is unacceptable for any student, whether or not he or she has the privilege of intercollegiate athletic participation," he said.

According to State Police, Boyle and Busharis received criminal citations and were released. The two are set to appear before the court Oct. 14 and 28.

Emails to Boyle and Busharis have gone unreturned.

Seeking support for military families

By Colin Proctor
Castleton Spartan

Whenever we are separated from those close to us, it leaves a void in our lives that fills with worry. That's how Amanda Zuber felt when her best friend left for Air Force basic training in August 2011.

Zuber grew up in Proctor, Vt., and is in her fourth year at Castleton as a social work major. She is involved in the Inter Varsity Christian Club, and outside of school she works as a nanny.

She comes from a family that has a history of members who have served in our armed forces. Her sister is serving in the Army and shipped off in January of 2012. Amanda is proud of her family members, but it doesn't make it any easier to deal with.

"Having her go off to basic training was really hard to deal with," she said. "With communication being cut off so quickly, I didn't know who to talk to about the little things anymore."

Zuber explained how her friend was sent off to basic training and that during the first two weeks of training, she had no communication except to close family. After two weeks, she was allowed communication through letters, and then through phone calls and Skype.

During the times when Zuber had little to no contact with her friend, she felt uncomfortable and worried. The kind of communication available between Amanda and her friend could hardly compensate for the time they used to spend together in person.

And that's why she decided to create the Military Club at Castleton State; to give those who have friends or family in any service, support during times of difficulty.

Zuber plans to use her experiences, as well as those of others on campus who have gone through similar situations. She wants to use her club as a way to inform those in need about what their friend or family member is

going through and to simply be there for those who need emotional support. She also wants to use the club as a means of raising funds to send care packages to soldiers.

But Zuber also wants to incorporate the students of Castleton who have served in our armed forces. Their knowledge and experience would be of great help to those in need, she said.

It would also give those students a chance to connect with each other around the shared experience of serving in this country's forces.

Currently, Zuber is looking for anyone interested in joining the hoorah military club. She can be reached at Amanda.zuber@castleton.edu. All who find themselves relating to Amanda's story or feel that they may have something to gain or contribute to it are encouraged to contact her and find out more information.

Dean: Fill out the survey, please

In light of Castleton's dedication to the promotion of community engagement and service, Chrispin White, director of the Robert T. Stafford Center for the Support and Study of the community and Ingrid Johnston-Robledo, associate academic dean, invite students to take a survey.

The survey will assess how Castleton serves the needs of the community. The 15-minute survey will be accessible via email from Sept. 16 through Sept. 27.

After completing the survey, you will receive a $5 voucher for the Coffee Cottage

5-4 win for CSC field hockey

By JenniLee Mark
Castleton Spartan

The Castleton State College field hockey team traveled to Biddeford, Maine on Saturday to face University of New England and came away with a 5-4 win. It was their second away game of the week as well as their second win.

"Wednesday was a big win at Plymouth for us, playing there on a grass field on such a hot, humid day," said head coach Tammy Landon. "Neither team wanted to play overtime, but we battled back and forth scoring, so the win on a final corner was really exciting."

Coming off that thriller, the Spartans were ready to repeat, but going into half time, they trailed UNE 3-1.

"We changed our formation at halftime and really improved our attack," Landon said. "Many players had really strong games for us."

She went on to praise senior forwards Blake Wardwell and Shawna Pinsonault along with Rachel Preusser.

Preusser and Madyson Martin led the team in scoring Saturday with two goals each.

After three consecutive Spartan goals from Pruesser and Pinsonault, they took the lead. UNE answered, though, when Hannah Tavella tied the score at 4-4. Shortly after, Martin scored the game winner and the Spartans held the lead for good.

"I thought we played really well together in the second half," Wardwell said. "Our passing was very crisp and we pulled it together because we knew we had to."

Junior goalkeeper, Jess Galatioto, ended the day with 12 saves while UNE's Molly Linscott blocked seven Spartan shots.

The Spartans came into the match with a 2-2 record and are now 3-2 heading into their match on Saturday at Lasell College.

"We'll open the NAC, which is always exciting," Wardwell said about looking forward to next Saturday. "It's a big game for us because we don't want to settle or plateau; we want to keep building."

Brittany Higgins

You're hired Brittany

By Will Stuhler
Castleton Spartan

Brittany Higgins for the past two years has been an NCAA intern at Castleton State College working as an assistant conditioning coach while also helping to manage all the home sporting events.

After two years of freezing at those late fall games, Higgins in July took on full-time duties as the assistant director of NCAA compliance and assistant strength coach.

Higgins was very surprised that she was given the opportunity.

"I'm loving it right now. It's a dream job. This is what I wanted," she said in a recent interview.

Higgins main responsibility as the assistant director of NCAA compliance is mainly making sure all Castleton athletes are eligible to participate in varsity sports.

As the assistant strength coach, she now has her own teams to train, including volleyball, men's soccer, softball and women's hockey.

"We love working with her. It's hard work, but she keeps us focused," said men's soccer player Spencer Dandurand.

"We really like her. She's definitely a part of our team," said captain John Kendall of the men's soccer team.

The women's hockey team recently started workouts with Higgins.

"She's easy to connect with. She doesn't hold back and she knows how to motivate us. Because she a female, it makes it easier to have a better connection," said Allie Howard of the women's hockey team.

Higgins went to Catawba College in North Carolina where she majored in exercise science and got a minor in Spanish. Initially, she wanted to do athletic training, but realized she loves conditioning and wanted to coach people in it.

Higgins said that it's tough to get experience in this field so she is very happy to get this opportunity. But why Castleton?

"The athletes, the culture of the school, and the people are very nice here," she said with a smile.

KATIE SAULT/CASTLETON SPARTAN

Castleton runners compete in the Castleton Invitational on Sept. 7.

Runners off to a strong start

By Andrew Muse
Castleton Spartan

The Castleton State College men's cross country team took first place while the women snagged a second place finish at the Mountaineer Cross Country Invitational in Bennington, Vt. on Saturday.

Senior Isaac French took first place overall in the men's race with a time of 17:56. Steve Hagemann came in fourth, with a time of 18:17 and rookie runner Nick Tubolino grabbed eighth place with a time of 19:01. Right behind him was Matt Woodward, who took tenth place at 19:05 and Jonah Lavigne rounded out the top five men, coming in 14th place, getting a time of 19:16.

"We felt confident going into the race because we have competed against most of the schools earlier in the year," French said. "We have been doing some great workouts and they have been paying off."

The women's team also had a great showing grabbing second place overall in a tough field. Mariah Eilers was the top finisher for the women's squad, taking third place overall with a time of 22:13. Kelsey Thompson and Margaret Kuchinski placed 12th and 13th respectively with times of 23:46 and 23:55. Shelly Audette took 15th place overall with a time of 24:10 while Cassie Pinaire rounded out the scoring for the Spartans coming in 23rd place and running 25 minutes flat.

"We ran well as a team today," Eilers said. "We have been training hard and the course was tough on top of that training, but we were prepared for it."

The Spartans will travel to UMass-Dartmouth this Saturday, Sept. 21 to run in the UMass-Dartmouth Invitational.

KATIE SAULT/CASTLETON SPARTAN

Mens team at 3-1-1

CAMERON MAURER/CASTLETON SPARTAN

John Kendall makes a move past a SUNY Plattsburgh player.

Spartans struggle

By Deven Savage
Castleton Spartan

The Castleton State College women's soccer team was shut down by RPI this weekend at ECAV stadium in Troy, N.Y.

Rensselaer had control for most of the game and it was obvious this year's Castleton squad hadn't been playing together very long. RPI jumped out of the gate and scored three goals early, and Castleton was unable to rally and fell 3-0.

"Lack of communication really killed us," said junior midfielder Jenna Bostwick.

Bostwick is the lone junior on the team and is accompanied by only four seniors. Bostwick, along with Hannah Corkum, Hallie Roberge, Blaire Hooper and Kelsey Lenney led the young squad dominated by freshmen.

The lack of team chemistry was apparent as the Spartans took their third loss of the season.

"We are still trying to figure out how each other play," said Bostwick. "We weren't playing our game."

Castleton couldn't manage a comeback from the three goals scored by RPI in the first half. Just eight minutes into the game, the Engineers scored on a deflected cross that found its way into the back of the net. The next goal came in minute 35 when RPI's Emily Eastman received a pass from teammate Sandy Kirk at the top of the box and ripped a shot passed Castleton's goalkeeper, Jessica Binkowski. Eastman struck again right before the half with a shot off the crossbar to make it 3-0.

The Spartan's loss brings them to an even 3-3 on the season. They are looking forward to taking on Norwich at Spartan Stadium on Thursday, Sept. 19.

Volleyball team loses double-header to Lasell and Western New England

By Christian Procida
Castleton Spartan

The Spartan women's volleyball team traveled to Smith College in Massachusetts for a double header with a .500 record on Saturday. Unfortunately, our Spartans fell short in both matches, losing their first match to Lasell 3-0 and also falling short to Western New England 3-0.

"We played very challenging teams today, but the scores of the game definitely didn't reflect our overall play," said Breannon Meuse, a freshman outside hitter. "We played better than what the score showed and by playing such strong teams, we found out what we need to work on as a unit."

The real challenge for our Spartans was taking on undefeated Western New England. They lost the first set 25-5, the second set 25-15 and the third set 25-13. The Spartans led the match in digs and blocks with 36 digs and 6 blocks. They found themselves on the short end with only 10 kills, compared to Western New England's 39. Their assists also didn't measure up with only nine compared to Western New England's 32.

What was upsetting was the 18 receiving errors Castleton had compared to Western New England's lone one.

After falling to 2-4 on the season, the Spartans will look to quickly recover and put this tournament behind them. They will host Gordon College and SUNY Canton on Saturday. The first match will begin at 11 a.m.

Welcome to Castleton, Coach Moffat

By Joe Boyle
Castleton Spartan

Meet the new men's ice hockey head Coach Steve Moffat. Moffat was an assistant coach at SUNY Plattsburgh and has come to Castleton with big plans for the future and wants to create a strong bond with the team.

Q. How has Castleton welcomed you into the community?

A. "Every place has its own adjustments. The community, professors, and students have all been wonderful in making those adjustments easy and making me part of the community."

Q. What stood out about Castleton hockey that made you want to take this job?

A. "I think what stood out to me was the whole culture of the team. Coach Todd put together a very strong program in such a short span of time. I definitely know I can pick up where he left off and continue the growth of the program."

A. Do you feel any pressure picking up where prior coach, Alex Todd, took off?

Q. "I don't feel any extra pressure; I am pretty confident. Being able to coach under such a strong coach like Bob Emery, I was able to learn from one of the best and now put what I learned into action."

Q. What has been the hardest part to adjusting to the new team?

A. "I have been able to talk to a good few of the guys and they seem like a good group. I am excited to be able to get to the rink soon and be able to build stronger relationships with all the guys."

Q. How does Castleton's environment compare to Plattsburgh's?

A. "I think they both are very similar. I can say that if the school was in Rutland, they would be almost identical. Obviously, every school is unique in its own way, but the adjustment has been easier because of the similarities in the environment."

Q. Do you feel any pressure going from the assistant to the head coach?

A. "I am confident that the adjustment won't be hard. I was able to learn under one of the best men's and women's ice hockey coaches. With the experience and lessons I got from them, it takes off a lot of pressure."

Q. Do you have any long term goals for the program and the players?

A. "I want to prepare these guys for life after college. I want to see them be ready to graduate and use their degrees to get a good job. School is the main reason they are here, but I still want them to keep hockey as another main focus and understand when it is time to get to work."

Q. Do you see any differences between the SUNYAC to the ECAC, competition wise?

A. "Both conferences are very strong, especially the ECAC. There are teams like Norwich and Babson, who, year after year, are competing to be the best in Division III. It will be fun and the conference is always exciting."

Q. Do you see this season as a building year, due to the whole new culture?

A. "I always want to keep my expectations high. The team is always recruiting and trying to win year after year. The difference this year is that the players and I have to get to know each other and become a strong team."

Q. Are you already putting a focus on the future or are you trying to set your feet for this year?

A. "You're always trying to feel the team as a whole and get into a groove so a little more time is being spent to get acclimated, but you can't stop looking ahead. We are recruiting right now and once the season begins, the relationships will be formed."

Q. What has impressed you the most about the team from past years?

A. "Their willingness to help out in the community was very impressive to me. The team is very community-oriented with all they do and how they're always putting their best foot forward."

Q. Adding onto the community service, did all the academic accolades stand out to you?

A. "That too of course – they are here to get a degree. We plan on the team continuing its efforts in the classroom, even when in hockey season."

Q. Do you have a question to pose for our next featured spotlighted Q&A?

A. "With everything around here being new to me, it would be interesting to hear about some good restaurants over in Rutland."

Sports Talk
with Evan Michaud

The only unfortunate thing about the beginning of football season is it means class is back in session…

For our Castleton sports teams, the wear and tear of summer training is already paying off. On the soccer pitch, both the men and women got off to quiet starts, but conference play has yet to commence for either side. Field Hockey's summer training came into play at the end of the game when Rachel Preusser scored her fifth goal of the night with no time left on the clock to lead her team to victory.

Our gridiron gang started the year with a nice win over Plymouth State.

It was also a very busy summer in professional sports; besides baseball being the only sport actually in season. Of course, the NFL dominated the headlines with stories from whether RGIII would start opening night, (surprise, surprise) he did, to Riley Cooper using a racial slur at a country concert, which went viral. Trying to avoid all this crap was hard to do, but I wanted to focus most of my attention on even more crap: Johnny Manziel.

Being college students, we can, on some levels, relate to him, as two of our own football stars just made headlines for all the wrong reasons. But on other levels, we have no clue what he is thinking or going through. He was the first freshman to ever win the Heisman Trophy. What came after, for him, has been a disaster. Now, the season has started so some of the controversy has subdued, but over the summer, he dominated sports talk shows around the country.

A quick summary: "Johnny Football" was accused of getting paid for signing autographs last January, which is a violation of NCAA rules. He then had a couple of rough nights out on the town, including getting tossed out of a party while wearing a Tim Tebow jersey in Austin, his school's rival city. Then, an article came out on ESPN stating his parents were scared for his life and thought every phone call was the police saying he was in jail, or worse.

After getting an ABSOLUTELY RIDICULOUS suspension of just one half against a team they put up 52 on, he received a taunting penalty and was benched by his coach. His character flaws, unfortunately, continue to reign supreme over his natural talent and ability, and will remain with him throughout his career, unless he can straighten out and understand how the world works.

Nobody is going to feel badly for the grandson of a multi-million dollar oil baron who takes private jets from Miami Heat games to the ESPY's. Nobody is going to feel badly for the freshman winner of the Heisman who doesn't understand how to deal with it. In the world we live in today, there is so much helpful information out there, can he actually have an excuse for everything he has done to himself?

No. The only person he can blame is himself.

Tennis falls to 0-4

By Andre Remus
Castleton Spartan

The Castleton State College women's tennis team traveled to Troy, N.Y. last Tuesday and lost to Sage College 7-2. They lost five of six single matches and two of three double matches. Each match was hard fought though, including two single matches that went to third set tie breakers for juniors Olga McIntyre and Kaydeen Juaire.

Sophomore Sara Novenstern fought her way to win the only singles point for Castleton against Sage College's Erin Duffy.

McIntyre and Kaydeen Juaire together notched the Spartans' only doubles win of the day 8-1. Playing at second doubles, that is the second consecutive win for the pair.

This season, there are only three returning players on the seven-woman roster and sophomore Ruby Bushey is staying positive.

"Even though the team is still learning the dynamics of being a team here in the early part of the season, we have good team chemistry," she said.

When asked about which match is the most anticipated, she responded with NAC rival, Colby Sawyer.

Though they have some time before the Oct. 5 showdown, it is already on every player's mind driving them from one match to the next.

Even though the squad has started this season with a 0-4 record, they still have eight more matches before post season play.

They will take on the visiting panthers of Plymouth State today at 4 p.m.

EMMA RUDNICK/CASTLETON SPARTAN

Kevin Alberque is grabbed mid-air hurdling an Endicott defender.

Spartans crushed

By Andrew Muse
Casleton Spartan

Castleton State College's football team had a 7-6 lead going into the second quarter, but were unable to stop the Endicott offense as the Gulls went on to win 43-7 on Saturday afternoon at Spartan Stadium.

"Our effort today was great, credit to our players, coaches and fans," said head coach Marc Klatt. "We have some things to clean up, offensively and defensively, and we will just keep working hard to clean them up."

Freshman Tyler Higley saw the most field time out of the three quarterbacks to take snaps for Castleton.

The trio were called into duty with starting quarterback George Busharis having been suspended, along with wide receiver Brandon Boyle and four other yet unnamed players, for their roles in thefts at Dick's Sporting Goods in Rutland.

Higley went 12 for 25 for 166 yards and threw one touchdown and two interceptions in the loss. Junior Kevin Alberque had himself a great game recording 300 all-purpose yards, 152 yards receiving on eight catches and a touchdown to add to 148 yards returning.

"I feel I did well today, but there is always room for improvement," Alberque said. "You can always do better. There were some balls I should have caught and didn't, but you can always improve no matter how good of a game you had."

On the opening drive, the Spartans came out aggressive and were able to stop Endicott with a big sack by Mick Wong and Ethan Macura. The Spartans were not able to get anything going on their first possession either, and Endicott forced Castleton to punt.

Endicott started the scoring off in the next possession by having Dylan Rushe boot a 42-yarder to take the early 3-0 lead. The Spartans would answer quickly, though, after a 30 yard pass to Alberque, which put them in good position. Higley hit Alberque again this time for 46 yards and a touchdown to put the Spartans up 7-3. Endicott answered on their very next possession with Rushe hitting a 27 yard field goal to bring the score to 7-6.

In the second quarter, Endicott was able to grab the lead from the Spartans when Rushe hit another field goal from 25 yards out to take the 9-7 lead. The Gulls scored again a minute and a half later on a 35 yard touchdown pass from Drew Frenette to Greg Dellorco. This increased the margin 16-7. With 1:24 remaining in the half, Rushe hit his fourth field goal of the day from 42 yards out, rounding out the first half scoring at 19-7.

"On defense, when the tackling broke down, they [Endicott] were able to capitalize," Klatt said. "We strayed from the fundamentals at times, which gave them opportunities."

In the second half, Endicott continued to move the ball well. Five minutes into the third, Frenette hit Jamison Craft for a 19 yard touchdown reception, which increased the lead to 26-7. Six minutes later, the Gulls were threatening again and gave it to Spencer Walsh, who ran it in from one out to score. This pushed the lead to 33-7.

In the fourth, Rushe was able to hit his fifth field goal of the game. This one was 44 yards out and made the score 36-7. With four minutes left, Steve Wutzer was picked off by Kyle Connolly, who returned it from 22 yards out to bring it to 43-7, where it would stay.

"I am very proud of my team and I stand behind them," Alberque said. "We came out ready to play, but they [Endicott] were the better team today."

Mick Wong and Todd Carr both had a game-high 14 tackles, with Wong also recording a sack. Jay Morgan added 12 tackles and both Nick Romeo and Luke Quesnell forced fumbles.

"We have a young squad on defense so we are taking it a step at a time with them," Wong said. "We keep working hard and getting better every day."

With the loss, Castleton is now 1-1 on the season and Endicott improved to 1-1 with the win.

Castleton will be back in action next Saturday as the team travels to face RPI at 12 p.m.

"We haven't lost sight of our team goals; we just got to work hard to get them," Klatt said.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday October 2, 2013 | CastletonSpartan.com | Castleton, Vermont

A place for survivors

By Josh Bassett
Castleton Spartan

The Castleton Hookups page on Facebook has a lot of likes, 851 to be exact. The page is so infamous that even non-Castleton students have clicked the "like" button to view the controversial content.

While many former and current students leave comments about how funny they find the anecdotes about the hookups and who is hot or not around campus, a new Facebook page was created to tell the stories about the possible aftermath of those hookups.

It is called the Castleton Survivors page, a place where anyone can anonymously send in their stories and talk about their experiences including sexual assault, rape and other tragedies people have overcome or survived.

"It's kind of that escape that people want," said CSC sophomore Emma Faucher.

The Facebook page is run by Faucher, though she stressed she has no way to tell who sends in the stories. All she gets is a message in her inbox saying the date and time it was posted and sent in.

She added that when she reads them she thinks, "I wish I knew who this was. I want to give them a hug."

She does not change anything about the stories, even grammatical or spelling errors, so they are posted the way the writer originally sent it in.

The page was thought of by Faucher, fellow student Shaina Lussier and Professor Linda Olson, who is also in charge of Peer Advocates for Change.

All three were rather quick to point out the page is not run by, helped, or even associated with either PAC or the CHANGE initiative; though in the info section it mentions Amy Bremel's office and the Wellness Center as places where people can go for support or counseling.

"To me the hookup page is a way of humiliating people," said Olson.

Olson was looking for a place where victims could share their stories with a support network if they needed it.

Lussier had a similar goal of making a place for support, which is where the idea for the page stemmed from.

"You see these people standing by you and it's comforting … it lets you know you're not alone, because you know that there are other stories out there," Lussier said.

While there are only 10 stories posted on the page right now, both Lussier and Faucher hope that by getting the word out around campus, students might share their stories and encourage others to do the same.

Faucher envisions a lot of great things for the page, one of which is that it goes on after she leaves Castleton.

"I knew Sam Barrale last year and she was very involved in PAC and she said to me 'Take over PAC for me, do what I do,' so I'm hoping there will be a freshman my senior year that kind of reminds me of myself and I can pass the page on, just cause I wouldn't want the page to stop," Faucher said

Three more athletes charged

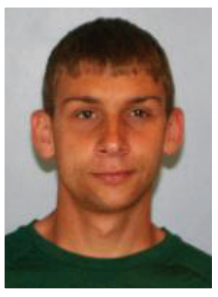
By Molly DeMellier
Castleton Spartan

Eric Cross

On Sept. 24, Castleton State College's Eric Cross, Dominic Heller, and Zachary Howe were arrested for their alleged involvement in the string of retail thefts from Dick's Sporting Goods in Rutland Town, according to a Vermont State Police press release.

Cross, 19, and Heller, 21, defenders on the soccer team, and Howe, 28, a wide receiver on the football team, are three of six Spartan student-athletes facing criminal charges.

According to State Police records, wide receiver, and former basketball player Mark Comstock, 22, All-American receiver, Brandon, Boyle, 21, and quarterback George Busharis, 19, have also received criminal citations.



Dominic Heller

Records show Cross, Heller, Howe, Comstock, and Busharis as being charged with retail theft. Additionally, Boyle, who was an employee of Dick's at the time of the incident, is facing embezzlement charges.

Trooper Jason Johnson confirmed these student-athletes had been arrested and are awaiting court appearances.

"A citation is an arrest," he said.

As of Sept. 10, State Police records estimated the total loss Dick's had incurred from the incident to exceed $3,000.00.

The college has also undertaken punitive action as the charges play out in the legal system.

"All students involved have been suspended from teams," said Associate Dean for Athletics and Recreation Deanna Tyson.

Zachary Howe

Additionally, the college has said that three other unnamed football players have been suspended from the team and are being investigated for their suspected association with the theft.

Although Men's Soccer Coach John O'Connor declined to comment on the investigations, Head Football Coach Marc Klatt, said he was disappointed by the incident, but recognizes the potential in all of his players to rise up and demonstrate their strength as a team and character as individuals both on and off the field this season.

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CONTRIBUTED BY JORAH MCKINLEY

Castleton State College student Meghan Poissant, left, takes in the shoulder-top view at the Color Vibe run in Vergennes.

Runnin' through the rainbow

By Jorah McKinley
Castleton Contributor

"Three, two, one, throw!" A giant cloud of color exploded above the dancing crowd. Pink, green, yellow and blue powder rose in plumes and settled — covering everyone's hair, faces and clothing. One dancer filled her hand with neon green powder and blew it in the face of her friend. Every face in the crowd was splattered with color and plastered with a smile.

An hour earlier the bass was already pumping as Castleton students stepped out of their cars at the Basin Harbor Club in Vergennes on Saturday, Sept. 14 for The Color Vibe 5K run. A DJ blasted music, volunteers directed hundreds of cars, and people of all ages were putting on tutus, neon knee socks, fairy wings, and, of course, their Color Vibe T-shirts.

The scene was surprisingly energetic for eight in the morning on a Saturday. So what could have possibly persuaded these Castleton college students to turn in early on a Friday night and get up before 10 the next morning to run 3.1 miles?

"PAINT!" said Castleton student Cody Mazza, as he pins his bib number to the front of his shirt.

The Color Vibe 5K tours the entire country. Participants dress in all white and are blasted with color before, during and after the 3.1-mile run. The proceeds from the race go toward good causes as well.

"We partner up with local charities and nonprofits in each of the cities [where] we hold our events," The Color Vibe Team stated on their website.

"I love the fact that they keep it local," Castleton junior, Daley Crowley said. "Everyone that comes out and runs is supporting a cause that will actually help out their own area, and we get to have a great time and get exercise while doing it."

During the race, there were four stations where volunteers would toss color at the racers, re-energizing everyone and giving them motivation to keep running.

Two more Castleton students, Jordan Hill and Devyn Potter, were still going strong at about the two-and-a-half-mile mark.

"I may not be running fast, but I'm going to run the whole thing!" Hill said with a smile on her face.

Potter hopes that there will be an event like this at CSC.

"It would be great publicity for the school, and it would get people exercising," she said.

When runners reached the finish line, they were greeted by a full-blown dance party. That was when they really got covered. Volunteers were blowing clouds of color into the crowd from machines that looked like leaf blowers. Color packets were being thrown from the stage and everyone counted down from three and tossed their

Continued on page 6

CSC remembers former student

By Bryanna Allen-Rickstad
Castleton Spartan

Students at both Castleton State College and the University of Vermont have been swallowed by sorrow this past week at the passing of classmate Mason Smith.

Smith, originally from Canaan, Vt., was boating on Lake Champlain with six others Sept. 20 when he dove into the water for a late night swim. The wind and waves separated him from the boat, and he disappeared before his friends could get to him.

"It's unbelievable that he's gone," said former Castleton Student Andy Lezzer.

Lezzer lived in the same dorm as Smith freshman year, and recalls how he "brightened my day, every day, in the simplest of ways."

In a sense, Smith was just like any other college freshman; video game marathons lasting late into the night and lazy spring afternoons spent tossing a Frisbee were a frequent part of his life. But his unique characteristics, everything from his mop of red hair to his ability to quote lyrics, set him apart, friends said.

Smith's lighthearted sense of humor, outgoing personality and tremendous

Continued on page 6

Former CSC student Mason Smith.

Tossed papers rob readers

On Sept. 18 the first issue of The Spartan was scheduled to hit Castleton. At 7:45 a.m. a group of practicum students met in Leavenworth to divvy up the territory and we hit the pavement through the town and campus for delivery.

As my first issue as co-editor, I was proud of what we had produced. From back to front we had it all; the photography to grab your attention paired with stories to sustain it.

We had a cartoon and opinion pieces that were sure to entertain. We even took some risks and made a few design changes. I strut through campus, feeling weightless beneath the stack of several hundred papers, and made sure to Snapchat the milestone before distributing the final bundle.

Not even two hours later I received a text message saying that these same stacks of papers, and then some, were nowhere to be seen. Perhaps it was my own vanity that brought me to assume the missing papers was great news.

They love it! I thought. First issue and it's flying off the racks!

But another text from my co-editor, Martina, brought my head out of the clouds. Our papers had been taken by the stacks and thrown into trash cans across campus. Sure enough, I opened the first can I came to and found a pile of papers blanketing pieces of rotting fruit.

We have come to know this was an act of retaliation to defend the Castleton football players arrested for the string of retail thefts from Dick's Sporting Goods, which was covered on the front page. Ironically, the retaliation, like the retail thefts, could be considered larceny.

In a phone call home to vent about the campus chaos, I was asked what's being put in the water at Castleton to cause the outbreak of kleptomania. Though it was a question simply seeking a laugh, it's been running through my mind since it was asked.

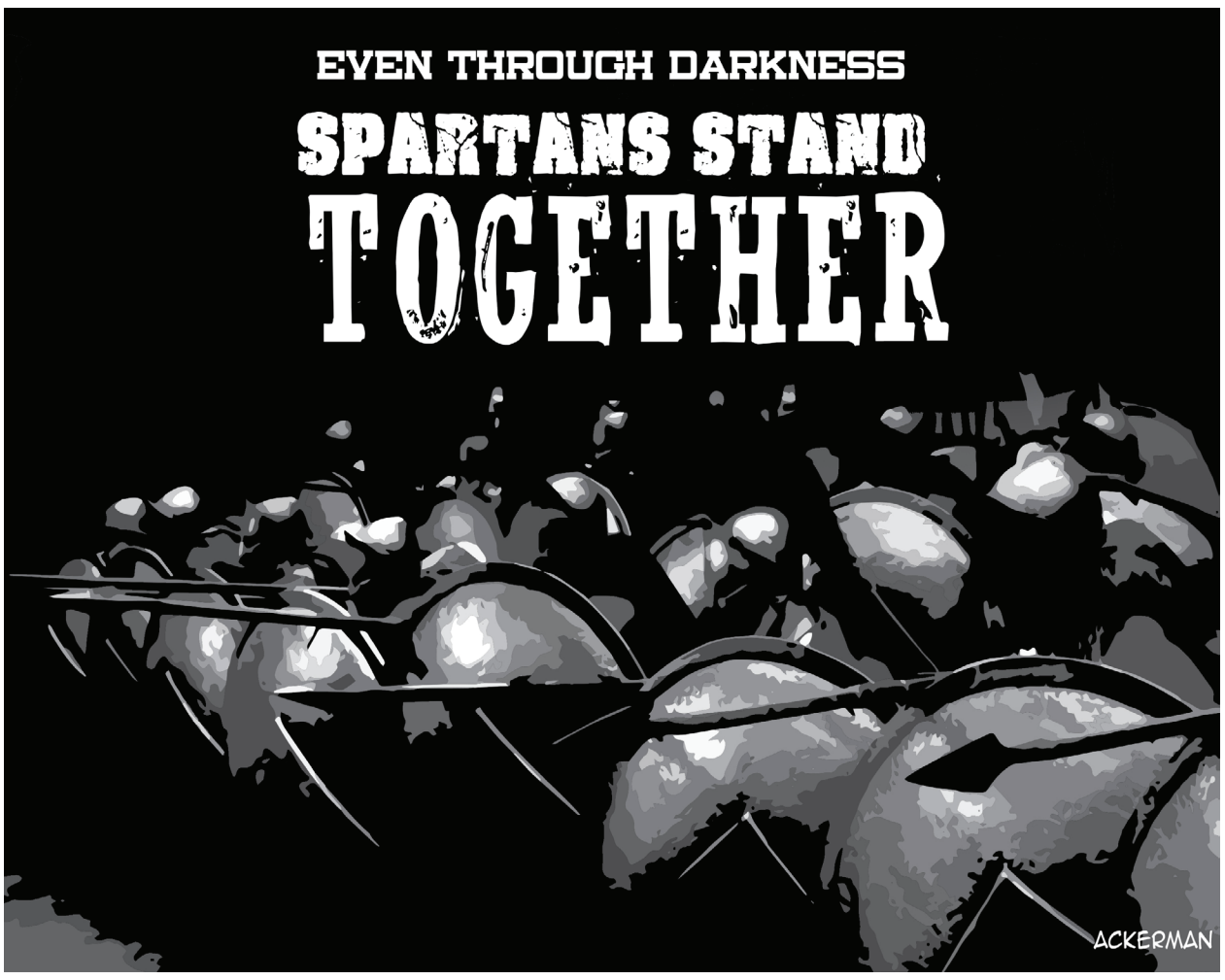
The best answer I have found is that as a whole we have strayed from our sense of what it means to be a true community. Somewhere we have developed the false idea that we should project ourselves as a utopia. However, we as a community are far from perfect and in order to grow as individuals, we must be aware of and learn from our every triumph and every fault.

At The Spartan, we aim to make you aware. We do not make the news; we simply report it – all of it – in an unbiased fashion. The issue discarded in dumpsters, sandwiched between day old fruit and Common Hour pizzas, was no different in that respect. It was, however, an issue judged by its cover and the rash actions against it robbed the student body of the opportunity to see all that it had to offer.

As a former Castleton student-athlete, I have a great deal of respect for the athletic department and I owe them my gratitude, after all they are what brought me to the Green Mountains. But If I learned anything from being a Spartan athlete, it's what it means to be a part of a team. The newspaper is my team now and just as an athletic team is much more than any one player, a newspaper has more to offer than just one article.

We are a team of journalists, photographers and designers whose creativity and talent was censored. To read your name in a byline or photo credit for the first time is an irreplaceable feeling and I'm discouraged for the new staff members who were robbed of this opportunity. Despite the fact that everyone could not see past the surface, I hope they are each able to recognize the quality of their work and won't lose the fire they began the year with.

- Molly DeMellier



There's more to the Castle

Imagine it's 20 maybe 30 years from now, what would you miss about this place? What would you ache to go back to and relive over and over again?

Would it be Saturday afternoon football games, drinking beers with friends and families tailgating in the parking lot or perhaps wing nights at Fishtail with $2 draft beers?

Would it be interaction with professors, when they realized you had that inspirational moment and really bought-in to their lesson?

In times of intensity we need to appreciate the good things we have instead of letting the negative overwhelm us.

The little box you are tightly crammed into with all of your pictures from home, favorite stuffed animals, mini fridge of six packs and a closet full of clothes you barely wear because you live in sweatpants, are all going to be things you'll miss one day.

It doesn't seem like much of a walk in the park now, but one day you'll be sitting in your house watching your children make concoctions out of household ingredients and think "wow, that really looks like something I ate at Huden once. Damn I miss those days."

When things at work are weighing you down, you're going to miss being able to take that nice long drive up Route 30 and watch the sunset over Lake Bomoseen.

The construction of new buildings and the marching band on Saturday mornings may be loud and obnoxious now, but I bet you'll never sleep this good again.

We often take for granted the things we grow comfortable with, but that doesn't mean we shouldn't take the time to appreciate them. They won't always be there.

With all the recent drama surrounding the string of retail thefts from Dick's Sporting Goods, it's inevitable that people lose site of the good things this school, town, and community have to offer.

In the wake of tragedy we forget about the important good things in our lives; the friends we've made upon coming here, relationships we've built with professors, classes we've taken and things we've learned.

Right now it may be hard to get the mind off of the whirlwind of negativity, but in a few years when we look back at Castleton we won't remember this; we will remember Roxie's French fries, Sunday breakfasts at Birdseye and trips to Killington. We will remember how we met the friends standing next to us on our wedding day and the doors into our careers that Castleton opened for us.

So when you're feeling like things are spinning out of control around you and you overhear all kinds of negative things happening with students on campus, remember that this school is known for so much more than that.

Castleton is preparing us for the future ahead, it's been there through our weakest moments and it's time for us to be there for it!

-Martina Marchese

SGA president speaks out

Dear Castleton,

I'm sure most of you are aware of the theft incident at Dick's Sporting Goods so I will not bore you with a tedious rendition of old facts and new speculations. I am writing to you today to make you aware of the immense opportunity that has been placed before us. Due to recent off campus events, we find ourselves being constantly scrutinized by the media and general public at every turn. In response, Castleton has thrown its doors wide open. We have nothing to hide, and much to put on display. Rarely will we have a better opportunity than now, to show everyone just what we have to offer to the surrounding community. With programs like Peer Advocates for Change, Student Support Network and Green Campus Initiative, just to name a few, it is prevalent that Castleton's personality is that of service. These programs are here now, and going strong but there is so much more opportunity! Push yourself a little harder. Thinking about joining a club? Do it now! Toying with the idea of organizing a service project? Don't wait! Want to volunteer? There has been no better time! Every time you step up and get involved you are telling the world, "I am a Spartan and this is what we do."

Timothy Mackintosh
President, Student Government Association

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Fresh Perspective

Here's the scenario: 2 a.m., you've just finished studying your butt off for your exam at 8 a.m. You finally lay down to sleep for the four hours that you can get, when suddenly you hear 2 Chainz blaring in the room next to you. Your brain is already racing from the hours of studying you just completed, but now you have to try and fall asleep to the sound of pounding rap music serenading you into slumber land; probably not your ideal Monday night.

Being in dorms is actually pretty cool in hindsight. Your parents aren't always nagging you to clean your room, you can decorate your space however you want, and of course, the best part, there is no set bedtime. But when everyone piles into their rooms and settles down for the first time, some people think of dorm life as a living hell. The beds are uncomfortable, your room is either too hot, or too cold, and some people just love to blare their music to all hours of the night, whether people like it or not. Surviving dorm life is a huge obstacle that all of us are going to have to overcome if we want to live in harmony.

First, there's the privacy issue. Everyone knows when you're going to take a shower, girls walk fast in their robes, hoping to avoid eye contact with the boys in the hallway. Guys, of course, walk around in just towels, letting everyone know that hey, it's shower time! And we can't forget that your roommate is going to be in the room with you most of the day. So no walking around naked like we used to at home. Because, let's be honest, it happens more than we like to admit.

Then, there's getting along with the people on your floor. As freshmen, we are encouraged to leave our doors open and let people come in and make small talk at all times during the day. But there is always going to be confrontation when you're trying to nap and people just walk right into your room, or decide to have a party in the hallway when all you want to do is nap. My advice: earplugs. They've worked wonders for me so far.

The roommate situation can be tricky too. You're shoved into a room with someone that you barely know, forced to live in peace and share your space for two very long semesters. You both come from different towns, different backgrounds, and have different opinions on everything. Even if you're rooming with your best friend from home, real emotions come out when both of you have a class at 8 a.m. and you wake up late because someone forgot to set the alarm. Keeping an open mind is essential. If your roommate likes to meditate and listen to hippie music, join 'em. Try new things and be open to what your roommate has to say, because in the end, you are going to get attached to them one way or another. And maybe, in the end, you could find that your best friend is living with you, and then it's like a sleepover every night of the week!

-Meghan Fellows

VAAS begins logo contest for $250

By Jack Lilburn
Castleton Spartan

The Vermont Academy of Arts and Sciences is holding a competition to find a new logo. The contest is open to all students and will offer a prize of $250 to the winner.

VAAS is an organization with a history of promoting arts and sciences in Vermont. According to Sanjukta Ghosh, a VAAS board member and Castleton professor, their goal is to "promote academics among young people, highlight their achievements and celebrate their accomplishments."

They pursue that goal through a variety of events and grant programs, including an annual Spring Student Symposium, at which students from across Vermont, including many from Castleton, can share ideas and present original research in front of their peers.

Ghosh said presenting original work can help prepare students for their careers.

"It gives them confidence in their own work, gives confidence in their own research and gives them a chance to defend their ideas in public," she said.

VAAS also hosts an annual fall conference, where Vermonters who achieve great success in their field. This year's honorees include award-winning novelists Julia Alvarez and Chris Bohjalian as well as Dr. A. Paul Krapcho, who developed a widely used cancer treatment that is much less harmful to patients. Along with these and more honorees it will include a keynote address by famed historian Howard Coffin, who will talk about Vermont's role in the Civil War.

VAAS also works at the high school level by providing grants for research projects as well as donating cash prizes for the Vermont Science Fair and Vermont History Day.

Ghosh said the significance of these programs, as well as the proud history of Vermont should be considered by anyone planning to submit a design, although it need not be directly referenced in the log. She said it should be clean and easy to read in either black and white or color. The logo should also have a resolution of 300 DPI and should work well on anything from large posters to flyers and official documents.

Ghosh said this competition offers a unique opportunity for any student to not only earn some money but also "to leave a lasting legacy."

Ghosh said only three logos have been submitted, none of which have come from Castleton students. Additional information on the organization can be found on their website, www.vaas.us. Any submissions or questions should be sent to Sanjukta.Ghosh@castleton.edu or Ken.Leslie@jsc.edu. The deadline for submissions is

Ni Hao (hello) Castleton!

Pei-Yin Lee

By Kayla Quesnel-Cousino
Spartan Contributor

Take a step inside Pei-Yin Lee's office and you'll immediately get a taste of her Asian background. It clearly over runs the other half of the office, which lacks decoration and culture compared to her side.

A colorful red dragon's head sits atop of her bookshelf staring down at you. Throughout her room there is Taiwanese and Chinese art, dolls, and a paper umbrella, hand painted by Lee herself.

While she has been getting accustomed to Vermont's own culture and has enjoyed the scenery; there is one thing in particular that she misses about her home country most,

"The food!" Lee said.

Lee, who is from Taiwan, joined the Castleton Community for the next two years where she will teach students the language and culture of Mandarin Chinese, while simultaneously earning her master's degree.

A long way from home, Lee is determined to bring some of her culture to Castleton.

"It would be interesting to share my language and culture with foreigner students … I think it's important to know the whole world, like different cultures and countries and China has been a powerful country," Lee said.

Very few English words are spoken in Lee's classes, but that's because her students are understanding the language.

"It's really great. She knows how to break it down for us," senior Emma Ofner said.

Of course, there is still a small language barrier between Lee and her students, but that's okay. In fact, it gives everyone a good laugh now and then.

"I was trying to pronounce a word and the tone was off and it actually meant something inappropriate. She just started bursting out laughing, because I had no idea what I was saying. It was really funny," Freshman Vanessa Robertson said.

In her classroom, name cards are placed in front of each student with their own Chinese name. Conversations are being held between professor and student, and student-to-student, in Mandarin Chinese.

Lee uses pictures to help students understand and makes sure everyone is on the same page; laughing off their mistakes and praising each student's accomplishment, all in Mandarin Chinese of course.

But what does a Mandarin Chinese program offer Castleton? Delma Wood, a professor of Spanish, gave some insight.

"Offering Mandarin Chinese at CSC is solid proof that we are listening and preparing our students for a successful future in their work and personal environments," Wood said. "We are extremely fortunate to Ms. Pei-Yin … She was selected to be here at CSC with us because of her beautiful personality, her responsive teaching strategies and wanting to be part of our team."

After earning her master's degree, Lee would love to teach Chinese at a college possibly in the United States. She describes her interactions with students as "wonderful." Her love for teaching is clearly shown when she is in the classroom.

The Mandarin program will be offered at Castleton the next two years. If you do choose to take it, don't worry, you're in good hands. But, like Lee tells her students with a soft laugh, "Yes, it's tricky!"

PHOTO CONTRIBUTED BY BARSCH

Castleton graduate Sky Barsch goes for a hike with her dog Siena.

For CSC grad, Sky's the limit

By Bryanna Allen-Rickstad
Castleton Spartan

When you can't find her loping through a field on horseback or cruising down a highway on her bike, you can probably find Sky Barsch taking drastic steps up the corporate ladder of journalism.

The former Castleton student graduated in 2002 with a degree in communication and a concentration in journalism. Her passion for writing bloomed within the classroom walls and with the help of professors, including Tom Conroy.

"Sky was GREAT in the newspaper office and my class," Conroy remembers fondly. "She was smart and generous – just an all around great human being."

Her first step toward following her goal career goals after graduation was taking a job at The Times Argus in Barre, Vt.

"I made terrible money," Barsch laughed. "I'm pretty sure babysitters made more, but the experience was what I needed and what I got."

Her next step was a brief stint at the Burlington Free Press, pulling together even more clips, gathering more and more experience with every interview, edit and article.

And it was that very experience that got her where she is today.

After moving to the North East Kingdom and leaving the Argus and Burlington behind in her wake, she began freelancing for Vermont Life Magazine.

But Barsch was unsatisfied, hungry for more.

"Freelancing was a great opportunity," Barsch said fondly. "But I was always on the lookout for new ideas, new projects to follow."

And in 2010, the project she had been on the hunt for finally found its way to her.

The Vermont Sports Magazine was being sold, and Barsch jumped at the chance to be the next owner.

"It was terrifying," said Barsch, who recalled not sleeping for a solid two months after the purchase, wondering if she had made the right choice.

"But I knew I could do it," she said fiercely. "I may not have been business savvy, but I knew how to write."

Although Barsch may have second guessed herself a time or two, it wasn't obvious. She dove right in to the magazine, bringing new concepts and ideas to the plate in order to watch it grow.

And grow it did.

Barsch looked at the magazine and what it covered; races, sporting events and highlights of local outdoor activities.

She liked the content, but wanted to put a different spin on it.

"A lot of the magazine covered superstar athletes. I wanted to put the average athlete in the spotlight. We can't all be superstars."

And Barsch did just that. She found the everyday runner, logging his miles after work. She found the mom of three who perfected her yoga poses for an hour every Tuesday night. She uncovered a brand new side of sports and athletes in the state of Vermont.

"With the support of my family and friends, I felt like I had finally found my footing."

Her footing may have been newly discovered with the success of the magazine, but it was years in the making. Working for the Castleton school paper as a student helped develop that footing.

"Back then, there was me and one other girl running and writing the paper," Barsch said, laughing at the thought. "We had no adult to guide us, and we put out terrible product."

She recalls begging professors for stories students had written for classes, in order to fill the pages of the paper. Although a challenge, these obstacles never caused Barsch to falter.

"She was so committed to doing things to improve the world," said professor Bob Gershon. "And her tool to do that was usually the pen."

Recently, Barsch has improved the world, or at least the state of Vermont, by selling her magazine and accepting the prestigious offer to become associate editor of Vermont Life.

And although leaving the magazine she has nurtured has proven to be difficult, Barsch looks back upon the journey fondly and with pride. She also knows that the new direction she has chosen was the right one.

"Leaving the magazine was like leaving my baby," she said. "But this new job is a great opportunity for me. I will be contributing my product to the public, and whenever it gets tough, I remind myself why I write; to make a difference in the lives of readers."

Students take on clean-up project

By Megan Harris
Castleton Spartan

Green Mountain Power and Castleton State College's Green Campus Initiative are teaming up to create real change.

The groups have combined efforts to plan and execute the annual Chittenden Resovoir Clean-Up, which will take place this year on Oct. 5.

Two students in particular, Kate Phillips and Marissa Smyrski, have taken the reins on the project.

The two have been responsible for planning, promoting and staffing the event.

"It's awesome to be helping plan something so cool," said Phillips in a meeting.

"It's gonna be awesome. We're getting the Artist Society Club to make some sculptures to raffle, we found an apple press for fresh cider."

"We really want it to be like an outdoor clean-up day that's like a sustainable farmers market style," adds Smyrski.

There will also be art demonstrations to show what can be done with recycled goods, a free barbeque for anyone who participates and local music for all to enjoy.

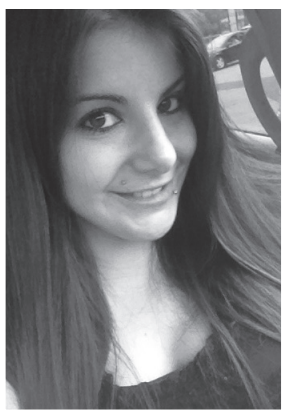
The event will take place from 10 a.m. to 2 p.m. and is open to the community as well as Castleton Students.

The curators ask that volunteers bring a reusable water bottle and an old shopping bag to promote sustainability at the event and reduce the impact of greening-up the reservoir by using old bags.

Directions to the event can be found online on the Facebook event page: www.facebook.com/events/212506832259525/.

Campus Quips

Martina Marchese



Question:
What are your favorite things about Fall?

Mark Cohen

"The leaves changing, Halloween and weather changes."

Aric Marcille

"That everything is pumpkin flavored and it means it's gonna snow soon."

Charlie Wilson

"Pumpkin pie, football and Thanksgiving."

Lauren Tuliakangas

"Pumpkin coffee, the weather and big comfy sweatshirts."

Town considering open container law

By Kaylee Pratt
Castleton Spartan

An ordinance is being considered for the town of Castleton that would prohibit anyone from walking around town with an open container, town officials said.

If caught disobeying this law the board is considering a fine of $1,000 dollars for a third offense.

"It's part of a collaborative effort between town officials and Police Department, liquor control, Castleton State College and concerned citizens on Main Street and streets around the college," said Cristine Smith, a town Select Board Member.

John Hale, another Select Board member, said the town is "aiming at creating a legal tool for the policy to have at hand, and be able for them to use in situations that it may be required."

Students from Castleton State College had mixed opinions about the proposed ordinance. They were asked if they knew there wasn't a law now and that the town is trying to make one. Only three said they knew about it, and eight out of 10 said they wouldn't care either way.

"I didn't know about it and it wouldn't really bother me because I'm used to it being illegal everywhere else," said senior Tyler Hartley.

But some students were a little more outspoken.

"I did not know that and I think it's not right that they are trying to do that. Castleton is just like any other town and there would be a lot less problems if the town wasn't so hard on the college kids," said senior Juliana Combs.

But Smith said students have kind of brought on the town's action.

"The destruction of property, the increasing amount of garbage strewn about on lawns and streets after parties is out of control," Smith said.

Smith said she has opposed the prospect of an open container ordinance in the past, but hates hearing of destruction of property and would support it if it governed the village only.

Robert Wuagneux is a communications professor here at Castleton and a Main Street resident. He said he loves his students and anyone who knows him would tell you he is a very comical person and almost nothing bothers him. Nevertheless, he said students have gone too far and he is very disappointed in their actions.

"I've had things stolen from my porch, and I have had someone crash into my fence, drunk, because they didn't see it," said Wuagneux, "and as a community member, you feel abused."

Smith believes this type of conduct shows students lack of respect toward the town and its homeowners, and that's why they are working on a solution to this problem.

But Wuagneuex said he hopes the ordinance addresses the issue properly.

"I understand the intent of the law, but I'm not into punitive measures. You don't solve a problem with money, you solve a problem with understanding and cooperation," said Wuagneux, which he said could be through some payment of time such as community service.

CONTRIBUTED BY COLLEGE ADVANCEMENT OFFICE

Castleton State College now sports mini wind turbines on top of Hoff Hall.

Wind powers green initiative

By Leeanne Alter-Wright
Spartan Contributor

Castleton is leading the way to a greener future, one-carbon footprint at a time. This summer, Castleton State College was the first college in the country to install wind turbines, which reside atop the new Hoff Hall dormitory.

The wind turbines are another addition to Castleton's Green Campus Initiative, which was put in motion back in 2005. Since then Castleton has surpassed many goals to educate students on this initiative and create an environmentally friendly college.

"I personally reduce my carbon footprint by saving paper, recycling, reusing water bottles and not wasting power by unplugging electronic items," said Alexa Platts, a resident of Hoff Hall.

The wind turbines were installed this summer and have been in motion ever since. "The wind turbines produce about one kilowatt, enough energy to power a house," said Scott Dikeman, chair of the Sustainability Group and dean of administration at Castleton.

He said Castleton has joined forces with Green Mountain Power to help maintain the new source of energy.

"Technically, the wind turbines do not power Hoff Hall. The power they generate is circulated back into the grid … The turbines are tied into their own proprietary software called Measurez that gives us a live data about how much power the turbines are generating," Dikeman said.

But despite the unprecedented step toward a greener future, many students are unaware of what the wind turbines are capable of, but are excited by their presence.

"I think it is pretty cool. We are a green campus, it shows that we care!" said Isaac French.

Dikeman agrees.

"I think it's a great chance for us to reduce our carbon footprint. It's a chance for us to reduce our energy cost. It is a chance for us to be innovative, relative to sustainable technology," Dikeman said

In addition to the wind turbines, solar panels were installed atop of Hoff during the construction phase last summer.

"We are excited and we hope to see more!" Dikeman said enthusiastically.

On the move, but with a big heart

By Sara Miles
Spartan Contributor

Is the big heart gone? Rumor around campus is that the "small college with a big heart" is changing to "Castleton on the move."

The question was posed to Tom Conroy's public relations class, and answers included "I don't like it," "it sounds too vague," and "we don't need to be any bigger." Sophomore, Kelsie Boudreau agrees saying, "what does that even mean?"

But President Dave Wolk in an interview, said students shouldn't worry because the small college with a big heart is not gone.

He said "Castleton on the move" was simply the title of his convocation speech. For the record, Colleen Klatt, dean of College Advancement, said Castleton doesn't really have a "slogan," but has just become well known as the small college with a big heart.

Small College with a big heart originated in 2001, Wolk said.

"I heard it and it just stuck," Wolk said.

Wolk was unaware that students and faculty thought the big heart nickname was being replaced.

"We are an extended family. We don't want to get so big that we don't know each other by name and just become serial numbers," Wolk said.

But he said Castleton now has an art gallery in downtown Rutland, Spartan Arena in Rutland town, a partnership with the Paramount Theater and soon will have the dome in Rutland town. These illustrate the Castleton is growing, but just not as much on the campus, he said.

"We have pretty much reached our capacity for our footprint, but to survive we need to grow," said Wolk, further explaining his Castleton on the move theme.

Jane Foley works hard at CSC behind the scenes

By Ryan Delorme
Spartan Contributor

Sometimes it is easy to overlook things in life, like how faculty and staff at Castleton State College tirelessly work to make Castleton "the small college with the big heart."

Jane Foley, the school's director of Creative Services, is one of those people.

Foley, who has worked at Castleton for almost 27 years, said she has loved her time here.

"I feel really lucky to work here. I love the colleagues and students who I am fortunate enough to spend time with every day," Foley said with a smile.

The always positive and upbeat Foley was born in Boston, Mass., but moved to Fair Haven, Vt. when she was 5 years old. Growing up, her family raised beef cattle, which she and her husband continue to do today.

"Last week, all of the calves escaped onto the road and I had to run out there and chase them back into the yard," Foley said with a laugh.

Foley and her husband, Mike, have two children, Alexandra and Shawn. She also just became a grandmother when Alexandra had a baby girl named Charlotte. She loves that all her family is still in Vermont.

"I like to be at home; we have lots of acres of land. Being outdoors is a passion of mine, whether it be gardening, hiking, or taking my dog, Peda, for walks."

Foley also loves that she has been able to see how much her job has evolved with the constant improvement in technology.

"I no longer have to do everything by hand and drive to Rutland to bring in film. Before computers, things took much longer to do," she said. "The past 10 years have been incredibly exciting for me; seeing all of the improvements we have made around campus makes me really proud to work here."

Ennis Duling, who retired a year ago as the communication director at Castleton, was fortunate enough to spend 25 years working with Foley.

"The years we worked together we experienced big bursts in technology. I noticed Jane had a big impact on the college in two ways. First of all, whenever the newest technology, such as computer programs came out, she insisted on learning about it. She wanted to master it and be great at it," said Duling. "Secondly and more importantly, Jane's relationship with her student workers was outstanding. I think her positive influence had a big impact on their lives."

Her boss, Kate Richards, also praised Foley.

"Jane is the friendliest, most outgoing person I've ever met. Her amazing ability to connect with co-workers and students is extremely inspiring," she said.

You might be fortunate enough to run into Foley when she is snapping photos around campus for the college or attending performances at the Castleton Fine Arts Center or watching different athletic events at the college.

"You hear over and over that the people at Castleton are special, but it's true," she said.

CONTRIBUTED BY RYAN DELORME

Jane Foley, director of Creative Services, poses at her desk last week.

MICHAEL PLAISANCE/CASTLETON SPARTAN

Marco (Max Walker) and Eddie (Robert Valenti) argue over Eddie's betrayl.

MICHAEL PLAISANCE/CASTLETON SPARTAN

Catherine (Hayley Ryan) and Rodolpho (Michael Tuffy) dance in Uncle Eddie's apartment.

CSC students perform 'A View from the Bridge'

By Martina Marchese
Castleton Spartan

Arthur Miller's "A View From the Bridge" is about an uncle with a passionate obsession with his niece, a jealous but caring aunt and two immigrants from Italy. And Castleton State College students were amazing in making Miller's play come to life.

Eddie Carbone (Robert Valenti), plays a dramatic, lost uncle to niece Catherine (Hayley Ryan).

How he came to raise Catherine is never really explained, but as she becomes a woman he struggles to let her go, through an unfortunate series of events.

When Italian cousins of wife Beatrice, come to stay with them in their apartment in New York, all hell breaks loose.

Marco (Max Walker), is a hard-worker looking for a job to send money back to his wife and sick children in Italy while his brother, Rodolpho (Michael Tuffy), is simply looking to find his American dream in the city of big lights.

Rodolpho and Catherine fall in love and plan to get married; Uncle Eddie is less than pleased.

Uncle Eddie repeatedly tries to separate the two, to no avail.

He contacts a lawyer and family friend, Alfieri (Benjamin Villa), to discuss options about ending the romance between Catherine and Rodolpho. Alfieri advises him to just accept that she is a grown woman, wish her well and let her go.

Eddie can't accept this as a solution.

He eventually makes the decision to contact the immigration police and rat on his wife's two cousins.

In the dramatic fallout of these actions, a fight breaks out between Eddie and Marco where Marco publicly humiliates Eddie by calling him a rat and defacing his name.

Marco and Rodolpho are taken away by immigration after the fight. Rodolpho is going to marry Catherine and become an American citizen, but Marco will have to stay in jail until his court date, after which he will then be sent back to Italy.

Alfieri convinces him to promise that he will not harm the uncle if the lawyer posts bail, allowing him to work for the four or five weeks until the court date.

In the closing scene, Marco lets his emotions get the best of him; while Eddie lets his pride and machismo get the best of him. Marco goes after Eddie and Eddie pulls a knife. Through the brawl Eddie is stabbed with his own knife, at the hand of Marco.

This play brings up issues of homosexuality, women's roles and masculinity during the time period. The story unfolds in fantastic twists and turns.

"It was amazing. I thought Kelly was especially amazing," said Ingrid Johnston-Robledo, associate academic dean.

The director of the play, Harry McEnerny was especially pleased with the students acting abilities throughout the four-day performance.

"It's interesting watching the play progress," said McEnerney. "I couldn't be more proud. I think the cast is very solid all across."

More Soundings students were in attendance the first night of the play, but some saved it for the weekend.

"I love it! I'm going to reference the Soundings question which was 'which person do you sympathize with.' I said Marco," said Chelsea Carey. "Marco didn't do anything to deserve what happened to him except get between Eddie and Rodolpho."

The amount of work that went into this performance definitely showed in the stage, props and acting.

"It was a lot of work, my first role as a biggish character. A lot of work, a lot of time; I mean it's awesome. I think it's a great show!" said Michael Tuffy (Rodolpho) after the show.

He said, she said

By Bonnie and Clyde
Castleton Spartan

He: I arrived home after a typical day of classes to a typical situation: roommates having sex. I approached my room and thought they were watching a movie with the volume too high, but before I could knock on the door to ask them to turn it down, it hit me that these weren't sounds coming from a TV.

I heard a moan, a banging headboard, and a dramatic voice saying, "oh my God, oh my God, God, God."

My stomach started to turn and I ran to my room. I turned on every fan, shoved my pillows in front of the gap under my door, turned off the lights and hid under my covers.

The lesson I learned that afternoon was that nothing mutes the sound of roommates having sex.

She: Well, my story isn't that gruesome, though my ears may have bled a little. I was helping a friend move back into her dorm after a break and her suitemate was in the shower.

He: I knew the acoustics in the shower were good for singing, I didn't know they were good for sex too.

She: I heard it from the hallway outside the suite! They were talking casually and having sex. That's not okay in my book! That's where people go to get clean, not dirty!

He: I'd rather they have sex in the bathroom than on my bed.

She: I don't even allow my boyfriend in the bathroom while I shower, let alone in the shower with me.

He: To me, it's almost one of those "it's okay when I do it" situations.

She: I guess.

He: So what did you do when you heard everything?

She: I gagged and made a face to my friend who looked like she was about to puke. I should have just started making sex noises to make them feel awkward.

He: Maybe then they would have realized that other people live there too.

She: Exactly!

He: At the end of the day there is probably no way to get through college without coming across similar situations to ours.

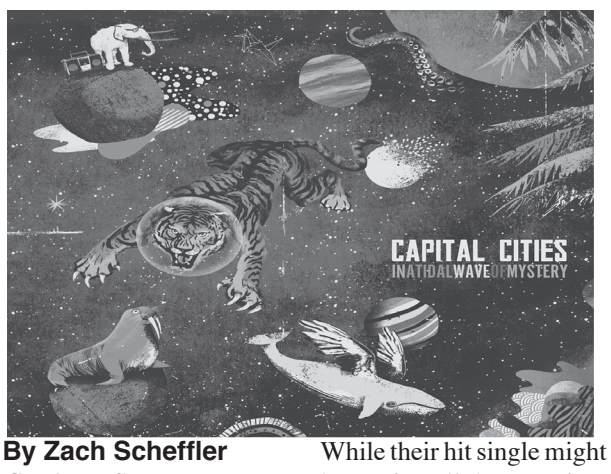
She: There's really no one way to handle it.

He: You just get used to it and find ways around it.

She: Communication with your roommates is vital; most college students are open enough to be okay with these kinds of conversations.

He: So running away isn't an option, but face-to-face sex talk is always better.

Music review: Capital Cities



By Zach Scheffler
Castleton Spartan

There isn't a single person on earth who hasn't heard a song by the American indie-pop duo Capital Cities (their current chart-topping hit, 'Safe and Sound' has spread like wildfire across the globe). While their hit single might be getting all the attention, the Los Angeles-based group's latest album, In a Tidal Wave of Mystery, is a delightfully curious collection of songs.

The story of Capital Cities is almost as curious as their latest album: Craigslist was the catalyst that brought Ryan Merchant and Sebu Simonian together to record some commercial jingles--neither of them had intentions of a lasting partnership. After three years of working together, the pair decided to take things to the next level. And thus, the band was born.

This album can speak for itself, so let's cut the history lesson short. If you're excited by jaunty, poppy music with playful lyrics and some terrific brass melodies, Capital Cities has you covered--In a Tidal Wave of Mystery really captures some of the best aspects of indie pop. It oozes positivity. It constantly surprises. It's interesting. Songs like 'Patience Gets Us Nowhere Fast' are in the same vein as 'Safe and Sound,' while others take a turn for the pleasantly bizarre (like 'Farah Fawcett Hair'). The balance is excellent.

Aside from the songs mentioned, some personal favorites are 'I Sold My Bed, Not My Stereo,' and 'Tell Me How to Live.' You can give those a listen on Spotify, iTunes, or your favorite music hangout. I highly recommend it.

Zach Scheffler (@WobblyGiant) loves music of all kinds. When he's not serving as music director of WIUV 91.3FM Castleton, he's enjoying his time out and about around campus.

Movie review: Prisoners

By Josh Bassett
Castleton Spartan

How far would you go to save your daughter?

If you are Hugh Jackman in Prisoners the answer is far, possibly even too far.

Hugh Jackman gives an intense performance as Keller Dover, a man trying desperately to find his daughter after she is kidnapped on Thanksgiving.

At first he turns to the police for help, but Jake Gyllenhaal as Detective Loki is too slow for his liking. Loki and the police find the suspected kidnapper at a local gas station and from that point on chaos ensues.

In Dover's quest to get his daughter back he resorts to threats and torture so severe that just a glimpse of the pain and cruelty he inflicts will give you nightmares.

This is a movie sure to stay with you after the credits. Many questions are asked and just when you have the answer, the question changes.

Should you support Dover or should he go to jail; is torture ok when it comes to finding missing children?

The film is packed with great performances across the board from the likes of Melissa Leo, Paul Dano, Viola Davis and Terrence Howard, each working together to elevate the film.

Whenever you watch a suspense film with kidnapping there is usually a high chance of it following the obvious clichés, luckily here the film doesn't and it is all the better for it.

Game Review: Loving Minecraft Xbox 360

By Dash Monder
Castleton Spartan

Minecraft Xbox 360 Edition was released in 2012. Despite being rated for ages 10 and up, there are lots of scares from zombies, skeletons, and spiders! A recent update brought new additions such as ocelot spawn eggs, iron golems, jungle biome and Redstone lamps. The update gave players more things to do and find, making the game more fun!

Minecraft Xbox 360 is a survival-building game. There are no quests to complete, but players build houses out of many materials. There is no end to the game either.

I enjoy "trolling" online friends by secretly booby trapping their homes. It is funny to place TNT under a grass block in front of a house, with a pressure plate on top. The player enters his house to hear a hiss before it explodes around him. Characters are hurt in the process, but they respawn and come right back. The house is partially destroyed, but they can rebuild.

The Nether is the creepiest and most ominous world in Minecraft. It is filled with Blazes (small flying creatures that shoot fireballs), Ghasts (humongous fire-throwing creatures), and Zombie Pigmen (with golden swords!). It is a horrible place, but players want to go there to get helpful items like glowstone dust which you can craft into blocks of light.

There are multiple skin packs for your character, and you can change them in the title menu or in-game menu. My top five favorite skins are Master Chief and the Covenant from Halo in skin pack 2, a cat-eared girl from skin pack 5 and a ninja and Marked Ninja from Mark of the Ninja in skin pack 4.

Minecraft is relatively easy to play. Players quickly learn how to move characters. To look around, left toggle; to move, right toggle. Redstone is a very complex tool; you can craft lighting, activate roller coasters and make ladders and elevators. It's hard to build an entire city because it is complicated, but other players can help. Up to eight people can play at a time in your world. It is easy to invite other players if they are already friends with the host. To build a friends list, send a request through the console.

Student thefts

Continued from page 1

"Obviously we're disappointed and we're saddened as a football family," he said. "I believe that we'll move forward and gain strength because of it."

Known for his close-knit relationships with the students, the college's President, Dave Wolk, searched for the proper words to express his feelings of grief and disappoint towards the situation.

"I am very surprised and saddened by what transpired," he said. "These are good kids that made a very bad decision."

Jeff Weld, director of College Relations and Sports Information, mirrored Wolk's shock and remorse upon learning of the investigation.

"We stand by these young men. We view them as good people who made mistakes," he said. "However, the seriousness of their decisions is not taken lightly, and participating in athletics at Castleton is a privilege that they are not afforded at this time."

According to State Police, the investigation is still ongoing and all parties accused are set to appear before the court. Boyle and Busharis are scheduled to appear Oct. 14 and 28, Cross, Heller, and Howe on Nov. 4, and Comstock on Nov. 19.

Emails to Boyle, Busharis, Comstock, Cross, Heller, and Howe have gone unreturned.

The ongoing investigation has caused a stir on campus and in the aftermath of Boyle's and Busharis' arrests, hundreds of copies of the first issue of The Spartan covering the story were stolen from the racks and thrown into garbage cans across campus.

"I'm terribly disappointed in what transpired. I have great respect for The Spartan and all the students who work as volunteers to make it the best college newspaper I know. And every year The Spartan keeps getting better and better. Frankly, the reporting in The Spartan was very balanced and responsible," Wolk said.

According to Wolk, Public Safety is investigating the newspaper theft and those students involved will be held accountable.

"This is a lesson in freedom of the press. This is a lesson in disagreeing without being disagreeable. This is a lesson in civility and respect," he said. "Just as the students involved in an off-campus incident unconnected to the college will learn a lesson, so too will the students who thought they were defending them, but who made the situation all that much more challenging, for all of us."

Students mourn friend

Continued from page 1

bear hugs made him magnetic; people loved to love him.

"His energy was uplifting," remembers Castleton student Martin Jutres, who would occasionally skip class with Smith to bask in a fresh powder day at Killington. One fond memory was a an early grey morning spent on the slopes; a light dusting of flakes covering the ground, the two of them hitting the trails for first tracks. Smith was a natural on the slopes, friends said.

"He skied so fluidly, like a knife through soft butter," said Jutres.

But skiing wasn't the only skill that Jutres and others found so impressive about him.

"He could rap and freestyle like no one's business," laughed Jutres at the endless memories of Smith's many YouTube videos and live performances.

"He would sit down in front of his computer or in front of a crowd, and the words would just flow from him. Words with humor, words with meaning. It was poetry."

Smith, known as Pastor Mason to his fans, found comfort in his ability to express himself through rhythm and rhymes.

"He didn't care what anyone said," remembers close friend Meg Daly. "He just went with whatever made him happy, he was genuine."

Daly aches at the loss of Smith, admitting that he'll never be replaced.

"Our opinions weren't always the same and sometimes he'd tell me I was being an idiot," she said, smiling at the thought. "But then he would say 'Yup on the real, bro,' quote some rap song and have me laughing all over again."

Laughter was something Smith always managed to wriggle out of people; the happiness of those important to him was a priority.

Cousin Lauren Smith, along with other family members, always referred to Mason by his middle name, Jake. Lauren remembers summers spent together at their family's camp.

"I have never known anyone like him," she recalled. "And even though I was the oldest cousin, Jake definitely made sure that all of us were always taken care of."

Lauren said that he hadn't quite figured out what he wanted to do with his life, or which career he might pursue after graduating UVM with an English degree in 2012, but said she had faith that he would have "been amazing at anything."

Even though Smith eventually transferred from Castleton to UVM, many CSC students will always remember him for his quick snap of humor, his vast collection of hats and his unfaltering love of life.

"He brought light and happiness to everyone who was lucky enough to have known him," said Lezzer. "I regret not spending more time with him, but I feel grateful he was part of my life for a while."

Union members rally for contract

By Molly DeMellier
Castleton Spartan

On Sept. 18 members of Castleton's faculty, staff, and students joined the Vermont State Employees Association and gathered at the steps of the Vermont State College Chancellor's office in Montpelier to protest the current contractual impasse.

The sea of VSEA t-shirts and protest signs outside the Chancellor's Office was comprised of members faculty, staff, students, and professionals across all four Vermont State Colleges as well as members from UVM and other union community supporters.

According to a release made by the VSEA on Sept.3, the Chancellor's Office is currently demanding a 25 percent cut from retirement benefits and is refusing to agree to a proposed wage increase which the staff says keeps up with the cost of living.

Janis Henderson, a custodian for Johnson State College for fifteen years began the rally as a board member and unit chair for the VSEA and explained the purpose of the rally was so the Vermont State College Board of Trustees would hear the voice of the workers.

"The trustees will be at a fancy two-day retreat tomorrow at Lake Morey Resort and they need to know that we say no to cuts and yes to Vermont values," she said.

The Board of Trustees were scheduled to take the retreat on Sept. 17 to discuss their new plans for a contract.

Dan Smith, director of community relations and public policy for the Vermont State College's Chancellor's Office released a statement on Sept. 6 that said the union members are valued employees and the objective of the negotiations is to reach an agreement that is financially viable for the colleges and fair to the employees.

"We fully trust the next step of the bargaining process to deliver a contract that is financially responsible and fair," he said.

Castleton's public safety office Bill Duczeminski said he hoped the rally would serve to put a message in the minds of the board members before embarking on their retreat.

"An important message we bring today is solidarity," Henderson said.

"They say cut back, we say fight back!" she said leading the chant to the crowd that echoed her words.

Castleton Sociology Professor, and Faculty Federation President, Linda Olson followed Henderson in support of her position.

"We're here because the staff's fight is all of out fight," she said. "We will not give in to this propaganda set forth by the Chancellor's Office."

Castleton's Billie Langlois, negotiations team member and library acquisitions staff, spoke of the promises made by the made the state colleges to provide decent retirement and healthcare benefits.

"We have members who have worked for the state college 20, 30 years," she said. "They've worked for years because of this promise and now the Chancellor wants to take it away."

Theresa Conant of Lyndon State College and United Profession President mirrored Langlois' desire for this promise of decent benefits to be upheld.

"A promise is a promise and should not be broken so easily," she said.

"Absolutely!" interjected a member of the crowd.

"A promise is a promise and we want a fair contract now," said Conant.

According to Langlois approximately two-thirds of the union members currently do not make a livable wage while the Chancellor makes almost $200,000 a year and is looking to cut the retirement benefits.

"The Chancellor's office has done nothing to get more money from the state to cover these obligations," she said. "Instead they raise tuition on students and try cut benefits to workers who do not make a livable wage."

To voice a student opinion, Johnson State College's senior Liz Beatty-Owens took to the microphone

"Students of the VSC would not be sp successful without the support of the VSC staff," she said.

From the cooks to the maintenance staff, and everything in between, she said these are the workers who keep the campuses running.

"We stand in solidarity with the VSC staff," she said.

Before the conclusion of the rally, the union members presented a petition with approximately 1,600 signatures in support of their pursuit of livable wages and retirement benefits.

Color vibin'

Continued from page 1

color in the air all at once.

Kammie Crawford and her friends Megan Labeau, Ashly Cancel, and Meghan Poissant, were showing their Spartan pride at the finish line dance party with homemade T-shirts with their names on the back and "Sparty On" written on the front. Castleton students seemed to be having the time of their lives.

And as it turns out, the Castleton Cross Country team will be holding its very own color run on Oct. 20, just as Potter had hoped. According to the Cross Country page on the Castleton Athletics website, it will be held right here on campus, and the event will benefit the Cystic Fibrosis Foundation.

You can register for $25 at castletontickets.com, and hopefully this event will be just as memorable as Color Vibe. Some students are already getting psyched to return next fall.

"They better come back to Vermont again next year! It was the first time I didn't mind getting up at 6:30 on a Saturday morning," Crowley said. "It was so worth it."

CALLIE GINTER/CASTLETON SPARTAN

In the vast lands of Chaco Canyon, a tremendous great house was built.

Santa Fe students get thrill ride in Chaco Canyon

By Callie Ginter
Castleton Spartan

None of us were prepared for what was to come. What we thought was going to be an ordinary drive, turned out to be a bumpy mystery.

Chaco Canyon, N.M., is a powerful and mysterious place. It is a place that leaves you with more questions and curiosity then when you arrived. Not only is Chaco Canyon a famous archaeological site, but it is also one of the most cryptic places in the American South West.

Finding enormous, intentionally built homes and kivas that are aligned with the sky, which were later abandoned for no reason known, leads to one of the most common questions asked in the Southwest.

Where did the people go? Why did they go?

Although Chaco Canyon leaves its visitors with questions that may never be answered, it also welcomed us into a bizarre story.

As the Castleton State College class turned onto the dirt road that leads to Chaco Canyon, a subtle feeling of uncertainty filled the vans. Rain, something that Chaco Canyon has not seen for years, began to accumulate in the sky. It turned black; we were not prepared for such a storm. All of a sudden, the rain began to come down – hard. The dirt road turned into mud. The car in front of ours had been sliding uncontrollably, finally coming to a stop, realizing they would not make it.

As we continued down the washed-out road, we too began to lose control.

"It's OK everyone," Professor Paul Derby explained, trying to be reassuring. He had both hands gripped on the wheel tightly, steadying the white van.

All of a sudden the van began to slide, spinning us sideways. The rain was coming down harder than before, making it difficult to see the road. Nervous yelps came from a few of the girls.

"Oh my God, oh my God," one student said.

Josephine Barrale, an assistant teacher, was trying to calm us, but she too had a sense of nervousness in her voice.

"Girls, it's OK, it's ... easy Derby, you've got it."

Tapping the breaks, Derby eventually brought the van to a stop. The car was silent. We all took a moment and realized that we were experiencing something that people who had lived in Chaco their whole life had never seen before.

Hours later, we finally arrived at our temporary homes, exploring the landscape and trying to get a better understanding of what happened here in this unexplainable land. Studying the abandoned homes is compelling. It's like searching for an answer and the only response is in your imagination.

It is not wrong nor right. That is what we learned; that some things may never be explained, but through experience, you gain knowledge about the people, the past, and the land.

Castleton hosts X-C Vermont State Meet

By Andrew Muse
Castleton Spartan

The men's and women's cross country teams competed last weekend at home as they hosted the Vermont State meet on Saturday.

The men took second place overall and were led by senior Isaac French. French came in third place with a time of 26:43 while Steve Hagemann came in just eight seconds behind him and took fourth place. Jonah Lavigne came in 19th with a time of 28:47 and Matt Woodward came in 24th with a time of 28:58. Senior Nick Tubolino rounded out the top five with a 25th place finish and a time of 29:15.

"We have been training really hard in preparing for our conference race," French said. "This second place performance is just a preview of what we can do."

The women's squad was able to take third place overall with Mariah Eilers leading the way for the Spartans with a time of 21:09. This landed her a seventh place finish. Freshman Margaret Kuchinski came in second for Castleton with a time of 22:24 and a 17th place finish overall. Mckynze Works took 25th place with a time of 22:58 while teammate Kelsey Thompson ran a 23:37, coming in 31st place. Allie Minor rounded out the top five for the Castleton women with a time of 23:44 and a 34th place overall finish.

Both cross country teams will travel to Saratoga in two weeks to run the in the Saratoga Invitational.

KATIE SAULT/CASTLETON SPARTAN

Castleton's Margaret Kuchinski and McKynze Works race in the Vermont State Meet on Saturday.

Field hockey team's defense strong in Maine

PHOTO CONTRIBUTED BY BEN STOCKWELL

Senior midfielder Brynn Cayia fights for the ball in a recent game at Plymouth.

By JenniLee Mark
Castleton Spartan

The Castleton field hockey team traveled to Maine this past weekend to face North Atlantic Conference rivals Thomas and Maine Farmington. On Saturday, they shut out Thomas 4-0 and they earned their third consecutive shutout on Sunday against the University of Maine at Farmington.

"CSC field hockey played two really strong games in Maine," said head coach Tammy Landon. "Six different players contributed goals and our defense was strong, not allowing any."

In the Thomas game, four Spartans notched a goal, including senior Rachel Preusser. With this goal, Preusser broke the Castleton field hockey scoring record. She surpassed 2013 graduate Kealy Chipman's record and now is the all-time leading goal scorer with a total of 71 goals. Preusser also hold the record for assists with 29 and points with 171.

"We're all really happy for Rachel," said sophomore Brandi Whittemore. "She's worked really hard to get to this point."

In Sunday's game, Maine Farmington looked like they could score early on when they had six penalty corner chances, however, the Castleton defense was a brick wall. It didn't allow any goals through and stayed strong.

"We came out really strong this weekend," said senior forward Blake Wardwell. "We were really focused on connecting as a team and outplaying both teams."

With 6:22 remaining in the first half, Castleton had its own chance to score on a penalty corner. Rachel Preusser gave a pass to junior midfielder Kristy Pinkham, who launched a shot to put Castleton up 1-0.

In the second half, yet another penalty corner was given and this time, Wardwell scored. Both Pinkham and Preusser assisted.

Castleton goalie Jessica Galatioto recorded five saves against Farmington and six in the previous game at Thomas.

The Spartans remain undefeated in the conference and now have a 5-4 record. They are back in action this Saturday, Oct. 5 when they host Saint Joseph's of Maine.

Women's soccer sweeps NAC weekend

By Andrew Muse
Castleton Spartan

Women's Soccer Shuts out Maine Maritime

The women's soccer team scored all six of their goals in the first half as the Spartans crushed Maine Maritime 6-0 on Saturday afternoon at Spartan Stadium.

"We wanted to come out and set the tone early," said head coach Chris Chapdelaine. "Four goals in the first 12 minutes is how to set the tone."

The Spartans were led by freshman sensation Dominique Valancius who scored two goals on the day. Sophomore Mallory Costello recorded two assists for Castleton to lead the team, while four players; Nicole Wershoven, Nicole Gay, Kalieen Banks and Blair Hooper, each recorded one goal on the day.

Hooper started the scoring off three minutes in on a strike from 20 yards out. Just four minutes later the Spartans scored again. This time, it was Valancius, who beat the keeper to take the lead to 2-0 just 7 minutes into the contest.

Wershoven netted a goal on an assist from Jessica Phillips two and half minutes later to bring the score to 3-0 and a mere 30 seconds later Valancius scored her second goal of the contest off an assist from Costello.

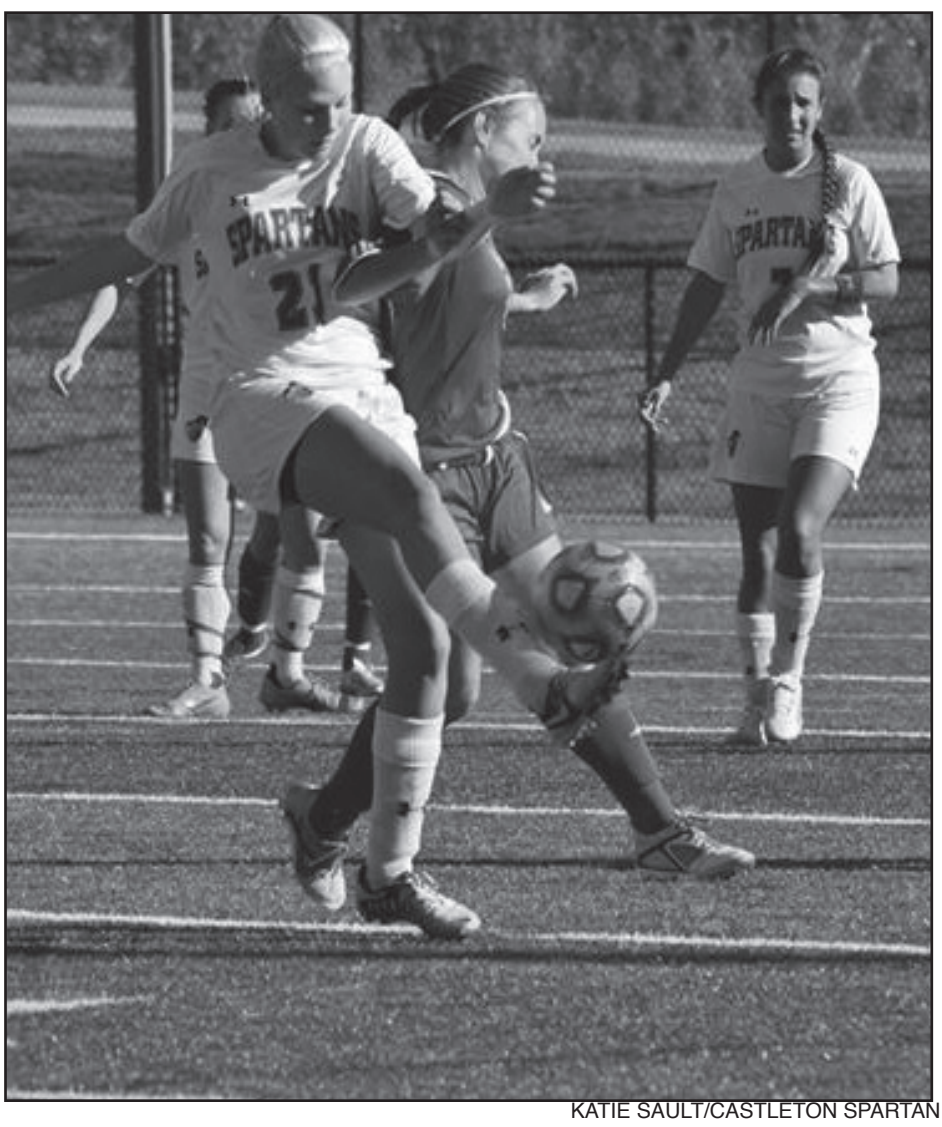
"I thought that we played really well the whole game," said junior midfielder Jenna Bostwick. "We got a full team effort today in the win which is real good for us as a squad."

The first half scoring surge may have slowed, but it didn't stop as Gay was able to net her first goal of the season on a direct kick from 30 yards out 25 minutes into the game. Fifteen minutes later, Banks scored the Spartans sixth and final goal in the contest off a pass from Bostwick, making it 6-0. That is how it would end as no goals were scored by either squad in the second half.

The Spartans defense played exceptionally well not allowing a single shot on net and only two shots total. Castleton took 13 corner kicks which created great opportunities for them to score, while Maritime was held without a single one.

With the win the Spartans improve to 7-3 on the year with a 3-0 record in conference. They also took on Husson Sunday to finish off a NAC weekend.

"We stuck to our plan today and it's important to do that," Chapdelaine said. "We are growing every day in the right direction. We just need to come out and play our game from the start."



KATIE SAULT/CASTLETON SPARTAN

Marissa Benson clears the ball against Maine Maritime.

Spartans beat Vt. rivals

By Mike Divis
Castleton Spartan

The Castleton State College women's tennis team downed Johnson State College 5-4 Saturday in a rematch with a better outcome.

The first confrontation ended in a 3-6 loss for the Spartans, but it was a different story this time. The Spartans started off down 2-1 in doubles play with a loss by the top doubles team and the third pairing and an 8-4 win by the second ranked team of Olga McIntyre and Ruby Bushey.

"I thought we played really well. Doubles needs work, but they do not linger on their singles play," said Coach Rob Purdy. "They seem confident and I'm happy with it."

The Spartans Sara Novenstern took on the Badgers Annette Kaminski in a three set battle as the number two pairing for a win of 4-6, 6-3, 6-3.

Olga McIntyre, Ruby Bushey, and Monica Plante gave Castleton additional points with singles victories as the third, fifth and sixth ranked pairings.

Kayden Juaire fell in the fourth ranked slot with a loss to Johnson's Michelle Mainus while Meghan Susslin lost as the No. 1 ranked Spartan in a three set fight against Deanna Brandstetter.

"I felt like we all had a well-deserved win against Johnson," said Susslin. "Everybody has worked so hard and I'm very proud of our performance, especially with a new team and all."

With this win the Spartans record stands at 3-6 and the Badgers fall to 1-7. The Spartans continued their winning ways on Sunday defeating Lyndon State 6-3.

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Freshman standout: Zac Temple

By Will Stuhler
Castleton Spartan

Freshman Zac Temple has been dominating on the golf course. The Hartland, Vt. native has been rookie of the week the past two weeks. There's no hooking or slicing in his game – just snapping tees and dropping birdies. Here's a look into this Spartan golfer's game and life.

Q: When and why did you start playing golf?
A:"I learned everything from my Grandpa. I would hit balls in the backyard with him when I was 5 or 6 and I started playing when I was in eighth grade, going into my freshman year of high school."

Q: What does being 'Rookie of the Week' mean to you?
A:"Means quite a bit. The purpose of coming out here was to get my name out here in New England. I want to be at the top of the leader board and be rookie of the year."

Q: Who has inspired you?
A:"Obviously my grandpa. My parents are also very supportive. They came out for the Duke Nelson invitational, where I won my first rookie of the week honor."

Q: What high school did you go to? And did you win any tournaments then?
A:"I won a few tournaments. I also set the Vermont high school record at Neshobe Golf Club, shooting 4 under."

Q: Do you have any rituals?
A: "I've gotten two hole-in-ones and I keep those balls in my bag for good luck."

Q: Do you have any advice for younger golfers?
A: "Get out there and play as much as you can. Don't be hard on yourself because golf is a mental game. It's 70 percent mental and 30 percent skill."

Q: When not on the green, what do you like to do with your friends?
A: "Play Tiger Woods on PlayStation."

Q: How's the golf team looking for the rest of the season?
A: "The golf team is looking solid, but there's always room for improvement. We tried this new practice method where we focused more on practicing rather than on actually playing. After that, our team had scored its best round of the year."

Q: What's your favorite food?
A: "I really like chicken wings."

Q: What's your favorite movie?
A:"I think Ted is pretty funny."

V-Ball team takes two

By Andre Remus
Castleton Spartan

Three games in two days was no problem for the Castleton women's volleyball team this past weekend. They beat Green Mountain College 3-1 on Sept. 27, and the next day they beat University of Massachusetts Maritime twice in a double header. Both of the wins against Mass. Maritime were 3-0 shutouts.

Against Green Mountain, the lady Spartans won the first two sets with ease. They lost a hard fought third set 27-25. And in the fourth set, Green Mountain stuck with Castleton for the first half of the match. Then Castleton pulled away to win the set 25-13, which gave them the match win.

In their first game against Mass. Maritime on Saturday, the team showed just how dominant it can be. Every game in their match was won by at least 10 points. In the first set they won 25-10 and in the second set they won big with a score of 25-5. And in the third and final set of the match, Castleton won 25-14.

In the second game of the doubleheader against Mass. Maritime they were just as dominant. They came in riding high after the big wins earlier in the day and the momentum carried on. The first set ended with the score 25-9 in favor of the Spartans, and the second set was another blowout, 25-13 in favor of the Spartans. The third set the Spartans won 25-7 and won the match.

After the wins, the team improved to 5-7 on the season. They are about halfway through the season and there is still plenty of time for them to improve their record. They will take their three game winning streak on the road to Green Mountain College, where they will play twice on Oct. 5. Game one will be against Johnson State and game two will be against Lyndon State.

CAMERON MAURER/CASTLETON SPARTAN

Spartan's Spencer Dandurand dribbles past a Husson defender in Sunday's contest.

Spartans cruising at 5-2-2

By Will Stuhler
Castleton Spartan

The men's soccer team hosted two NAC foes this weekend at Spartan Stadium, when they faced off against Maine Maritime and Husson.

On Saturday, they dominated the visiting Mariners of Maine Maritime 5-0 in the first annual Grassroot Soccer fundraiser. The Grassroot program uses soccer to educate, inspire, and mobilize communities to stop the spread of HIV.

The Spartans' first goal came in the 33rd minute off a corner. The ball soared over the middle to Owen Fellows. Fellows passed back to Drazen Smith, who blasted the ball into the back of the net.

The next goal came right after, in the 35th minute. Spencer Dandurand crossed the ball into the Mariners' box where Fellows was able to get a fantastic header goal.

"That was awesome. I really just swung it in there to cause problems for the other team," said Dandurand. "It was just a great header."

Fellows also commented on his spectacular play.

"I was a ways away from the play and I saw that spencer was going to be able to get a cross into the box so I just tried to make a hard run in and bypassed the first guy at the near post and tried to get around the defender in front of me," he said. "I barely touched it but I was able to get it on target."

With great momentum the Spartans were able put two more in before halftime. Justin Hepburn had a great assist to Yosef Osheyack who was able to finish with ease in the 42nd minute.

"It felt good to finish the half strong and end it with four quick goals," said Captain John Kendall, who also scored.

Just a minute after Osheyack's goal, Kendall took a spectacular shot outside the eighteen to put the Spartans up 4-0 in the first half.

"Getting those goals in the first half is more than I could've asked for," Dandurand said. "It helped calm us down and get the win."

The final goal came early in the second half in the 56th minute. Fellows crossed the ball low into the Mariners' box åFellows finished the day with a goal and two assists.

"I feel ecstatic I could come out and perform like that for the people," he said.

Head Coach John O'Connor was happy with the outcome of the game, but didn't expect this.

"It was a bit of a surprise to be honest," he said. "I didn't think it was going to be, I don't want to say easy, because they're a good team. They just beat Thomas, who was a preseason pick."

The Spartans also played Husson on Sunday and drew a 1-1 tie with the visitors. Drazen Smith notched the only goal for Castleton and goalkeeper Nate Koenemann finished the day with four saves.

The Spartans move to a 5-2-2 overall record on the season and will host Green Mountain on Friday at 7 p.m.

Football team continues to struggle

By Deven Savage
Castleton Spartan

The Castleton football team is fresh off of two tough losses to RPI and Endicott. The offense has struggled to put points on the board. In their latest game against RPI, the Spartans had a total of just 77 yards going into the final quarter. RPI's defense capitalized on almost every Spartan mistake.

Castleton had little choice on how to generate some offense because they could not go anywhere on the ground. RPI's defense pummeled them to -45 yards rushing going into the fourth quarter.

The Spartan offense struggled to get anything going until they finally sparked in the final 15 minutes, gaining almost 200 yards. In the final minutes of the game, Castleton managed to put together a solid 70-yard drive topped off with a one-yard run into the end zone by Michael Toczko. The Spartans opted for the two point conversion. Freshman quarterback Tyler Higley hit Soren Pelz-Walsh in the back of the end zone for the conversion. The Spartans' offense still came up short, losing 23-8.

Walsh is one of several promising freshmen on the roster and was named the ECFC Rookie of the Week for his performance in the game.

The week before, the Spartans faced Endicott at Spartan Stadium. Castleton struck first and had the lead for the first 15 minutes of the game, but was unable to score again.

Junior Kevin Alberque was Tyler Higley's favorite receiver on the day. Alberque had eight catches for 152 yards. The junior tallied 148 special team yards for a total of 300 all-purpose yards, setting the third highest total in the team's history.

Endicott was too much and Castleton fell 43-7. The Spartans will face Husson on Oct. 5 for the first ECFC match of the season.

Sports Talk
with Evan Michaud

In a time filled with off the field issues, our Castleton sports teams have not let it affect their play. In men's soccer, after a tough away loss to New England College, the friendly confines of Spartan Stadium helped the guys score 10 goals in the following two games; both wins.

On the women's side, three straight wins had the lady Spartans at 2-0 in conference play heading into last weekend's games. In field hockey, lead by NAC player of the week, Rachel Preusser, the ladies entered this past weekend sitting tied atop the conference with three Maine rivals.

The men's cross country team has already won two meets this year, and the women have come up just short three times already.

Moving onto the professional sports world last week the greatest closer in baseball history, Mariano Rivera, pitched his last game in Yankee Stadium. The 19-year career of "Mo" has finally come to a close, but his legacy will live forever. The legendary cutter he threw past hitter after hitter will never be duplicated, nor will his record of 652 regular season saves ever be topped.

He turned the last inning of every game, where so many others struggle, into a cakewalk. But that is not the reason he received a war hero's sendoff at the stadium last Wednesday. Rivera is the consummate professional. Both on and off the field, he is adored by all. Even those who support Yankee rivals had to stand and applaud the great Rivera, even if they don't like to admit it.

In his last appearance, he was taken out of the game by two first class Yankees: Andy Pettitte and the captain, Derek Jeter. Mo embraced Andy and the tears began to flow. There wasn't a dry eye in the house. Even rewatching the video I still begin to tear up and get chills.

For the Yankees, it is the end of an era. Pettitte is also retiring this year and after the retirement of former catcher Jorge Posada two years ago, the dynasties in the late 90's are now just memories.

Unfortunately, the Yanks will be missing the playoffs for only the second time in Rivera's career. Boston, Detroit and Oakland won their respective American League divisions, while Atlanta, St. Louis and Los Angeles took care of business in the National League. My pick to win it all is the Dodgers. They have the best pitcher in Clayton Kershaw and exciting offensive players in Hanley Ramirez and the youthful, exuberant Yasiel Puig.

The NFL is already a quarter of the way through its regular season and there are storylines for days. There seems to be a changing of the guard at the top of the standings. Storied franchises like the New York Giants and Pittsburgh Steelers have started terribly, while the up and coming Seattle Seahawks, as well as the Denver Broncos look to be on a collision course for the Super Bowl in February.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday October 23, 2013 | CastletonSpartan.com | Castleton, Vermont

Skunks invade

By Sarah Clark
Castleton Spartan

The potent smell of skunk has been drifting around campus this year for a whole new reason. Of course many Castleton State College students are still rather fond of their wacky tobaccy, but that skunk like odor these days is coming from what appears to be a campus-wide infestation of the black and white critters.

From the doors of Huden to the Spartan athletic fields during nighttime practices, skunks have been terrorizing campus and leaving their foul smell littering the area.

So while CSC party goers are wobbling their way to and from late night parties, these poor sighted critters are lounging around Huden nibbling on fallen apples and food thrown on the ground.

But it's not just campus.

The two apartment complexes known as "Whites," have been a yearly target for the skunks. Several tenants have talked about problems including being sprayed and having their garbage trashed.

"I never saw one, but we would put our trash out back on our patio and the next day or even hours later it would be ripped apart and trash would be everywhere," said Mariah Lesure.

But some say the skunks are nothing new. Angelica Mazzola recounted a run-in with the skunk she had last year.

"I had just showered and I went to leave the apartment at nighttime. I opened the door and heard something moving around and I looked down and saw this white albino skunk going through our trash bags that we left outside the door. So I screamed and slammed the door, but it had already sprayed my leg," Mazzola said.

Although Jeff Kurto, General Manager of Castleton's Sodexo, debunked rumors of skunk traps behind Huden, and few employees have spotted any due to their lack of late night activities on campus, students are still continuing to see them. On most occasions the skunks can be seen orbiting around the gazebo.

"I was walking between Morrill and Wheeler Hall and some random person yelled for us to watch out for the skunk that was nearby. When we finally saw it, the skunk was heading toward Huden," said sophomore Kaity Crosby, who was accompanied by junior Emmy Hescock that night.

As CSC's women's lacrosse fall ball came to an end, one of Castleton's furry little friends made an appearance walking along the fence of the turf late at night. Team members were sporting their Halloween costumes, but thankfully they did not end up sporting the harsh smell of skunk.

Social work profs, students change lives

By JenniLee Mark
Castleton Spartan

It's the 1970s and Lillian Jackson is walking down Dwight Street in Boston's impoverished south end. She hears 12-year-old Alan, an abused child living with a drunk, calling her name from a window. He's drinking out of a beer in a paper bag while waving to her. She looks up, smiles and responds with "One day I'm going to get you, Alan." He responds "no you're not."

Eventually, she did get him and he became one of the 6,000 teenagers she helped in the first Boston runaway home. Teens would come from all over the country to escape drugs, abuse, neglect, gangs and to avoid detention centers.

Lillian Jackson is a professor of social work at Castleton State College. After working in the field for 31 years, she took her current position and teaches courses including social welfare policy and social work practice.

The social work profession deals with heavy issues day in and day out. It is emotionally stressful and mentally taxing, she said.

"In social work, our client is not just the person sitting in front of you," she said. "It's their community and the entire country - all the policies."

Social work requires lots of schoolwork and on the job training. Not only do these professionals need to know about personal issues, they must know about government policy and be ready to deal with anything thrown their way. Field experience and applying what is learned in the classroom is what prepares them.

"You can't be prepared at school until you actually do it," said Amanda Brophy, a recent graduate of Castleton's social work program. "Knowing what to say and how to react is difficult and I didn't feel fully prepared. I did in my school work, but not in-field experience."

Luther Brown, also a social work professor, knows all about not being fully ready to deal with the curve balls clients throw his way.

Years ago, he made a house call to a schizophrenic client. As he began to speak with her, he sensed her agitation toward his questions. She left the room and came back with a kitchen knife ranting at him. As he sat there, he could think of only one thing to do: talk about the client's baby lying in the crib to calm her down.

Professor Lillian Jackson speaks with homeless youth at a Boston runaway house in the 1970s.

Continued on page 6

EMMA RUDNICK/CASTLETON SPARTAN

Runners get blasted with color in the 5k Color Run for cross-country team member Caitlin Ryan, who has cystic fibrosis.

Coloring homecoming

By Martina Marchese
Castleton Spartan

It's that time of year again – the time when campus is packed with students, families, alumni and community members enjoying the festivities of Homecoming-Family Weekend.

The Phi Eta Sigma Honor Society Induction Ceremony, Black Box Theatre production and Spidey Mentalist magician kicked off the weekend on Friday.

Parents started arriving for festivities, but many just waited the anticipation of Saturday's events and football game.

Saturday morning saw carloads of people filling the lots all over campus for a day of friends, family, beer and football.

"My son is on the soccer team, but we're also here to see Jay Morgan, Tyler Combs and D.J. Keough on the football team," said Roger Dandurand with beer in hand.

People flooded Spartan Stadium, inside and out.

The smell of Roxie's fries filled the air and the cheering of the crowds echoed off the surrounding buildings. Alumni sat around neatly manicured tables under the pavilion while the Chili Cook-off went on around them.

"We came here for the chili cook-off because the college invited us," said Lehavah Kramer of Rutland's Yellow Deli. "We aren't so much interested in winning, just wanted people to know about our restaurant."

Different clubs had booths set up in front of the stadium. A dunk tank sat at the far end of the parking lot and cow plop bingo was all set to go, just waiting on the cow.

People had many different reasons for making their way to Castleton this weekend.

"My nephew plays on the football team," said Donna McGlame, adding that she came a few days earlier from Boston.

Robert Devost, father of senior Erin Devost, said he came down from near Burlington to see her.

On Sunday morning, people gathered next to Glenbrook bright and early to participate in the 5k Color Run in support of Caitlin Ryan, a cross-country team member with cystic fibrosis.

The event consisted of a run through the cross country trails where students were blasted with colors at different check points.

After wandering into the woods in clean white t-shirts, students came out covered in shades of blue, purple, green and pink.

Participation spiked due to the run not being a competitive race.

"It was better than the color vibe run. There was so much color and with it being non-competitive it is more fun with friends," Ashley Breen said.

Author details Vt. murder

EMMA RUDNICK/CASTLETON SPARTAN

Reporter Joyce Marcel, right, chats with professors after her Tuesday talk.

By Molly DeMellier
Castleton Spartan

It was a story buried as deep as Michael Martin himself. Stifled beneath two years of silence, a million dollar beer and wine department, court records, a .380 semi-automatic handgun, a hearse, and a 17-year prison sentence lay the truth.

On Oct. 15 Castleton's Business Administration and Communication departments hosted an event with award-winning journalist and columnist Joyce Marcel to share her experience of writing "Visions, Values, and Tragedy" her feature story about the Brattleboro Co-op murder.

Marcel said after six months of reporting and writing, the story was published in the independent, nonprofit newspaper, The Commons, and sought to unveil the truth behind what really went wrong in the Co-op.

"We held our breath and put it into print July 17 and waited for the bomb to drop," she said.

But the explosion never came. Instead hundreds of people commended her on her work and thanked her for shedding light onto what brought Richard Gagnon to snap that Tuesday in August and put a bullet in the back of the head his boss, Michael Martin.

Marcel said at first she was afraid to contact Gagnon and even left the envelope of his letters from a Kentucky prison unopened on the corner of her desk for a few days before diving in. The 50 pages of hand-written letters and phone calls revealed that the murder was the breaking point after years of built-up tensions in the work place.

"I've never said a word to Richard, except those phone calls. I just like the wine," she said. "But I know Michael Martin was a bully."

In the months of investigating, Co-op employees came forward and spoke of Gagnon's plight leading up to the murder.

"At times I felt like a psychotherapist. I kept a box of tissues on my desk," she said.

Both Gagnon and his wife, Meg McCarthy, revealed that murder was not

Continued on page 6

Stickin' together

From the purple ribbons tied around trees all over campus to the 'Pink the Rink' hockey games each season, Castleton students take pride in supporting world causes and raising awareness.

On Sunday, the Castleton cross country sponsored a 5k color run to raise awareness and support the Cystic Fibrosis Foundation in honor of teammate, Caitlin Ryan.

Ryan's condition isn't pressing at the moment, but the fund will be available should she need something in the future because she will always be a member of the Castleton family.

"We're not a traditional team because we compete individually but we keep a strong bond and care about each-other a lot," team member Casey Armstrong said. "We are really proud to be supporting her through this cause."

This homecoming event took place on campus and all proceeds go to the foundation.

But the efforts of CSC students don't stop in Castleton.

When Hurricane Sandy wiped out the Jersey Shore students gathered together, hopped on a bus and went down there to help and rebuild.

When Irene battered Vermont, they helped clean mud and debris from devastated Rutland homes.

All of these examples show Castleton's nature and concern for things happening in the world around us. Even though we may be located in a small town barely on a map, we reach our hands and help whenever and wherever we can.

Each person on this campus comes from a different place, a different family, a different life with different hardships, different memories and different experiences. But by getting involved in a number of causes, we come together to support the entire region.

For the two volleyball games this Sunday, for instance, the team supported and raisied awareness for breast cancer by wearing pink and selling pink items.

Even if the cause isn't in honor of someone specific, people come out to support us for supporting the cause. You never know what people may have faced in their lives or been affected by and Castleton offers many opportunities to get involved in different causes.

Once a Spartan, always a Spartan.

We stick together for the school, for the community and for the world.

-Martina Marchese

Was govt. shutdown needed?

The media exploitation of the recent federal government shutdown has brought Americans from the Pacific to the Atlantic to question the abilities of our members of Congress. Many argue that shutting down the government was an irresponsible and rash action; but perhaps it was the only option. The government shutdown is a reflection of the way our government is intended to operate when divided on issues.

With the birth of our nation the Founding Fathers created three separate branches of government to instill a system of checks and balances with the intent that no branch would ever become more powerful than another.

Congress, as a part of the legislative branch, not only is responsible for writing the laws, but also for making them on behalf of their constituents. As elected officials they represent the masses and must consider their states when voting and enacting laws.

As citizens, we elect these officials because we believe they will act with our best interests in mind. In the case of the government shutdown, enough of these representatives did not find the proposed budget and Obamacare to be in the best interest of their people, and therefore did not approve the budget. In accordance with checks and balances, the 16-day shutdown ensured the executive branch, the President, from being too powerful.

In a discussion of the topic in Professor Rich Clark's Congress and the Presidency class, the students, much like the nation, were split on the issue. However, the purpose of our government is not to entirely dominate the nation or to simply pass legislature to avoid controversy. The purpose of our government is to most accurately represent the best interests of the people through separated powers.

The reopening of the government and compromise to raise the debt ceiling in the early morning hours of Oct. 17 ensured the return to work for hundreds of thousands of Americans. Congress was able to buy more time to find appropriate compromises that will better the majority of the American people. Though the current economic and social climate of the nation is not at an ideal state, it is perhaps the only option available in order for our government to operate as our Founding Fathers intended.

-Molly DeMellier

Fresh Perspective

Back from break, already? It seems like we were all just building up to this anticipation of getting to go home and seeing our family and friends. Ten days seemed like two. It was great to just lounge around, and have no agenda and be able to let our minds relax after a very tough adjustment period.

But really, coming back to "The Castle" was a big wake up call for most. After 10 days of relaxation, we were all shoved back into a very rigorous schedule with a lot of work thrown at us as soon as we returned. There were midterms, busy sports schedules, big presentations due, and stress is at an all time high. Also, we have to start thinking about registration that's just a few weeks away.

After we just get settled into our schedules, we have to start thinking about new ones. All of this is very overwhelming, but I'm your alarm telling you to wake up from the dream state of break, and get back into the swing of things!

Midterms for freshmen are actually very scary concepts. We have no idea what to expect, and studying for something that counts for a majority of our grade is not something we're used to.

My advice: get a large group of people together from your class, and start studying every night that you possibly can. And most importantly, don't stress too much. Stay focused, stay motivated, and know that all of the late nights and hard work are going to pay off when you see an A+ on the top of your test in the next couple weeks.

Registration can be extremely stressful too. Since we're all new to this, it can be hard for us to know exactly what classes we should be taking, and how to work our classes into our already cemented schedules. Let's face it, we all have certain times of the day that we nap and want down time before class. But as college freshmen, we always have to be looking into the future.

So our next plan of action is to sit down and figure out how we want to be spending our time academically next semester. If any problems arise, there are always advisors who are more than happy to help with anything. The great thing about Castleton, there are always friendly faces around who are dying to answer any questions that us eager freshmen have.

What I'm really trying to say is that we have to keep our spirits up. Once the school work gets hard, a lot of us tend to want to just give up. We stop doing homework because we think "Oh, it's just one grade. It won't hurt my GPA."

Actually, in the long run, it can. But we always have something to look forward too. Whether it's the feeling of accomplishment after that big project is done or knowing that after this hard work week we have the whole weekend to sleep and just have a really great time, carefree.

Stay motivated! There's always something that will get us through the week. Don't get into a funk. It's extremely hard to get out of.

-Meghan Fellows

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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LETTERS TO THE EDITOR:

Castleton Community,

As a Soundings instructor and local resident of Castleton, I would like to draw attention to the most respectful and courteous behavior I witnessed on Oct. 3, 2013 during the presentation of Heads versus Feds.

The event drew a full house to The Casella Fine Arts Center. The discussion topic between the two paragons of their respective fields was to say the least, provocative. The intensity and attentiveness of the audience was palpable.

It was a true model of reciprocity between presenters and their listeners. There definitely was learning going on, while a considerably heated debate gave cause to followers of each position to become loudmouthed and quarrelsome. This NEVER occurred. It was a perfect example of young adults demonstrating their maturity.

I am proud to be a part of this Local and SPARTAN collegiate community and look forward to hosting and attending further events with this community.

Robert Wuagneux

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LOCKOUTS - JUMP STARTS - FLAT TIRES

Commuters missing out on college experience?

By Rikki Cloutier
Spartan Contributor

A popular stereotype at Castleton State College is that commuter students miss out on the college experience of sporting events, clubs, comedy nights, parties, dorm life and the many other aspects of the social life on-campus students enjoy.

Some commuters say it's true, but others say it shouldn't be used to categorize CSC commuters in general.

"I just come here, go to class and go home, I don't do anything extra," said Brittany Nolan, a senior who commutes 45 minutes each way for many different reasons, but primarily because it's cheaper.

"You save money. I was able to keep a job I already had at home instead of having to find a new one," Nolan said.

But Nolan is just one out of hundreds of CSC students who commute from various distances, and some choose to embrace the non-academic side of campus as well as the academic.

Junior Kaylee Pratt commutes from Hampton, N.Y., but is still finding time to immerse herself in more of what the college has to offer than just classes, including starting on the volleyball team.

"Overall my experience at Castleton, I believe, is very similar to those students who live in the dorms. Being that I do have a lot of friends on campus as being involved in clubs and volleyball, I am almost always at the college," Pratt said.

Senior Michaela Harrington, also seems to have found balance.

"Of course there are pros and cons of commuting, but I still get to enjoy campus activities offered. I participate in flag football currently," Harrington said.

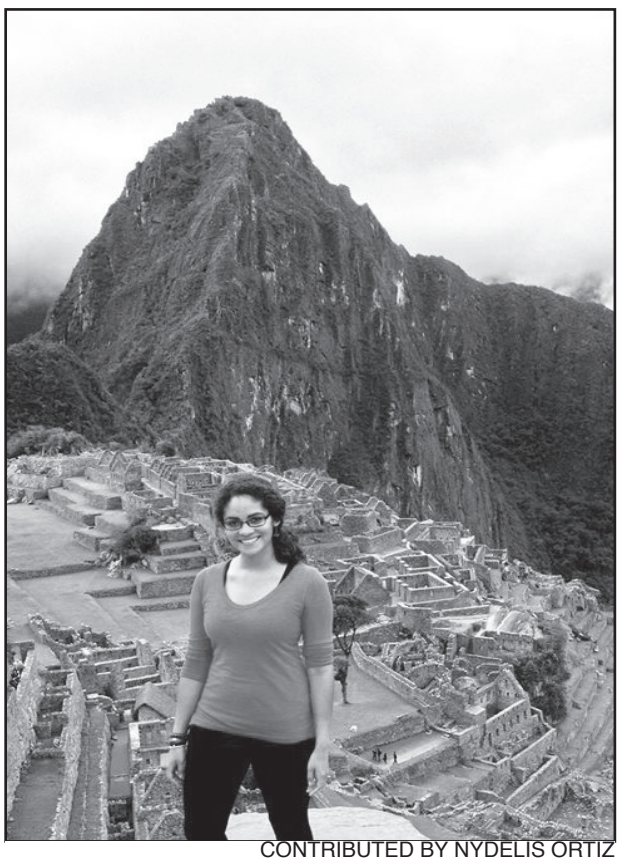
Melinda Mills, a women's and gender studies professor at CSC, said lives of commuters students can be just as rewarding an exas those students who reside in the dorms.

"The way that living further away is almost counterintuitive, you end up making different kinds of connections than on-campus students might." Mills said.

"One possibility is that students who come from other communities might feel anchored, so they might bring different perspective to the Castleton campus."

RIKKI CLOUTIER

CONTRIBUTED BY NYDELIS ORTIZ
Ortiz poses with a Peruvian artisan and her daughter among her embroideries.


CONTRIBUTED BY NYDELIS ORTIZ
Nydelis Ortiz visits Machu Picchu while in Peru.

Peace Corps takes alum to Peru

By Martina Marchese
Castleton Spartan

From being crowned Miss Vermont USA in 2010 to joining the Peace Corps and being sent to a poverty-stricken area of Peru, Castleton alumnus Nydelis Ortiz says there is nothing she would trade for this experience.

For security purposes, the Peace Corps prefers not to disclose the exact location of its volunteers, but Ortiz was willing to share that the area she resides in is on the coast of Northern Peru near Trujilla, the third largest Peruvian city.

After interning with the Department of Homeland Security for her last two years in college, Ortiz was offered a job as an accounting technician and translator; putting her two degrees in Spanish language and literature and Spanish for business to good work.

The Peace Corps experience was brought to her attention during middle school when her cousin's girlfriend returned from volunteering in the Dominican Republic. After hearing her stories, Ortiz knew what she had to do.

"I started applying for the Peace Corps in 2011 and in June 2012 I was in Peru," Ortiz said.

Ortiz described the application process as long and mysterious because they don't tell you where you will be sent.

"Not knowing adds to the excitement of it though," she said, adding that in April of that year she received an invitation to serve as a community economic development volunteer in Peru.

She said her tasks include financial management, small business advising and youth entrepreneurship.

A woman in Peru familiar with Ortiz's work wrote a letter to this reporter in Spanish saying that she has drastically changed things for the women in the village. They are now able to connect with contacts abroad and promote their cultural craft work.

"Nydelis has been killing it here in Peru. She has been working with an artisan group in a nearby annex trying to help them grow and expand," Teddy Shiver, a fellow Peace Corps volunteer in Peru said. "Also, she lives right next to me, so it's been cool to be able to shoot the breeze in English or vent my problems whenever I see fit."

Ortiz lives with a host family selected by the Peace Corps. The host mother is a 39-year-old single parent, the son is 16, and the 21-year-old daughter, her husband and child live with them.

The daughter of the host family decided to name their baby girl after Nydelis.

"My mom was flattered because she made up my name, so I guess it's gonna live on for a little bit," Ortiz said.

Volunteers get vacation days and Ortiz says she takes full advantage of them to visit all the sites including Cajamarca, Tarapota and Puerto Malabrigo, which has the longest left-breaking wave in the world. Ortiz said she waited for her mom to come visit before she made her way to Machu Picchu.

With all the good however, comes the not-so-good.

Upon coming to Peru, Ortiz had to get a series of shots including the one for Yellow Fever. The Bubonic Plague, a disease spread predominantly by fleas, is a serious health issue in Peru. Most infected persons die within four days.

Ortiz said the volunteers often get sick a lot because of the food and undrinkable water. Hygiene is another problem.

"I try to bucket bathe at least twice a week. I don't have running water," said Ortiz. "I just made it sound kind of terrible, but it's really not. People have an amazing ability to adapt to different environments."

Ortiz says she doesn't really worry about getting sick because the Peace Corps medical staff is fantastic. She said she's experiencing all of the pleasures and hardships of living in a foreign country, and wouldn't change a thing.

Website to change

By Megan Moore
Spartan Contributor

A new college website is set to launch for Castleton State College in midsummer 2014, according to Katye Munger, the schools director of digital media.

The first website for the college was created in 1995. In 2003 there were many big changes before another redesign in 2009, according to Munger, who is spearheading the effort.

"I think that the biggest difference between the old site and the new site will be … everything!" Munger said in an email.

The website currently has all of its information using HTML, which she said is a very time consuming process. When the website is updated, it will look the same on a mobile phone and on different sized screens.

Dave Wolk, the president of the college, can't wait for the new site.

"I am very excited about developing a modern, user friendly, interactive website that will be much more attractive to our students, prospective students and friends of the college," he said.

The college is partnering on the website with Fastspot, a company out of Baltimore, Md.

Alicia Park, a junior with a business concentration in accounting, did not know that the website was getting updated. But after hearing about the new changes going into the website she said, "that sounds great, I can't wait to see it."

There are many steps that go into making a website. Fastspot has just finished the information architecture step. This step is like a map to navigate around the website. The next step is the design phase, where they determine what the website will look like. The process concludes with production and development of the website along with final testing.

"I don't know yet what it will look like, as we are not to the design phase yet, but it will be snazzy!" Munger said in an email.

The website will have social media integrations and will be much faster and cleaner. This also means that many more departments around the collage will be able control and update their own information, Munger said.

Cleanin' up Castleton

By Andrew Cremins
Castleton Spartan

Beer cans, broken glass bottles, and a half eaten grease covered slice of pepperoni pizza are what you might find on the lawns of Castleton residents' homes after a weekend of "extracurricular activities".

Residents of the town say they do not find these attractions too desirable and it has actually caused tension between the students and community members living outside the college.

In attempts to create community sustainability as well as mend some tension between students and members living outside the college Castleton's Chemistry professor Andrew Vermilyea and Assistant Dean for Campus Life Victoria Angis established the "Adopt A Street" program through First-Year-Seminar.

"I think it's a good idea because college kids make such a mess from parties," said FYS leader Allie Dwinell.

Out of the 20 groups comprising FYS, four were selected at random. The FYS leaders, who are also students, were in charge of taking their individual groups around the town to assigned streets where they picked up any trash along the road or on lawns.

"Castleton isn't always seen in the best eye of the community, so it's good to give back" said senior FYS leader Josh Fosgate.

To engage more with the community they also went door-to-door asking residents if there was any work that they could help them with. Students would also leave them contact information in their mailboxes in case they weren't home or had work the students could later on do.

Aug. 24 was the first trial run in which students said they enjoyed it but claimed there wasn't much trash to pick up. The second and final attempt of the semester will be sometime in Nov.

CONTRIBUTED BY ANDY VERMILYEA
Students and facuty pick up Casteton trash.

"Wasn't much to pick up, but was still cool," said freshman Isaiah Pearson.

Though they didn't have much work to do the students involved had no complaints.

"They liked it better than going around the school getting all the recycling," said Dwinell.

The future of the program could continue to grow. However, there are some obstacles they must overcome, including developing a relationship and communication lines with the town, Vermilyea said.

Students search campus for Sparty doll for prizes

Josh Budzinski poses with a Sparty bobblehead.

By Sarah Clark
Castleton Spartan

Move out of the way "Where's Waldo?" and make room for Castleton State College's "Where's Sparty?" CSC prepared for the 2013 Homecoming and Family Weekend by creating a campus wide scavenger hunt. Each day consisted of lucky hunters winning a CSC themed prize or reward.

From Oct. 14 to Oct. 18, CSC's Facebook, Twitter and Instagram had clues posted about where the Sparty bobble heads had been hidden. From the library to Spartan monument, no location has been safe from Sparty the bobble head or those on the hunt for him.

"We all thought it would be a great way to get pumped up for homecoming," said Homecoming Committee member and College Advancement Office intern Martina Marchese. By using the social media outlets more students were reached, and the result was very promising.

"Students have found Sparty within three to five minutes. This morning someone was seen sprinting to find the bobble head," said Courtney Parker, another member of the Homecoming Committee. "Everyone thinks it went really well. Lots of social buzz and free prizes."

Pursuers were given a riddle and a photo of Sparty in its new daily location, but those few details didn't stop students from hunting down their prey. The winners were Kelsey Thompson, Jaren Carpenter, Colleen Kunz, Brendan Curtis and Joosh Budzinski.

"It wasn't hard. It was interesting how no one pays attention to it. Like when I walked in the Coffee Cottage there was tons of people and they were clueless of the Sparty standing there. Then I went to claim my prize and it was exciting," said Kunz, the winner of a Spartan water bottle.

Although many did not participate in the hunt, several were at least were aware of what was going on.

"I only heard people talking about it through Facebook. Why not give people something to do and create some school spirit," said senior Ali Spencer.

Students learn by 'living' the other side

MIKE PLAISANCE/CASTLETON SPARTAN

Students line up to get assignments as part of the Poverty Simulation Soundings event.

By Meghan Fellows
Castleton Spartan

Here's the scenario: Your family is stricken with poverty, working minimal jobs and trying to pay rent while sending the kids to school and paying for child care. Not only do all of these expenses pile up, but you have your health to worry about and the well-being of everyone else around you.

On Oct. 16, everything was put into perspective for students and faculty who attended the Poverty Simulation in the pavilion. Everyone entered, not knowing what to expect. Participants were split into different "families" and given different roles to portray throughout the hour.

Participants were told they would be living four 15-minute weeks. They would have to live and take care of themselves based on the income they earn and the circumstances that were thrown at them. The whistle blew, and the week started.

The whole pavilion exploded with confusion and anxiety. Families got together and tried to plan out their weekly spending and tackle their responsibilities. Parents went to work and children went to school. But as the weeks went on, new issues put families in danger of losing their houses or not being able to drive their cars to get to work to obtain the money they need.

Frustration hung in the air as the weeks went on. Some families had to pawn personal possessions and turn off their phone to pay for food for the week and to keep a roof over their heads.

As the weeks came to an end, some had resorted to breaking the law to pay their bills. Stealing and selling drugs became somewhat of the norm around the poverty-ridden town, which sent some family members to jail. Other families just gave up and were left sitting in their houses or living on the streets because of eviction.

Even with the help of the government and food stamps and child care, families were failing. It illustrated that even with welfare and assistance, it's just not enough to survive on.

The simulation ends and a discussion breaks out about how everyone had been affected differently. And the word perspective was used a lot in conversation with the members of the different families. People said that they had never had to think about money in such a big way and it seemed at the end, giving up was the best option.

But for the actual families in poverty in the United States, giving up is not an option. They have the lives of young children resting on their shoulders at all times. And even at their worst points, these families have to stick together, usually meaning that parents have to take on second or third jobs to make sure that their families are cared for. Participants said they were filled with stress, anxiety and confusion by the simulation.

As most of the participants began to settle from the hour and the simulation started to close down, a very calming feeling hovered over everyone. It seemed as though everyone was lost in their own thoughts, thinking about their futures and how they could avoid this style of living. They seemed to be left with the realization that poverty can happen to anyone, especially with the way the economy fluctuates each year.

This Soundings event was more than just getting credit for a class. It helped people think and feel the weight of the world on their shoulders for just one hour. Which seemed to be long enough for some.

BEN CARSTENS/CASTLETON SPARTAN

Castleton students and professors studying in Santa Fe take a break near an ancient Riber House along the San Juan River.

A magestic place

By Callie Ginter
Castleton Spartan

I wiped the water from my eyes. The blisters on my hands hurt more and more every time I gripped my paddle tighter. My boots were filling up with water with every splash. I was wet, cold, thrilled, and in love with the San Juan River.

Our Castleton group of 22 spent four days and three nights on the San Juan River, which ran through the understatement state of Utah. Each day was filled with a new adventure, a new lesson and a new experience.

The first day on the San Juan was welcoming. Sitting on the river for the first time and taking in the moment was powerful. The river was high and moving at a steady pace. Our group headed down the river, some in rafts, some in individual "duckies." I shared a duckie with a fellow student, Charlotte Malaroche.

"This doesn't feel real ... it is so beautiful. We are so fortunate to be here," Malaroche said.

I simply smiled with agreement. I was breathless.

As students paddled down the river, we passed wild ponies, blue herons and long-horned mountain goats. Suddenly, Malaroche got a bit nervous.

"What is that?" she asked.

I looked to the head of the raft where there was a large black spider. We did not think much of it, just a spider.

"Just make sure it isn't shaped like a hour glass," said Charlie, the river guide. We looked; it was the shape of an hour glass. We suddenly realized it was a Black Widow spider, a very poisonous, dangerous spider. We carefully scurried to get the spider out of the raft, without tipping it. We knew we were in for more surprises.

When we arrived to camp, the students set up and took an adventure to River House, an old Ancestral Pueblo ruin. We were able to get so close to the ruin that some people even ventured inside. There were petro glyphs and graineries within the ancient ruin. I decided to venture up into the ancient house. In there, I met two social anthropologists. They told me about the river, and explained that it is their tradition to visit the San Juan every year.

"It is a beautiful, magical place," explained the 26-year-old man. "You kids are very fortunate to be here." I smiled with absolute agreement.

By evening, the sky was glowing with stars. It seemed as if it was painted. It looked unreal. Some students decided a tent would be unnecessary; it would hide the beautiful view. We camped without a tent that night, simply gazing at the sky, and appreciating where we were in the moment.

The second day of rafting was more challenging. White water currents were around every turn, soaking our clothes. The students learned how to scout a river, which basically means how to read a river. It took all of our attention and focus to make it down the white water safely without hitting rocks or tipping the raft.

BEN CARSTENS/CASTLETON SPARTAN

The rafts sit idle as the sun sets on the San Juan River.

In the evening, Teresa, the head river guide, shared the upcoming weather news to us; a storm was headed our way. "I am fairly certain there is a doozy coming."

That night was a picture perfect night. The crescent moon was glistening off the river and stars lit up the sky. Students sat by themselves, recognizing the moment.

"It's really something, isn't it?" asked fellow student Benj Spound. "It sure is," was all I could manage to say back. The night had put a spell on us, and we never wanted to leave the captivating river.

In the morning we were woken by a tent ready to take flight.

"Oh my god, I am not getting out!" explained Morgan Vancore. We eventually opened the tent, and set off for the last day on the river.

It was a windy day, making paddling a job rather than a leisurely gesture. We fought against the wind, arms constantly digging the paddles into the river.

"Look out for Mexican Hat," explained a river guide, "it is near the landing area."

As we paddled for a few miles, we finally came upon Mexican Hat. At that moment, it seemed as if everybody stopped paddling and looked around.

Beautiful is an understatement for the San Juan River. Fun is a pathetic word to even try to describe our trip. Appreciation is a word that is never used enough, but was used frequently on this trip. Every single student and teacher walked onto land, and away from the San Juan River feeling inspired by natural beauty and more than thankful for the San Juan experience.

Cooking-off at the Castle...

KATIE SAULT/ CASTLETON SPARTAN

Erin Devost samples chili from The Yellow Deli during The Chili Cook-Off at Homecoming.

By Bryanna Allen-Rickstad
Castleton Spartan

The morning air has the crisp, tight feeling of fall. A light fog still clings to the ground. The pavilion rises up, like a great white ship. Then there is a smell, subtle at first, but increasingly more pungent; spices, slow-cooked meat and a touch of garlic.

It's Saturday, Oct. 19 at the first annual Castleton State College Chili Cook-Off, and tables are topped with crock pots, lined up like a sturdy city.

The new event as part of homecoming attracted chefs and eaters alike, resulting in a bustling crowd sampling almost a dozen different types of chili from local restaurants.

"We wanted a fun way to introduce students and parents to the area," said Vy Swenson, director of Alumni and Parent Relations. Swenson is skittering around, almost in tune with a live band playing, fixing this and adjusting that, having her hands full with the coordination of the event.

But she's loving every minute of it.

"This is a great way to bring the community together and let them get a sample of our local restaurants and products," said Swenson, snacking on a piping hot bowl of chili.

The chili was to be judged by seven celebrities, including President Dave Wolk, several students and professors.

Spanish Professor Ana Alexander was one of the lucky samplers.

"My husband is a chef, so I know food," she laughs. Alexander is no stranger to a chili contest, having been a judge at a similar event in Manchester.

"Some of these recipes are a perfect balance between sweet and spicy," she said.

One man who claims to know chili is David Rogers, owner of the Fishtail Tavern. Rogers entered two chili recipes; a pulled pork and a wild game, containing local moose and venison.

"I've been working on the game chili for a couple of years," Rogers said, rubbing at his eyes due to his lack of sleep from a long night of culinary preparation. "This one starts sweet and ends with heat."

Although Rogers was just one of the confident contestants, it was The Yellow Deli of Rutland that took the title. Not only did their chili have a southern heat and sprinkle of cheese, it came alongside a slice of warm cornbread.

Aaron Kramer, chef of the winning chili, said the recipe originates from Tennessee, but the real secret ingredient is "local products and a lot of care."

To load your plates and stomach with chili all you had to do was show up, and maybe add a small donation. All the proceeds went to The Mentor Connector, a Rutland County organization that pairs children with an adult mentor.

Director of the program, Rebecca Majoya, loved the idea of Castleton contributing to the growing organization, and loved the idea of using a fall-appropriate food to bring people together.

"It's a great way to get people to know more about what we do as a program," said Majoya, surrounded by steaming pots of chili and a small mountain of golden corn muffins. "I'm touched by the help. And the positive energy of all this amazing food and upbeat people reassures me that the community really does care."

CSC to host "Fall Fest"

By Kaylee Pratt
Castleton Spartan

Halloween is very near, which at Castleton means Fall Fest!

Residence Life has been busy organizing events for "Fall Fest," and has several Halloween themed activities for residents and students to get involved with. In the past they have done a "Program Palooza Week," but this year they are making it more of a "Program Palooza Day."

The events will begin on Oct. 30 and continue through to Halloween night.

"Trying to think of what will draw our students out and trying to think of some unique things that we have never shown in the past," said Shaun Williams, area coordinator in Wheeler Hall, when asked about plans for this year.

A "Zombie Run for Your Life," will be set up on campus and lucky survivors will be given T-shirts that say "I survived Castleton's Run for Your Life." Later that night there will be a bonfire going on campus as well.

At 1 p.m. on Halloween, the bigger Fall Fest events will begin in front of Huden including carnival games, blow ups and opportunities to design your own license plate and a splash paint Frisbee.

Later in the evening, from 5-7 p.m., a Halloween contest will be held in Huden with prizes for the best costume. From 6-8 p.m., the famous Quidditch game will take place on the alumni field, and Williams said he hopes the turnout will be as good as last year.

One of the last events of the night will be a "haunted Castleton tour." A route will be set up through residence halls around campus and there will be talk of hauntings and events that have happened in the past at the college.

"We are going to open that up, not just to students, but also to the faculty and staff if they are interested in going," said Williams.

Gettin' jiggy with it

MIKE PLAISANCE/CASTLETON SPARTAN

The Muntu Dance Theater performed their blend of contemporary and traditional African dance styles in Casella Theater.

Magic show entertains Fireside Cafe

ZACH SCHEFFLER/CASTLETON SPARTAN

Bedros "Spidey" Akkelian brings some magic and laughs to Fireside.

By Josh Bassett
Castleton Spartan

There was magic at Fireside Café Friday night as mentalist and magician Bedros "Spidey" Akkelian took to the stage for the 25-30 people who came to his show.

Starting with the classic disappearing and reappearing handkerchief trick, Spidey began his show like many other magicians. He showed how the trick relies on misdirection by actually putting the handkerchief in your other hand when you blow on your hand.

It soon became apparent that this act was far from the usual and he illustrated why he was nominated for 2012 Canadian magician of the year and was a finalist on Canada's Got Talent, which he joked, consisted of only like five people, which got a few laughs from the audience.

His second required a helper from the audience and he picked Castleton student Derek Fallon, who was sitting in the front row.

He had Fallon give him a dollar bill and sign it before ripping off a small part of the corner and saying he was taught the trick at a magic school called Hogwarts, which got a few chuckles out of the audience.

Continuing with the Harry Potter theme, he covered the bill in what he called "magic potion" which was butane and placed the bill in a small brown envelope, all the while the Harry Potter theme song played in the background.

He then used his "magic wand" which was a lighter wand and placed it on and near the envelope.

The crowd got a little tense as Fallon's money became engulfed in flames.

"When the fire is big it means the envelope is burning. When it gets small that means your money is burning," Spidey said.

Once the fire stopped, Spidey offered Fallon a kiwi as consolation if he could not get Fallon's dollar back before joking the kiwi is probably worth five or six dollars in Canada.

Then he did a mentalist trick bringing up another student and having him pick a random number over 20 and below 100.

The number was 73. Spidey guessed it, but not only did he guess it, he made a four-by-four chart with each row equaling 73 diagonally, horizontally, vertically and a few other ways.

That feat inspired a few gasps from the audience as he guessed both the number and even made a chart for the number.

His other tricks involved guessing the first word on a page from the book "Alice in Wonderland," having three students pick up toys and him guess what the toys are and then matching them with a drawing from his childhood.

All throughout his show he always reiterated that all the tricks were fair, no wires, hidden switches, mirrors, nothing.

"Two things make magic work: desire and imagination," said Spidey before bringing up his assistant.

That assistant turned out to be his imaginary friend, Billy, who helped him out with many of his mentalist tricks.

Perhaps the most amusing was when he brought up Tori Derksen from the audience while saying he and Billy used to pick up women in the club by guessing the first three digits of their phone numbers after the area code.

Billy would ring a bell whenever it was the right number for Derksen's phone number.

He began by guessing eight, five, zero, before the bell rang at two. The second digit began with a countdown from nine all the way down to zero where it finally clicked again. For the last digit, he started from one all the way to eight where it clicked again.

Derksen confirmed that was her number.

"It was definitely weird…I don't know exactly how he did it," said Derksen.

Spidey later returned to Fallon's dollar. He took the kiwi from Fallon, which he had Fallon hold on to. He sliced it in half revealing his dollar complete with his name written on the front and the rip in the corner.

Fallon said it was his dollar, and after smelling the dollar it even smell

like kiwi.

"Dude, I knew after he took it, he was going to come back to it," said Fallon.

It's difficult work, but

Continued from page 1

This was the only way he could ease toward the door to escape.

"Our profession is a combination of science and humanism," he said.

Jackson and Brown say social work takes a certain type of person. Both agree empathy is key.

"It's who I am," Jackson said. "You have to get very upset about conditions … You've got to have a passion for this. And you have to vote; you have to be very involved with politics."

Amanda Brophy's mother, Maryann, knows what her daughter does is a great thing, but she can't help but worry.

"Amanda has always wanted to help people, especially kids," she said. "Sometimes she tells me stories about work and what some clients do and I get scared for her. She's so little."

In her two years since graduation, the 5-foot-3 Brophy has worked with mentally ill adults and high school dropout teen moms. Her ways of separating work life from personal life include a life outside work and a support system of family and friends.

Jackson said she gives that advice to all of her students; have someone to talk to, whether it's a colleague or family.

Not all clients' stories are negative though. Brophy talks of how her current job at Springfield Area Parent/Child Center is helping Daniel, an abused foster child. When he came in as a 2-year-old, he would only make grunting noises. As the child of alcoholics, he was put into foster care and is in his third home, where things are beginning to look up.

"He's progressed so much," she said. "Now, only a few months later, he's beginning to talk. He's still skittish about having his diaper changed and loud noises, but he's becoming a more average 2-year-old. We call people like him 'survivors.'"

Social work student, Kristen Kaigle, shares Brophy's passion for social work.

"It's difficult, but it's rewarding to see people change and improve," Kaigle said.

If it wasn't rewarding, people like Jackson and Brown wouldn't have been in the field as long as they have.

It's those like Daniel and Alan who make the demands so worth it for them.

"Alan still stays in touch," Jackson said, pulling out a card from him. The excitement in her expression is evident and timeless.

"Thanks for not giving up on me as a young boy as so many other people did," Alan wrote.

CSC is getting a dome

By Daley Crowley
Spartan Contributor

Castleton State College now has a sports facility that will provide many with a variety of activities in all weather conditions. The bubble-like dome will be located in Rutland next to the Spartan Arena. Installation is planned to be completed next fall.

The dome was originally located at Middlebury College.

"Castleton was aware that Middlebury had plans of constructing a new field house," said Castleton's Dean of Administration Scott Dikeman. "So we inquired about the dome, their plans were to basically just throw it away. It was an opportunity to essentially pick it up for free."

This air-supported structure will include a turf field with a track around the perimeter as well as hard court floors, said Jeffery Weld of the College Relations Office. According to an article by CSC graduate Courtney Parker in the Rutland Herald, "the dome is a 320-foot-long inflated recreation facility that will expand recreation opportunities not only for the college but for the region." This new dome will prove to be beneficial to Castleton students who will use it for intramurals, recreation and varsity sports, school officials said.

"It will also provide opportunities to further Castleton's entrepreneurship through renting space for events and selling memberships," said Weld in an email.

But some worry about the location of the dome being off campus.

"Putting the dome off campus seems like a waste. It would benefit the college so much more on campus and it's pretty much useless to us unless they can provide the necessary transportation," said athletic training student Colleen Jenkins.

Dikeman and Weld said there was no other option to locate the dome and it will actually be beneficial.

There are height restrictions in Castleton not allowing the 47-foot dome, the Spartan Athletic facility is in a flood plain making it difficult to site it there and run-off could be a problem, as would traffic control, they said.

"When you put up a facility like this there is parking requirements and we just don't have the space for additional parking," Dikeman said.

As for getting students to Rutland to use the dome, Dikeman said that'll be solved.

"We'll have to work on ways to transport students back and forth and we are looking at ways to do that right now," he said.

Despite the location issues, the school is excited about the prospect of owning a dome.

"We looked at it as an opportunity" said Dikeman. "It was originally a million dollar facility, and we got it for free."

Marcel: I'm thrilled we did the story

Continued from page 1

his original intent. The weekend before the shooting he clung to the weapon with his mind on another track.

"Suddenly, the gun looked like deliverance," Gagnon said in a letter to Marcel. "All I had wanted to do was to walk away and fire one shot, and it would all be over. My mind balked at the creepy finality of it, but my twisted mind was incapable of reason. It was stuck in one gear, playing one song over and over, suicide."

He did eventually pull the trigger, just with a redirected barrel.

"I was with him for 26 years, and I'd never seen a violent episode or a whiff of violence," McCarthy told Marcel. "What happened was not him."

Throughout the investigation Marcel said she sympathized with McCarthy as the forgotten victim. She watched as McCarthy unwaveringly stood by her husband who she sees just four times a year when she travels to Kentucky to visit him in prison.

Marcel said she often considered her own 24-year marriage during her reporting.

"When I see Meg I think, 'What would I do? Could I still love him?'" she said.

In the end, Marcel said she accomplished what she had been hoped for.

"We were afraid, but we did the right thing," she said speaking of her staff at The Commons.

She took the initiative to dig deep and gave Gagnon and other Co-op employees the opportunity to express that there was far more to the incident than the instant he pulled the trigger.

"This is probably my last shining glory and I'm thrilled we did the story," Marcel said.

A little taste of Peru in Castleton

Cristian Yopla

By Sarah Clark
Castleton Spartan

From living with a family of five, to sharing a suite with seven other men, Cristian Yopla, Castleton State College's new Spanish teaching assistant has experienced it all. The resident of Cajamarca, Peru, now occupies half a room in Haskell Hall.

The United States Department of State Bureau of Educational and Cultural Affairs sponsors a program called Foreign Language Teaching Assistant that is overseen and managed by the Institute of International Education. IIE distributed copies of Yopla's application for a teaching assistant program to a number of universities across the U.S.

The purpose of this program is to spread diversity throughout America as well as provide foreigners such as Yopla, the experiences of a new place and culture.

After Yopla's graduation from the National University of Cajamarca, CSC selected him to become the new Spanish teaching assistant. Although he has not always been fond of English, his private school teacher Susy, inspired him to pursue English in college.

Students can now find Yopla standing at the front of Spanish 1 classes. He feels powerful because Spanish is his main language and it comes natural to him. It's not just the power and authority that drives him, but the love for teaching.

"I think I like all about teaching, except for one thing; the evaluation part. It's really important, it's really necessary. But sometimes also really exhausting, but really mechanical just writing grades and grades," Yopla said with a heavy Peruvian accent.

Colleen Jenkins, a current student of Yopla, was very enthusiastic and positive when discussing him.

"Cristian has been really friendly and easy going. He seems excited to be here," Jenkins said. "He definitely enjoys teaching and is both patient and understanding. As a student who has never taken Spanish before, that's important to me! I'm learning a lot and am looking forward to learning more as the semester continues."

One of the biggest differences between Peru and the United States is the education. It is not necessarily the education in schools, but the education the youth receive at home.

With hands waving in the air and a chuckle, Yopla explains "Everyone here says hello, hi. They look very happy. But this doesn't happen in Peru, where you may say hi or good morning and they may just ignore you. I see a lot of respect in the streets from the car divers. It's a good thing they stop when we are going to cross the street, it's a great thing. It really makes a difference, the education of the Americans."

Yopla continues his education outside of the classroom by mingling in with suittemates and just from being where the students are on campus.

"I really like to be here in Haskell, because it makes me feel close to the students. And I learn from them also," he said.

Students find it intriguing that Yopla mingles with the students outside of the classroom by living with them, something uncommon for professors.

"I think it's pretty cool that he lives on campus. I mean I don't know him personally but it must be interesting for him and the students he lives with. He is a teacher, yet he understands what their day and life is like while they also can help him adjust to life here," sophomore Meghan Els said.

Movie Review: Captain Phillips

By Josh Bassett
Castleton Spartan

Captain Phillips is a movie full of high stakes, real consequences and suspense.

We all know the story of Captain Richard Phillips, who was taken hostage by Somali pirates in 2009 and saved a few days later after being saved by the Navy and a group of Navy SEALs.

However, the movie, directed by Paul Greengrass and starring Tom Hanks looks to expand upon what you know and give you a much greater sense of what happened to Phillips and a back story for the Somali pirates.

While the film is sure to collect a lot of buzz and is an early Oscar contender, there are parts of the movie that do not deliver.

From when you first meet Phillips up until the Somali pirates come onto to Phillips' boat drags on just a bit, though meeting the pirates was certainly an interesting segment.

The suspense does ramp up once Phillips becomes a hostage and is then trapped on a lifeboat with the four pirates as they want to keep Phillips as a hostage until emotions reach a fever pitch and they decide to torture and beat the captain.

It is during this part that Hanks shows just how great an actor he is by ranging his emotions ranging from fear and shock, to exhaustion and nervousness. The way you watch him struggle with speaking while coping with post-traumatic stress after being saved from the pirates is simply astounding.

While not the best film so far this Oscar season, there is enough here to validate a viewing, though beware the drag of the first half of the film.

Note to athletes: Watch your tweets

By Sarah Clark
Castleton Spartan

Those pictures of sloppy keg stands and best friends trying to hold each other up every weekend may make you smile, until you try to remember where you even were.

With privacy settings on Facebook, Twitter and other social media there is no need to worry about who will see those pictures from your drunken blur of a night. Dad, Grandma, and your little brother will never know what, or shall we say who, you are studying at school in your spare time.

But now it is not just family members back home you have to censor your weekend life from, but also your school.

As of June 2013 Castleton State College revised its Sparty green student-athlete handbook by adding a new section concerning social media. A powerhouse trio of Deanna Tyson, associate dean for Athletics and Recreation; Benjamin Stockwell, associate sports information director; and Jeff Weld, director of College Relations and Sports Information, created the foundation and guidelines for the censorship among student athletes.

For example the handbook states "student-athletes are prohibited from posting the following on their social media sites: Items that could reflect negatively on Castleton State College, and your specific team. This includes comments, pictures, videos or other posts about drug or alcohol abuse, profanity, or other inappropriate conduct. Also included are "posts and photos depicting or describing unlawful assault, abuse, hazing, and selling or possession of illegal drugs."

On several occasions last year, student athletes had to face the consequences of those racy pictures and improper behavior. The threesome based the new rules and regulations on those from division I athletic programs, because they said students and the school need to protect not only the athletes, but themselves.

"Student athletes are held at a higher standard. It sets student-athletes up for the future when we want to get a job. If they follow the new athletic guidelines, then when employees are looking through social media platforms, there will not be anything to cause doubt," student athlete Ali Spencer said.

Since the day our beloved Facebook came out, it has caused problems. And now with multiple types of social media, there is even more room for mistakes. But the new rules in that green booklet are the athletic department's potential shining knight.

"It makes sense. Obviously you can't put things you do illegally online," said Eric Horsfield, a goalie for CSC's men's lacrosse team.

Last year alone, there were more social media issues than ever before. CSC is hoping to enforce some changes and are looking forward to great results.

"I am hopeful. I think it's something that the athletes can take pride in and have no more issues," Tyson said. "I don't think we will have many issues this year. There may be things out there that we don't see, but if it comes to me, then a lot of others have seen it."

Cross-country teams place second in Poultney

By Andrew Muse
Castleton Spartan

The men's and women's cross country teams competed in the Green Mountain College invitational this weekend hosted by Green Mountain College in Poultney, Vt.

The men's team took second place at the race with Isaac French leading the way with an impressive time of 25:31, coming in third place overall.

Castleton's own Steve Hagemann wasn't far behind with the time of 25:58, coming in sixth overall. They were followed by Nick Tubolino with a time of 27:12, Jonah LaVigne with the time of 27:13, and Matthew Woodward with the time of 27:14.

George Forbes also did well, recording a time of 29:25 and coming in 29th place overall. Patrick Gilligan rounded out the top seven with the time of 29:50.

The women's team also did well in the meet.

"Everybody did well. We had some great pack running and a few people set a personal best," said junior Mariah Eilers. "We are looking good for the NAC championship coming up soon."

The Women's team took second place overall this weekend with Eilers posting a time of 20:40, taking eighth place. Margaret Kuchinski ran a time of 21:30 being trailed by fellow Spartan McKynze Works with the time of 21:58.

Not far behind was Shelly Audette with a time of 22:07, Kelsey Thompson with a time of 22:13, and Caitlin Ryan with a time of 23:02. Cassie Pinaire was close behind with a time of 23:08 to close out the top seven for the lady Spartans.

Both of the cross country teams will be traveling to Thomas College to compete in the NAC Championship Nov. 3.

Spartans crush Rivier

By Andrew Muse
Castleton Spartan

The Spartan field hockey team started homecoming weekend with a win. They took it to Rivier College, scoring 11 goals on Friday night.

"Everyone is contributing for us," said head coach Tammy Landon. "It's a lot of fun when we can cycle in all our players and have them all contribute."

Blake Wardwell and Shawna Pinsonault both had hat tricks, while Rachel Preusser contributed with four assists. Nine different Spartans recorded a point on the night.

Wardwell started the scoring a minute into the game on a cross from Pinsonault. Pinsonault then took it into her own hands and scored two goals in four minutes to put them up 3-0.

Emily Hudson, Annie Towslee and Wardwell each scored a goal before halftime to put the Spartans up 6-0.

"Our goal is to not give up any goals," Landon said. "We did a great job of stopping them today; our defense played great."

In the second half, the Spartans continued their dominant play. Towslee, Preusser and Sarah Heffernan each netted one goal in the half, while Wardwell and Pinsonault completed their hat tricks to win 11-0.

Jess Galatioto played stellar in net making five saves on the night. Meeghan Doris came in with 15 minutes to go and made two saves.

The shutout was the Spartans sixth on the season improving to 9-5 overall and 7-0 in the conference.

They face conference opponent, New England College tonight.

"We have a couple important games coming up," Landon said. "We are playing Husson soon to determine the one seed in the playoffs, so we are really preparing hard for that game."

EMMA RUDNICK/CASTLETON SPARTAN

Rachel Preusser carries the ball against Rivier College on Oct. 18. Coach Tammy Landon, below, inspires her team.

Preusser is tops, Landon gets 100th

By Emma Rudnick
Castleton Spartan

EMMA RUDNICK/CASTLETON SPARTAN

An athlete's ultimate goal while they play a sport is to break a record. Whatever the record may be, it is always a huge accomplishment. Who doesn't want to be the best at their chosen sport? Yet senior forward Rachel Preusser's mindset was just a little different for her sport of field hockey.

"It never even crossed my mind that it was possible," Preusser said. "I just play to play and to have fun and it just ended up happening."

Preusser now owns the record for most goals in a career in Castleton field hockey history with 71 after a goal scored on Sept. 28 at Thomas. She also broke the school's assist record of 26 while away at Laselle College in Boston on Sept. 21. Both records were held by former teammate Kealy Chipman.

This girl is unstoppable with her lightning fast speed and her ball handling skills according to her "number one fan and roomie" Chelsea Paola.

"Rachel is a coach's dream player," said field hockey head coach Tammy Landon, smiling with pride. "She is blessed with speed, but has worked tremendously hard to become a phenomenal field hockey player."

Hailing from Craryville, N.Y., Preusser has been playing field hockey for 10 years. Being humble and giving all the credit to her team and not keeping it for herself is why she is so cherished among the field hockey girls according to the entire field hockey team.

"It shows us as a team that we can do big things together," said Annie Towslee, a senior midfielder. "Rachel scoring all those goals shows that everyone is doing their job from one end of the field to the other."

Sitting at her desk in her room on Mechanic Street, looking ever so comfortable in a long sleeve shirt, sweatpants and moccasins, Preusser struggles to answer questions being raised. Her blue-grey eyes never focusing on one specific thing, it is clear Preusser isn't used to being in the spotlight.

'I don't know how they knew or who told them, but they did announce it," Preusser said about the announcement at Thomas College when she broke the record.

Her teammates were more excited for her than she was. Preusser's record-breaking effort led into Landon's 100th career win against St. Joseph's College at Spartan Stadium.

Landon is in her 10th season at Castleton, but she said when she began, the program wasn't what it is now.

"My first year we won five games," she said laughing, putting her hands to her face. "My second year we won four."

It has been a slow, yet steady road building the field hockey program up to what it is today. When Landon first got to Castleton, the program was at the bottom of the barrel, barely winning any games and with little respect.

"I think it is a testament to her coaching abilities and love for the sport," said senior Alex Sears of Landon's accomplishment.

Watching Landon interact with her players during practice, it is clear to see why her players respect and enjoy her so much. She is firm and clear about what she expects, yet she isn't mean if she sees something she doesn't like. Her skillful eyes carefully watch every player's move and gently critique the errors.

On the day of her 100th win, her team excitedly celebrated the accomplishment.

"What meant the most that day was the team being so excited," said Landon. "They had a banner made saying 'Coach Landon's 100th win.'"

Landon wasn't shy about how much she respects Preusser as a player on her team. Landon, along with Preusser and the rest of the team, wholeheartedly agree that Preusser's record breaking was not an individual thing, but a team effort.

"We all contribute and we always say that we wouldn't score goals if the defense didn't send the ball from the back of the field," said senior center forward Shawna Pinsonault. "As a team, we will continue to be excited about our team accomplishments."

Pruesser is proud of her accomplishment even if she wasn't expecting it to happen.

"It shows that hard work, dedication and motivation can pay off," she said.

It is a good thing Preusser is here at Castleton. When Rachel gets running, nothing in the world can catch her. Now you see her, now you don't.

"We try to compete against Rachel every day," Landon said, laughing with endearment.

Sports Info team has fun while working hard

By Kyle Richards
Spartan Contributor

Jeff Weld

To be an effective team, the group must be able to get along, be positive and be passionate about the goals they are trying to accomplish. Members of the Sports Information team at Castleton State say they fit that mold perfectly.

"We all take our job very seriously but we love to have fun, and be positive, and we all get along," said Ben Stockwell, associate Sports Information director.

Stockwell, Jeff Weld, director of College Relations & Sports Information and Brett Ford, Sports Information graduate assistant, make up the team behind the teams. Although they are a formidable team and get along great, all three started their career paths in different ways.

Weld was a four-year basketball player at Castleton, graduating in 2004 and his 446 assists rank him third all-time in program history. Weld was hired in 2004 as the first full-time Sports Information director.

"I was a stat-head, and in the right place at the right time," Weld said, responding to how he became involved in sports information.

Brett Ford

Stockwell graduated from Ithaca College in '08 and then worked at Stonehill College and the University of Pennsylvania. He then became the Sports Information graduate assistant at Castleton before landing his current position.

"The goal is to be in Jeff's position one day at another school," Stockwell said with a smirk toward Weld.

The protégé of the group, Ford, a four-year varsity tennis player, graduated from Misericordia University in 2011 with a degree in communication and became interested in Sports Info "by accident." An internship with the Washington Redskins led to Ford slightly changing the path of his career.

"If you're in it for the glory or money, you're in the wrong field," Ford said.

Aside from work, Weld loves to garden and cook, noting his specialty dish as smoked pulled pork. Stockwell is an avid reader and he has "crushed all the Game of Thrones books." Stockwell has also been an intramurals champion at three different schools. During college, Ford was a two-sport athlete, playing four years of tennis and one year of basketball. According to Stockwell, Ford is "deceivingly athletic."

Ben Stockwell

The work done by Weld and his team may seem like it goes un-noticed but student-athletes definitely appreciate what they do.

"They use social media well, game highlights, player interviews, like ESPN almost, they get the community and student-athletes involved," said Brad Barber, former Spartans men's hockey player and current member of the Huntsville Havoc of the SPHL.

"They do a great job of informing the community, parents, and the campus of what's going on in Castleton sports and provide exposure for the athletes. They are good for the growth of Castleton," said Ross Herzog, captain of the Spartans men's hockey team.

This hardworking team gets great joy out of building relationships with coaches, athletes, and the community, along with seeing student-athletes succeed and accomplish their goals, no matter what type of crazy hours they may work.

"Sometimes we look up, it's 10 p.m. and you realize you haven't eaten since noon," Weld said.

Football falls in homecoming game

By Deven Savage
Castleton Spartan

Homecoming weekend brings both current and past Castleton students, parents, faculty and residents from the town of Castleton together in support of the home team.

This year our Spartan's geared up to face the Gallaudet Bison who came into the game 5-0. The Bison brought a punishing running game and showed they don't have a need for a passing offense as they powered their way to a 38-12 victory.

Castleton opened the game with possession and three plays later, were forced to punt. The ball was partially blocked and the Bison got the ball on the Spartan 17-yard-line. On the visiting team's first play, Gallaudet's Todd Bonheyo ran the ball 17 yards for the score. They managed to score again a couple minutes into the second quarter for the 14-0 lead.

Castleton's first score came after a 58-yard drive, capped by a seven yard run by sophomore Michael Tozcko. The extra point attempt, however, was blocked. Tozcko recorded his second score on a three yard run with just over a minute left in the first half. The extra point was missed again and the Spartans brought the deficit to just one score.

Gallaudet did not let up with the offensive pressure and scored two more times in the third quarter and once in the fourth to make it 38-12.

Castleton's quarterback, Tyler Higley, was constantly under pressure from the Bison defenders and was unable to get comfortable in the pocket. Higley completed 12 passes in 30 attempts for a total of 144 yards. The Spartan rushing offense was led by Doug Saffo who rushed for 50 total yards on 11 tries, but failed to score. The only Spartan to score was Toczko, who ran for 47 yards and a pair of touchdowns.

Castleton linebacker Todd Carr had an impressive day and set a new school record with 20 tackles in the game. Fellow linebackers Mick Wong and Nick Romeo both recorded double digit tackles for the home squad.

Gallaudet's rushing offense was too much for the Spartan's defense to handle and powered its way to a season high of 480 yards on the day. The offensive weapons for Gallaudet included five different players, who rushed for just shy of 70 yards. The offense was led by BJ Flores, who ran for an impressive 168 yards on 27 carries.

Castleton falls to 1-5 on the year and head to SUNY Maritime Saturday at noon.

Soccer senior night is a success

By Will Stuhler
Castleton Spartan

Men's soccer dominated the Colby-Sawyer Chargers this past Saturday in their senior game with a 3-0 victory.

The Spartans had a few chances early in the game to go up with one ricocheting off the crossbar. Not until the 41st minute, though, were they able to get their first goal. A cross from Justin Hepburn found the head of Blake Hart who was able to finish.

"It felt real good," Hart said of his goal. "It's been a while since I've scored my last goal. This was a great time to come out of my slump; this was a huge game."

The next goal came shortly after when the chargers had an unfortunate handball in their box. Dameon young crushed the ball with ease to put the Spartans up 2-0 before the end of the half.

Castleton started the second half strong. In the 58th minute, Hepburn rifled a shot outside the 18 yard line to put his team up 3-0. Hepburn commented on his goal.

"I've been shooting more and more in the past few games," he said. "I've been pretty unlucky on a lot of shots, but it feels good to finally get one in the back of the net."

He finished the game with a goal and assist.

Coach O'Connor was happy with the way his team played.

"It was great," said O'Connor. "Our ball movement and very unselfish [play] in everything we were doing just controlled the tempo of the game."

The entire team was happy with the win.

"It was a complete team effort," Hart said. "We were pumped from the start because it was senior night. We just wanted to have a good one for the seniors. Overall, we played one of our best games this season."

KATIE SAULT/CASTLETON SPARTAN

Spencer Dandurand takes a shot under Colby-Sawyer pressure in Saturday's senior night game.

Spartan volleyball digs pink

By JenniLee Mark
Castleton Spartan

Typically green and white dominate attention in Castleton's Glenbrook gymnasium, but on Sunday, it was all about the pink. The volleyball team hosted Green Mountain College and Colby-Sawyer in their second annual pink game. The match was used as a fundraiser for the Dig Pink Foundation.

Head Coach Mary Kate Scardillo is excited to host such an event each year.

"It is a great cause that spreads awareness about breast cancer and connects it to volleyball players," she said. "It was a great way for our team to work together on a project off the court and play in honor of those who are suffering from breast cancer."

With all the pink headbands and warm up shirts aside, the Spartans had to get down to business to face two different opponents.

They ended the day with a win and a loss as they beat Green Mountain three games to one, but fell to Colby-Sawyer in the second match three games to none.

The Spartans started out strong and won the first set 25-11. However, Green Mountain took the second set. Castleton was determined and showed they were the better team and won the following two sets to finish off the visiting Eagles.

Sophomore Brittany Brayman had the match-winning kill. She led the offense with 14 kills and 12 digs. Last week's NAC rookie of the week, Kaylee Pratt added 13 kills while Amanda Chambers had 22 digs.

"We have been working on playing together as a team and finishing," said sophomore Shelby Smyth. "We did that against Green Mountain and we were successful."

In the following game, Castleton was swept by the Chargers of Colby-Sawyer in three games.

They started out fighting in the first game and were within one point of the visitors. But Colby-Sawyer showed why they are the top team in the conference and pulled away to win the first set 25-16.

Colby-Sawyer took the following two sets winning the second 25-7 and the third 25-11. Colby-Sawyer remains undefeated in the conference after this win and holds the top spot.

"Colby Sawyer has an excellent program and it's great for us to play against strong competition," Scardillo said. "It helps us learn and improve."

Though Castleton's offense struggled in the second match of the day with only recording seven kills, Spartan freshman Cassidy Tedeschi had the most. She tallied three kills in the match and also recorded four digs and an ace for her squad.

The Spartans are back in action when they travel to Maine to face Maine Maritime and Husson this coming weekend.

MIKE PLAISANCE/CASTLETON SPARTAN

Cassidy Tedeschi sets the ball over the net to make a play.

Women's Soccer Loses Top NAC Spot

KATIE SAULT/CASTLETON SPARTAN

Castleton's Dominique Valancius dribbles past a Colb-Sawyer defender on Saturday.

By Will Stuhler
Castleton Spartan

Women's soccer had a tough, but disappointing fight for first place Saturday's senior night game against the Colby-Sawyer Chargers.

The Spartans took the lead early in the fifth minute when junior Jenna Bostwick curled the ball into the net off a corner.

"My first corner in warm-ups, I tried to curve it in and I did," she said. "I was like 'Huh, maybe I'll try to do it in the game' and it actually happened."

However, the Chargers struck back in the 30th minute with a goal by Michelle Upham to tie the game.

Overall, the Spartans weren't happy with their play.

"Honestly I think that's the worst we played all year," said head coach Chris Chapdelaine. "We didn't play well; we didn't stick to our game plan."

The Chargers came out with a quick goal in the second half in the 47th minute to put them up 2-1.

The Spartans had many opportunities to make a comeback, but were just unable to finish.

"Anytime you're playing for first place, or a big game, you've got to show up and if you don't show up, you're going to get beat, and that's what happened," Chapdelaine said.

The Spartans will get another chance at the Chargers later in the season.

"We're definitely gonna beat them next time," said senior captain Kelsey Lenney. "This is a nice kick in the butt for us to get going."

Sports Talk with Eric Dowd

While most of us were home on October break enjoying a great home cooked meal, our Castleton fall athletes were continuing their schedule.

Women' s soccer went on the road. After losing 4-0 to Keene, they bounced back to beat Lyndon 7-0.

Field hockey picked up a win against St. Joseph's and then dropped a non-conference game to Springfield College. They picked up a 5-4 win over the upset-minded Sharks of Simmons College to keep their record to 7-0 in the NAC.

Finally, women's cross country placed 22nd out of 38 teams in the James Early Invitational held at Westfield State.

On the men's side, soccer picked up easy wins against Green Mountain and SUNY Cobleskill, before edging out Lyndon with a 3-2 overtime win. They now have a 4-1-1 record in the NAC, good for 4th in the conference.

Football stayed close with Mount Ida before dropping the game 37-19. They are still looking to pick up their first conference win.

Golf took fourth in the NAC championships, and after a stellar freshman campaign, Zac Temple was named NAC rookie of the year.

Cross country also ran in the James Early Invitational, taking 18th out of 35.

The winter sports season is officially under way, with teams starting to practice since break. I am excited to see how all the teams will do after having solid seasons last year. A team to look out for is women's ice hockey. They hosted a home playoff game last year and have a strong nucleus returning this year.

On the professional side, October is busy as baseball is inching closer to the World Series, football is in full swing and hockey is officially underway. I'm counting down the days to the NBA tip off so we finally get to see the reemergence of Derrick Rose after his ACL surgery. Here's to hoping he is as explosive as he was before he sustained the injury.

The National League winner has been crowned after St. Louis crushed Clayton Kershaw and the Dodgers 9-0. They will face the Boston Red Sox, who clinched the American League Saturday night.

The Patriots are still surprising people after a stunning last second win over the New Orleans Saints. Maybe next week Gronkowski will finally be back against the Jets. I miss seeing the Gronk Spike, as much as seeing Mark Sanchez's butt fumble.

The real question, however, is when is Peyton Manning going to have a bad game? His Broncos are 6-0, and he has 22 touchdown passes through six games. If he keeps this up he will have a chance to break that record of 50, held by Tom Brady.

In hockey, the Bruins are back on the ice and hoping to pick up where they left off in the Stanley Cup. So far this season, they are 4-2, but they are playing very well. They suffered their first loss of the season at the hands of the Colorado Avalanche 2-0.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday November 6, 2013 | CastletonSpartan.com | Castleton, Vermont

Stats show student incidents dropping

By Leeanne Alter and Isaac French
Castleton Contributor

The Public Safety numbers are in and they show that students have been behaving much better than last year.

Drinking incidents have decreased by 81 percent, drug incidents by 44 percent and there hasn't been a single diversion ticket issued on campus, according to Public Safety's records for this fall and the Clery report for 2012.

Fall of 2012 was one for the books at Castleton State College. The residents of Castleton were outraged by students' behavior and Public Safety had to patrol town streets to restore order on campus.

"Every year is different," said Robert Godlewski, Public Safety director. "The college does a good job at providing things to do on campus, however, students spend all week on campus, so come the weekend they are looking to get off."

The Clery Report for last fall compared to this semester illustrates the colossal difference in behavior. By the midterm point in 2012, alcohol incidents alone led to 105 write-ups compared to just 24 this fall to date.

"This year has been very mild compared to last year," said Godlewski. "But next year could change."

With 700 new students coming into a college each year, Godlewski said, "you never know what you are going to get."

Eric Dowd, a community advisor in Hoff Hall, compared his experience as a CA.

"Last year I was in Ellis, which is an all freshmen dorm. It was wild," he said. "Now I am in Hoff Hall, which is a lot milder."

Fellow CA Kelsey Robbins agreed,

"Last year was a lot more hectic than this year," she said.

But why are we seeing such a decrease of incidents on campus this semester?

Robbins said off-campus house parties have a lot to do with it.

"There were more parties off campus last year than this year, which really correlates with people drinking on campus," said Robbins.

Does the decrease in party-related problems mean Castleton's college life is lacking?

"The decrease does not reflect how much fun my Castleton experience is," said senior, Olivia Dostal.

As for Godlewski, he just takes the years as they come and hopes for the best.

"Every class is going to bring in new situations, good, bad, indifferent," he said.

New year will bring new law

By Bryanna Allen-Rickstad
Castleton Spartan

The students of Castleton State College may have to rethink their weekend plans within the coming months because starting Jan. 1, the town of Castleton will be enforcing an Open Container policy.

This means students and town residents will no longer be allowed to possess an open container of alcoholic beverages on town property.

Although this change in policy has been brought to Select Board members on several occasions, it has always been voted down.

Until now.

Residents and town officials have seen an increase in disruptive actions from college students in the past year, with damaging consequences to front yards, sidewalks and town businesses.

"It ebbs and flows," said Town Manager Charles Jacien of the behavioral patterns of students. "Everyone recognizes that this is a college town, but we all have responsibilities and one of those responsibilities is keeping the quality of life as stable as possible for both residents and students."

Town resident Sarah Grey has lived on South Street for most of her adult life, and never before has she experienced such disrespect from students.

"I've never been bothered by the college kids … heck, I remember what it's like to be a kid," said Grey. "But last year was the worst I've ever seen."

Grey was one of many town residents who awoke every weekend morning to find her front lawn painted with empty beer cans, smashed bottles, clothing and even vomit. And she is fed up.

"Something needs to be done," she said.

Police Chief Bruce Sherwin believes this policy can help turn the recklessness around.

Continued on page 6

MATT ZITWER/CASTLETON SPARTAN

Student Stephen Vanderbilt, is one of several veterans on the Castleton State College campus.

Soldiers are welcome here

By Alexis Esposito
Castleton Contributor

Stephen Vanderbilt was setting up a road-block in Baghdad when his battalion fox company was attacked by 200 Fedayeen and Iraqi Intelligence personnel. This moment is so prominent in Vanderbilt's mind that he remembers the date: April 8, 2003. Now Vanderbilt, a non-traditional student at Castleton State College, walks around campus in civilian clothes.

Vanderbilt used to stay awake a night and keep watch while his men slept. This habit was not left in Iraq.

"When I first came back there were a few nights when I'd wake up and catch myself looking out the window," he said. "I'd wake up and think 'what the heck am I doing?'"

Luckily for Vanderbilt, this habit was all he brought back from war.

"I wasn't pulling the trigger," he said."We have counseling before being discharged, but a lot of the guys won't admit it if they have problems."

Vanderbilt and other Marines he served with made a Facebook group where they can talk and discuss their issues.

"It's helpful when you can talk to people that have experienced the same things," Vanerbilt said.

Tom Conroy, a communication professor at CSC and a veteran of the Vietnam War, echoed Vanderbilt.

"When I came back, I was very much against the war. My friends that got out of going were pro-war, and when I came back, after having been in the war and being anti-war, they didn't want to talk to me," Conroy said. "So after a while I didn't want to talk to anybody that wasn't a vet."

Castleton is a Yellow Ribbon school, which signifies that it is a veteran friendly campus.

"CSC is very vet friendly and the Admissions Office was very helpful when I first walked into the door of their office back in July when I picked up my application for enrollment," Vanderbilt said. "I also felt that the Registrars Office was fair when reviewing the credits I earned while serving on active duty. Merle Bronson and the rest of her co-workers were very helpful."

Bronson, registrar and military liaison for CSC, is a main contact for veterans on campus. She not only helps them figure out their financial aid and G.I. Bill status, but she also points them in the right direction for veteran services.

"These people are not walking out of high school and into college," Bronson said. "I can't imagine what it takes to trust 2000 strangers [walking on campus]. Being on the defense becomes engrained in you."

Three years ago Bronson was in New York City during Fleet Week – a week dedicated to the celebration of sea services. When she was on the observation deck of the Empire State Building, she went around and shook every hand and thanked every service man and woman there.

"I saw the most surprised faces and genuine smiles," Bronson said. "Thanking vets is a tiny thing I can do."

Castleton President Dave Wolk has been making strides to improve the veteran friendly atmosphere on campus over the last decade.

"I would like the college to be a haven for veterans as well as those who are in the National Guard and ROTC, so that the door can swing both ways. As students come here, and they get called to service they can come back and have it be a seamless transition," Wolk said.

Veteran services on campus include two counselors who are available Tuesday through Friday. Attempts at a Veterans Club have been made, but lack of interest has discouraged further attempts.

"The ultimate plan is to develop a drop in center on campus that would be an attractive place for vets to come together and commiserate among themselves because there are a lot of very complex issues they have to deal with in terms of reentry," Wolk said. "Our hope is to develop this drop in center where we could provide not only confidential counseling services, but also a place for Veterans to mingle together."

Castleton hosts military appreciation days, and will be having a Veteran's Day ceremony outside of Woodruff on Nov. 11.

"These students have been so generous with their lives and service," said Wolk. "It makes sense for the college to be generous back. It's just the right thing to do."

Zombies and bonfire kick off Fall Fest

KATIE SAULT/CASTLETON SPARTAN

Zombie Emma Faucher runs after two humans in the Zombie Run.

By Meghan Fellows
Castleton Spartan

The 'Run for Your Lives' zombie marathon kicked off the two-day Fall Festival hosted by Castleton Residence Life. It was followed by a bonfire next to the campus pond. Students gathered around to roast marshmallows, drink apple-cider and eat candy.

On Thursday, despite the rain, activities were flowing all day long with t-shirts to tie-dye on the patio outside Huden and various activities in the 1787 Room. The weather and the mood of the campus remained eerie as everyone participated in some way. The rain could not put a damper on a day where college students got to dress up and relive their childhoods.

A live band played in Fireside Cafe, free cotton candy and cider donuts were handed out and the walls were lined with carnival games and activity booths. Neon Entertainment set up guys to take green screen pictures and make photo white-boards with the students. Castleton's Vocal Unrest made an appearance and sang songs from big names like Miley Cyrus, Adele and Goyte.

Students enjoyed the festivities and the change of pace.

"I don't remember what they did last year, so this is definitely an improvement," Nicole Carpenter said.

The celebrations continued during dinner in Huden with a costume contest. Freshman, Tyler Wilcox won a flat-screen TV for dressing up as MC Hammer and dancing on the stage.

"The festival was needed and I wish that we could have activities like this every week just to have something to look forward to during the busy school week," said freshman Cassandra Simmons.

To cater to those Harry Potter fans, a Quidditch game took place on the alumni field from 7 p.m. to 8:30 p.m. For a late night snack, residence life had a gourmet grilled cheese truck parked near Babcock Hall, where the first 100 students received a free grilled cheese. Two Haunted Castleton walking tours took off from Wheeler Hall between 8:30 p.m. and 9 p.m.

"I think it's awesome, good way to kick-off Halloween and more beneficial than just partying," Tiffanie DeRosia said.

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My former professor needs to know...

By the time you read this, it will have already happened. I will have reconnected with my former Castleton State College journalism professor in what I've been told is his new and ever-changing state.

I will probably have seen first-hand how the ravages of Alzheimer's disease can transform a once confident orator into a person more unsure of himself and uncomfortable in settings he used to thrive in.

But I also will have made him king of the Castle(ton) for a night, thanking him in front of hopefully more than 100 students, faculty and his former colleagues and watching him bask in the joy of knowing how much he meant to a guy who emulated his career.

I will have asked them to stand in his honor, because, as I will have said at the Phi Eta Sigma discussion about my life as a journalist and professor "without him, there wouldn't be the current me."

Terry Dalton was me at Castleton State College in the 1980s and 90s. He tended to the flock of would-be journalists, coaching them, pushing them and correcting them with that infamous red pen when they erred in print.

He led a very successful period for the student newspaper, The Spartan, too. I hope the college community feels I'm doing the same.

And he was me in a newsroom prior to that. He too was a journalist who loved uncovering stories, scooping the other media outlets with important stories and telling light-hearted feature stories that are simply fun to read.

Terry left Castleton to teach at McDaniel College in Maryland and makes Pennsylvania his home. He left after I had graduated and began writing stories for the Granville Sentinel and then The Post-Star in nearby Glens Falls. Although I'm sure I thought about him and his teachings as my career progressed, as life gets in the way with work and kids and obligations, his role probably faded a bit.

But it returned when I returned to Castleton State as a professor in 2005. I incorporated memories of his classes into mine. He brought in Major League pitcher Randy St. Clare for us to interview in class. I brought Byron Pitts from 60 Minutes and former classmate Mark Noble from Access Hollywood.

I try to channel his enthusiasm and lecture style as I stand these days in front of the room, notes in hand, trying to breathe life into text lessons through personal experience. I'd be lying if I said that I recall a ton from those days in his classrooms, but perhaps more importantly I remember him and the attention he gave us and the passion with which he taught and wanted us to learn. No easy A's, but lots of coaching to get us there.

I got to work with Terry at a journalism conference in Denver three summers ago too. We assembled a panel of experts to dissect the Gulf oil spill – and what a team. We left the room dazzled and I was in my glory working with him. I hope he was too, working with me.

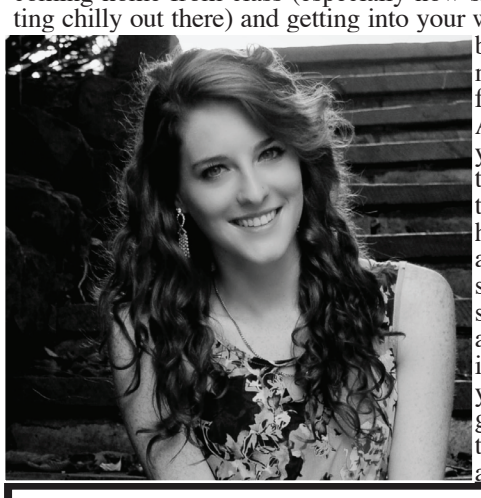
I'm writing this before his visit because we send the Spartan to be printed three hours before my talk. And maybe I'm glad I'm doing it ahead time. The memory of him and our work together both as colleagues and professor to student is perhaps better to write about than what might come out after seeing him fading a bit.

But as long as he knows after Monday, that he made a huge difference in a lot of lives, I'll be happy. And I hope, someday, that maybe a student of mine will look back and think the same of me.

-Dave Blow

Fresh Perspective: Procrastination

How good does it feel to lie around? Like honestly, just think about this for a second. Nothing feels better than coming home from class (especially now since it's getting chilly out there) and getting into your warm, comfy bed and not moving… for hours. As soon as you sink into that bed, all thoughts of homework and responsibilities just sort of float away. Even if they tried, you wouldn't get out of that bed for anyone.



Oh yes, it feels great to be a bum. But what about the two papers, three lab reports, and laundry you have to do? We all know how this ends. We sit there for a second, trying to do the math in our heads of how long the day is, how much time is taken up in class, and how much of your energy you actually want to put into these things. We put our responsibilities into order from most important to the things that can absolutely wait. And then we kind of just shrug it off and mutter those famous words "I'll do it later." Ladies and gentleman, this is what procrastination looks like.

I won't lie; procrastination is something that haunts me everyday, especially when it comes to doing things that are a lot more interesting than writing a paper for three hours. At that point, everything seems more interesting than actually sitting down, opening up Microsoft Word, and typing the whole thing out.

Procrastination and I have an on again-off again relationship. And right now, we are very much on. Nothing appeals to me more than just hanging out with friends and sitting around watching horror movies. Unfortunately as I'm off having fun and enjoying my splendors, my work just continues to pile up, leaving me completely stressed and crunched for time as the due dates grow closer and closer. I have found though, that procrastination can be fought off temporarily if you really set your mind to it.

One thing that helps me is getting a good night's sleep. If I go to bed at 2 a.m and have an 8 a.m that very morning, there is no way I'm going to have motivation to get anything done that day. All I'm going to want to do is nap. So a good night's sleep definitely helps. Also, planning out my day is a great way to ensure that things get done. When you wake up, before you even get out of bed, sit there and plan out your day. Set specific times for things, and make sure to set some time apart for breaks as well. Sitting in front of your computer all day is not only bad for your sanity, but bad for your eyesight as well.

Lastly, look forward to the free time that you're going to have after all of your work is done. You know that sigh of relief that you take after you finally tackle that assignment that you've been dreading? Just put that feeling into your head, the feeling of accomplishment and gratitude about finally finishing something. I don't know about you guys, but after a while, guilt starts to eat away at me when I chose to watch mindless TV over bettering myself and my education.

Procrastinating is a constant battle that we all fight. Some of us procrastinate even getting out of bed in the morning. We sit there and count the minutes until we absolutely are going to be late for class. And at the last second we bring ourselves to get out of bed and start the day. Staying positive helps, it really does. So just keep in mind that everything you get done is going to benefit you at some point. Even though it's sometimes a struggle, it always feels good to push through something you've been putting off for days. So face procrastination head on! Sometimes, it will win but when we overcome it, it feels damn good.

-Meghan Fellows

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Embrace a shove

I remember the day my mom dropped me off here at Castleton for my freshmen year; she cried, I scowled. She begged me to say goodbye, to say anything to her. I just glared and kept my mouth shut. As she drove away, she kept her face pressed to the car window, hoping that I might have a change of heart and run after her. But I didn't.

I had dreamed of going somewhere else for college, somewhere out west with lumbering mountains or near the ocean so I could run on the beach everyday. I wanted a college with all new faces and not a piece of camo clothing anywhere.

But I ended up at Castleton, flooded with faces from high school and camo attire in every classroom. I blamed my parents. Now I thank them.

The past years here have been everything to me. I've spent a semester in the southwest, hiking through the Grand Canyon and camping in the desert. I got swine flu my first year after the slutty Halloween party at Flubb's. I met my boyfriend in suite 304 Wheeler.

I've also struggled here. Putting myself through college financially put a cap on a lot of things I could have done as a student here; I was always working full time. I wanted to run cross country and be on the tennis team. Instead, I woke up at 3:30 a.m most days to work at a bakery in Middlebury. Parties? Mostly out of the question unless I felt like suffering severely the next day. New laptop or snowboarding equipment? Nope, all that money went to school so that I could graduate with no debt.

But come December, it will be worth it. Or at least I keep telling myself that. I'm graduating a semester later than I should have and it freaked me out at first. Freaked me out to the point that I cried if someone looked at me the wrong way or mentioned a graduation party. But I made it through. And I would not have made it through without the help of my advisor, Dave Blow.

Freshmen year I took a class with Dave, and right away he saw something in me that even I had missed; a passion for writing. Over the years, Dave has sent me many texts and emails, called me into his office, encouraging me when I faltered and verbally kicking my ass when I got lazy or overwhelmed. He is constantly telling me I have what it takes to be a journalist, that hard work, talent and passion are they key ingredients for my dream job. He knew when to be kind and when to give me a shove. Mostly I needed a lot of shoves.

So find what you love and who you love. Work hard. Strive toward your passions. Set goals. Ignore the camo patterned leggings the girl next to you is wearing. And let someone who cares give you a shove.

-Bryanna Allen-Rickstad

New FAC director excited to call CSC new home

By Sarah Clark
Castleton Spartan

While sitting in the office of the new Fine Arts Center director, Richard Cowden, you can learn a lot about him in a short period of time. From the family picture drawn in pencil with a shaky hand, to a poster of "Race" by David Mamet which he starred in, your eye can tell you lot about who he is and what is important to him.

Unlike many Castleton State College faculty members, Cowden's office is not clustered with dust covered books. In fact, his tidy and well organized office contains only three, "American Musical Theater," "The Yale Shakespeare" and "Theater Management." When combined, the three books make up his personal theatrical Bible or handbook. Cowen's story is not only complex, but with the help of his fruity and passionate animated voice and facial expression, his story is practically impossible to recreate.

"He is another great individual who is invested in the success of students here and making sure they know they have another person on their side. From the first time I met him during his interview, I knew he would be the perfect match for the job. He's witty, clever, funny, very goal-oriented and gives off the vibe of teamwork being a key factor," said senior theater major Meghan Hakey.

From Colorado, Ohio and now Vermont, Cowden has spread his witty character to those around him. He and friends created their own theater company called Round Fish right out of college. Because no one was willing to hire a bunch of greenhorns, they decided to create their own company to gain experiences to add to their résumés. Cowden was then pulled back to his original territory of Metropolitan State University of Denver in Colorado, where he had received his undergraduate degree. During his 10-year teaching run there, he was able to turn a program with 37 majors into one that had more than 150.

When the time appeared to be right, Cowden, his wife and four kids took a hop-skip and a jump to New York, where he had grown up. Although we all know that the New York life is not always filled with celebrities, parties and riches, Cowden did find himself working closely with some A-listers. He performed five times at Carnegie Hall, was a speech coach for the president of Mexico and worked with Liam Neeson. But how did he get here? A catchy job description on

Continued on page 6

MATT ZITWER/CASLTETON SPARTAN

Richard Cowden is pictured in front of his new home, The Fine Arts Center.

Students learn that drinking water is precious

By Joshua Bassett
Castleton Spartan

As Americans living in a first-world country, we take many things for granted – including access to clean fresh drinking water on a regular basis.

That isn't the case in other countries, especially two countries that were the basis of the Soundings event "Pure Water for The World."

Those countries were Haiti and Honduras, where the average person uses only 15 gallons of water a day, which seems like a lot until you compare that to us here in America

The average American uses roughly 151 gallons of water a day. That disparity was pointed out by presenter Carolyn Meub, who was representing the organization Pure Water for the World.

Those numbers had the audience of about 100 people talking.

"We feel that water is abundant here in the United States," said Meub, adding that we just expect to be able to just turn on a tap and having access to water.

There was also a water quiz and true or false question 1 was "The world has the same amount of water it always has had?"

The answer is true, and that was a point reiterated by Castleton professor Robert Wuagneux, who did the introduction for the event.

"The earth has the water it is ever going to get right now," he said.

Another big message throughout the evening is that you do not need to be rich to make a difference, as demonstrated by the group itself.

Pure Water was founded in 1994 by a dentist form Brattleboro, Vt. who went to visit a village in El Salvador and decided to help the people there by getting them fresh water, according to the foundation's website.

That message resonated with students at the event.

"You don't have to be a millionaire to go out and help people," said student Jacob Woodward.

Some students say the Castleton Police are getting ticket happy.

Are the cops after us?

By Molly Howard & Chelsey McKenney
Castleton Spartan

Castleton State College students feel targeted by local police, the flashing blue lights haunting them everywhere they go.

The number of diversion tickets being processed through the Rutland County Court system, with a majority coming from Castleton, indicates they may be right.

"In the Fiscal year of 2013, between July 1, 2012 to June 30, 2013, we processed 372 underage drinking civil tickets and that's only 80 percent of tickets actually given," said Rick Bjorn, the executive director of Rutland Court Diversion Office.

That's only eight tickets fewer than those handed out in Chittenden County in a year in a half, seven months longer. Chittenden County is the home to not only the largest college in the state, the University of Vermont, but also St. Michaels College and Champlain College.

"I feel like the cops around here are just way over the top," said student Carole Frey.

Frey claims that one night she was hanging out with a few friends before leaving the next day to study abroad when suddenly multiple police officers showed up.

"It wasn't even a party, I don't know why they showed up. We were just hanging out," said Frey.

Frey said she was on the couch when she heard the doors burst open. People scattered to escape, but Frey was not so lucky. Despite having only one drink the entire night, Frey was issued a diversion without being breath tested.

"Two of my friends got arrested and he didn't even breathalize us. I wish he had, because I don't think I would have blown anything," said Frey.

Several students shared similar stories. But are police targeting students, or are they simply doing their job?

"We receive underage drinking tickets from most towns throughout Rutland County, but we do receive more from Castleton than any other town," Bjorn said, adding that those tickets bring in about $46,000 a year.

When asked about these statistics, Castleton Chief of Police, Bruce Sherwin did not seem surprised.

"Burlington is a metropolitan area, they have UVM, Saint Mikes, Champlain and other colleges up there so if you look at those numbers and the percentage of tickets given per population, that definitely puts Castleton right up there," said Sherwin.

"The Castleton police department alone, from January of last year to December issued 94 underage drinking tickets," said Sherwin, adding that Fair Haven and State Police also give out diversions in the town.

In a survey of 50 students, 40 of 50 said they wished the police would ease up and give warnings occasionally.

"I think the Castleton cops should not assume the worst and understand that many of us do respect them as long as they respect us. We shouldn't be targeted like this," said Jessica Perkins.

Perkins and her housemate got into trouble with the Castleton Police last year.

"It was just eight of us at our house having a few beers when all of a sudden we saw flashing lights outside our house," said Jaclyn Countryman, one of Perkins' housemates.

The eight had just returned from the porch to come inside and hang out in the living room.

"They came out of no where, there was three or four cop cars outside and they began banging on our doors and flashing their flashlights in our windows," said Countryman.

She ran upstairs and hid in her room.

"They even brought the liquor inspector and he kept demanding to let him inside," said Countryman.

Perkins and Countryman later found out that their neighbors called the police because someone knocked on their windows and for noise complaints.

"If they got called for a noise complaint, that could have been anyone outside, why did their have to be three cop cars and a liquor inspector outside our house? I don't get it," continued Countryman.

Perkins and Countryman are still upset about the whole thing.

"I believe that we at least deserve warnings first and not tickets right away unless we are seriously hurting ourselves or others" said Perkins.

The Castleton Police Department, however, does not believe warnings are necessary.

"I understand this is a college town, but the incentive is, if you're underage wyou just don't drink. With a zero tolerance policy, which I believe we have to have in this town. If you're underage and you've been drinking, you will get a ticket and that's that," said Sherwin.

Many Castleton students believe that students at other schools, even very large schools, have a better relationship with the police and they are envious of that.

"I think its really cool how the police in Burlington mix with the students there and understand that it's a college area. Even though there are rules the students have to follow, there is still mutual respect and understanding from both ends," said Owen Hartman, a student at Castleton.

Michael Schirling, chief of police in Burlington, takes a bit of a different approach than Sherwin.

"We tend to see more movement in the beginning of each semester. If there's a bunch of people in a group we will most likely slow down and remind the students to be mindful of noise complaints, but we won't usually detain someone unless we see an open container or acts of disturbance," said Schirling.

But students say Castleton police often stop students who have no open containers.

"We look for open containers, if a student is walking around late at night or stumbling around," said Sherwin.

So will Castleton students and police ever see eye to eye and feel mutually respected by one another or will students continue to think the police are a source of fear rather than a source of safety?

"Don't you think I would want to have a relationship with the students here? Sherwin asked. "Of course I do. If you have a good relationship with us, you're not going to be feeling like you're targeted. You will be able to walk down the street and wave and won't check to see if all five fingers are there," said Sherwin.

"Plus it's a lot less paperwork to do."

Honors housing gives the studious their own place

By Megan Harris
Castleton Spartan

In addition to the Wellness Housing being offered on campus, Castleton State has instituted honors housing as well.

According to Mike Robilotto, Director of Residence Life, the housing came about in the last year, as a request from the students.

"In a survey, we had a small percentage of students who wanted specialized housing, and even though the numbers were small, the demand seemed real enough that we pursued it," Robilotto said.

The Wellness Housing in South House filled up with 35 students seeking wellness oriented living environments and Honors housing on the third floor of Ellis filled with 18 students seeking honors oriented housing.

Kristin Helm, a new Area Coordinator on campus and a director of Honors housing in Ellis, says that the program has brought many benefits to the students living there and a great opportunity for the greater community.

"Our initial group was smaller than we hoped for but I think the program has serious potential. Any one placed in Ellis—even if it wasn't for honors housing—has been influenced by the program. If anything, these honors students help to motivate others to be more active in their education," said Helm.

Helm adds that she hopes the program will eventually outgrow their space in Ellis and grow to be a program that brings students to Castleton.

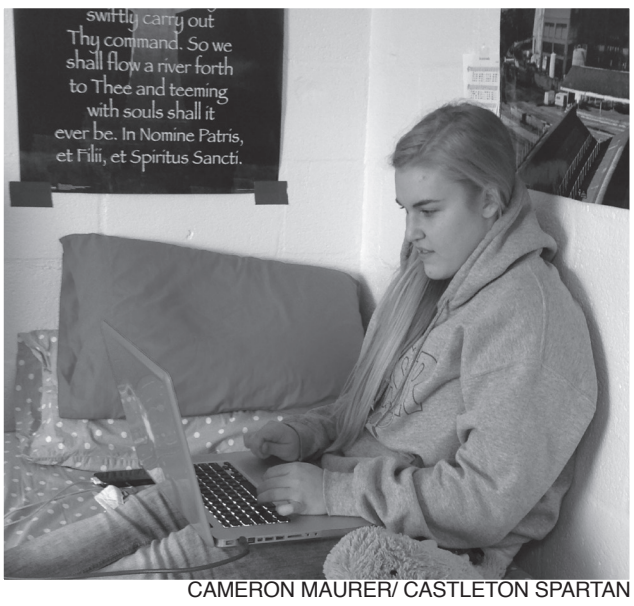
Community Advisor to the program, Cameron Maurer, said that he too sees great benefits to the program.

"We have a great cohesive, bonded group of residents in Ellis and everyone gets along. There are no social status problems due to people looking down upon either Honors Housing residents or regular residents. We are all on an even 'playing ground' and all of our residents feel the same way. We want to encourage more students to join Honors Housing because of the benefits that we see from the program," he said.

Maurer and his co-honors CA, Cassie Pinaire, are both honors students as well which Mauer says is conducive to their roles.

Helm seems to agree.

"I have a great group of CAs who work hard to provide the type of environment that students are looking for. Cameron and Cassie are both honors students, so they understand the pressures. The other students seem to as well, which makes it a great environment," added Helm.


swiftly carry out
Thy command. So we
shall flow a river forth
to Thee and teeming
with souls shall it
ever be. In Nomine Patris,
et Filii, et Spiritus Sancti.

CAMERON MAURER/ CASTLETON SPARTAN

Honors resident Jennifer McGuoirk is studying in her room in Ellis.

SGA tries to help out

By Megan Harris
Castleton Spartan

As has been the trend with this year's Student Government Association, members and delegates are taking on new projects and granting money to noble causes across campus.

Most notably, the nursing department has requested funds for 14 students and an advisor to journey to Honduras. The trip entails vigorous and grueling days building medical facilities and administering health aid to villagers. Their journey affords them no down time, no play time, and no extra sleep. Instead, their only time off will be for travel.

"This group came to us with an immense amount of information and planning already done," said SGA Advisor Melissa Paradee. "They should be commended for their amount of preparation as well as for the fact that they are going to dedicate their time—they have no down time, just time to help others."

In granting this opportunity, the SGA allotted money for the initial deposit for the trip.

The SGA also agreed to help Residence Life establish a meditation clinic in the Campus Center. Delegate Carole Frey has been working with Assistant Dean of Campus Life Victoria Angis in creating a room for students to relax and study as well as meditate.

"It would be a calming area, hopefully with a fountain, that provides people with a place to relax and center," said Frey in the SGA meeting.

SGA President Timothy Mackintosh talked about two other projects including the "Little Free Library" and civic engagement.

"The Little Free Library would be a way for people to swap books in the community, with outposts around campus to drop off and choose new books," Mackintosh said.

Inspired by other campuses, the outposts would be weatherproof, outdoor fittings that housed books for people to take and exchange whenever in need of a new read. The SGA approved spending $500 for two outposts.

SGA meetings are held on Thursdays during N-period. Students are encouraged to join student representatives in the Campus Center SGA office on the second floor.

Canning for a cause

MATT ZITWER/CASTLETON SPARTAN

Students build can structures to donate to food shelters.

By Sara Miles and Hans Harvey
Spartan Contributors

From left to right, front to back cans were filling up the informational lounge in the Castleton Campus Center on October 23.

Castleton students were showing their support for the community by participating in an international food drive competition, "Canstruction." Students gathered in the Campus Center and methodically built sculptures out of canned goods, with guidance from Nimtz Berryhill Figeiel architects.

"Canstruction is a fun and creative way to meet the food supply needs, especially with the holidays coming up people may be struggling to find food," said Melinda Mills, a professor of Women and gender studies.

Mill's Community and American Society class was a driving force behind the event.

"Castleton students were split into teams and encouraged to think of designs that are fun and entertaining," Mills said.

Not only was it a fun project, students said it was meaningful too.

"This is a great way to help the community, and make a good name for Castleton students," said sophomore Amanda Harte, who was observing the designs in the Campus Center.

The food was provided by donations from the Vermont Country Store, Healthy Living and purchased through an approved account made by Castleton State College. Just shy of 700 cans, or 600 pounds of food will be shared among area food outlets including Castleton Cares, Fair Haven Concerned, Salvation Army Rutland, Wilton Food Bank and Poultney Food Shelf.

As you entered the lounge, there was a sculpture of a flower immediately to your left. As you kept walking you would see a sand castle. Then there was the pink ribbon to show support for breast cancer and an orange ribbon for hunger awareness. The designs were in the Campus Center from Oct. 24-26.

Though many students liked that "Canstruction" helps those in need, there were critics.

"I saw a flyer for this event, and thought there would be some large scale sculptures made out of cans, which there was some good size sculptures I was just expecting a little more. Regardless it all goes to a good cause," said Eric Barker-Rowe, an alumnus of Castleton who had stopped by Castleton for the day and was watching the sculptures.

William Schneider, a "Canstruction" participant says "Castleton State College students recognize that hunger is a serious threat and has devastating effects on individuals and families.

Canstuction allowed us to contribute to ending hunger while having fun. This altruistic work was needed and appreciated by our community. It's a great feeling to be a part of something bigger than yourself, I would defiantly participate again next year."

Mills said she is happy with the effort.

"I am pleased that, at our college, we encourage everyone to participate in efforts and events that benefit the local community. Even though "Canstruction" is technically a competition, I always feel like everyone wins when we can strengthen our communities in small, but significant ways. The bigger challenge ahead of us is finding long term solutions to these social problems," she said.

PHOTO CONTRIBUTED

Castleton students end their semester in Santa Fe with a trip to the Grand Canyon.

In awe at the Grand Canyon

By Callie Ginter
Spartan Contributor

I kept opening and closing my eyes, over and over again, thinking it could not possibly be real. I thought the next time I would open my eyes, I would see the green tent I have come to live in, or wake up in one of our many long van rides, or even wake up in the hotel room that I woke up in the morning I came to the American Southwest on Aug. 25.

But every time I opened them, I saw a dream, divine beauty, the Grand Canyon. And every time I opened my eyes, I smiled.

Our Castleton group of 21 took our last trip of the semester to the Grand Canyon, and spent four days and three nights there. On our way there, I asked Castleton student, Emily Haley, what she was expecting.

"I am expecting to be amazed, but I do not think I can even fathom the thought of it."

Senior Sarah Gooth had visited it before

"You will be impressed; you just have to see it to believe it," she said.

When we arrived, professor Paul Derby and professor Liza Meyers pulled over to give the class a sneak-peak of the canyon. As students got out and walked over to the edge, it was silent. People were in awe; sublime wonderment, mixed with fear.

Sophomore Megan Sargent recalled that moment in an interview later.

"It was amazing. It was unlike anything I've ever seen before. It looked like it went on forever," she said

On the second day, our group took a tremendous hike down the canyon. We hiked down the trail until we came upon an open area where we were free to meditate, explore, write, or simply hang out. While we were enjoying the canyon, sophomore Charlotte Malaroche reflected.

"It makes me feel small and insignificant. The canyons are so big and they have been here for so long. I feel so lucky to be in such a beautiful place," she said.

The third day at the Grand Canyon, Meyers assigned a mandatory art class where students did water colors on the rim of the canyon for three hours. Examining the colors of landscape was wild. Shades of reds, purples and tans colored the rocks, while greens and reds covered the land.

The last day at the Grand Canyon was spent visiting the Tusayan ruins. We visited the old area where Ancestral Puebloans once lived, as well as the museum. As we were leaving, Maci Macpherson, a 31-year-old park ranger who lives at the Grand Canyon, talked about why she's there.

"I love this place. I first visited when I was in high school, and I knew I would be back. When I came back a few years ago, I made a career and lifestyle out of this place. My favorite parts about being here are the sunset hikes, as well as the archeology," she said.

As we left, we felt a sense of appreciation and sadness throughout the group. Students expressed their happiness for being indulged in the canyon for four days, but were burdened with the sadness that it was our last group trip together.

"It was awesome! My favorite parts were either the hike or the long art class. I loved that! I think it was a perfect way to end the semester in the Southwest," said sophomore Matthew Blaire.

Find yourself by going abroad

By Martina Marchese
Castleton Spartan

Ever wondered what it would be like to live in a different place for a while? To speak a different language and experience another culture?

Stop wondering and do it!

Castleton offers a variety of study away options through different programs. Plenty of the programs will help you pay for the trip and scholarships are available through the school.

"Studying abroad gives you a much broader sense of culture. You learn to respect other people's lives and world views," said Ben Carstens studying Santa Fe, N.M. "It's likely you will learn something from a culture that makes you a better person and you can bring that back to your community."

Brian Garvey, a senior at Castleton majoring in education and minoring in Spanish, has gone abroad twice; once to Spain and more recently to Argentina to volunteer in an orphanage in Buenos Aires.

He often reflects about his humbling experiences in an online blog he kept during his travels.

He volunteered in an orphanage that had four full-time employees, kids from 2 to 18 and horrible living conditions. He described 7-year-olds taking care of younger children, field trips to McDonalds and the zoo and the need the children have for parental supervision.

"I learned a ton. I take McDonald's for granted and these kids cherish it like its Christmas," Garvey said.

Garvey talked about the children he got close to, including one child who had a prostitute for a mother who only visited once a week. "He was like a little brother to me," Garvey said.

"You make friends doing this kind of stuff," Garvey said about the other workers and volunteers but also the children.

He said studying abroad has afforded him many opportunities and has allowed him to experience difficult situations while practicing a language he is studying. His main duties at the orphanage were to organize activities and help with academics so the children could feel like they had parental support he said.

He had many reasons for wanting to go abroad.

"I wanted a way to put it [Spanish] to use, build a resume and practice Spanish while learning a new culture," he said.

For those that would like to travel the world, meet new people, help others in need, learn a language or just see the sites, Garvey has a message for you:

"Be open-minded, expect the unexpected and allow yourself to see things from a different side," Garvey said. "Being uncomfortable is the best way to grow."

CONTRIBUTED BY BRIAN GARVEY

Brian Garvey volunteers with children at an orphanage in Argentina.

Puppeteers pull some strings

PHOTO CONTRIBUTED

A puppet from the Cashore Marionettes is manipulated to play the violin.

By Andrew Cremins
Castleton Spartan

On Oct. 26 The Cashore Marionettes came to Castleton State College's Fine Art Center.

The Marionettes aren't a dancing group, brave stunt performers, or musically talented; they're all three combined and more.

They're also not even people.

Marionettes are puppets that are controlled from above using either strings or wires. The puppeteer controlling the puppets is known as the manipulator.

The Cashore Marionettes are a collaboration of different puppets all created from scratch by a man named Joseph Cashore, native to Colmar, PA.

In a New Jersey shore gift shop around the age of ten, Cashore said he first laid his eyes on a marionette puppet. Captured by the vibrantly dressed pirate dangling from the ceiling, his imagination ran wild. Years later, Cashore attended the Pennsylvania Academy of Fine Arts to study portrait and figure painting and graduated from Notre Dame with a Bachelor of Fine Arts degree.

Cashore didn't let anyone in the mixed aged audience down that afternoon, as there was either constant applause or laughter of approval and satisfaction from start to finish.

"I loved it, it was wonderful…I saw him a few years ago and couldn't wait to come back," said Judy Robinson Castleton' professor in economics.

Audience members were jaw-dropped by Cashore's talents in the arts.

"The artistry was extremely high and the range of performance was expansive," said Carole Hinnes, a resident of Castleton.

Robinson also explained how she had seen some of the same pieces from the time before but said she "loved seeing them again".

Catching Richard Crowden, Director of Fine Arts Center on the way out for a comment he emphatically described how good it is too see children enjoying something that didn't involve a computer screen, or "Disney".

"Everyone's lives are better now than they were an hour and a half ago," said Crowden complimenting Cashore after the performance.

Cashore the very talented but modest man said after 30 years of performing across the globe with the Marionettes he's very fortunate.

He said, she said

By Bonnie and Clyde
Castleton Spartan

Her: So I recently started using this new app called Whisper. It's where people can anonymously post their deepest secrets and others can respond in either another secret or through message. Well, I was just browsing through some secrets when my message box dinged.

I've never posted a secret, so I was confused as to who was sending me a message. When I opened it, there a long message and a photo....

The photo was a penis.

Him: That's a little more than a whisper...

Her: I can't even explain how disgusted I was.

Him: The closest things to a sext that I've ever received was a snapchat of someone's isolated testicle.

Her: What did you do?

Him: I was actually really impressed, not by the testicle, but by the winky face that had been doodled on it…

Her: That's so weird! Especially since you never know what you're gonna get in a snap or text nowadays.

Him: Sexting is the modern way of suggesting a hookup. It's the "Here's a picture of my junk, are you interested?" mentality. Sexting has no race, gender or sexuality; even married couples sext.

Her: I sure hope my parents don't! I don't even want to think about it!

Him: If sexting was around during biblical times, don't tell me Mary Magdalene wouldn't send a picture of her boobs to Jesus.

Her: Does sexting have to be, like, private parts? What if I sent someone a sleazy picture of me in a tank top? Is that sexting? Does a sext have to suggest a sexscapade?

Him: It freaks me out to put certain body parts into the public domain. I mean, have you ever heard of revenge porn?

Its when an ex- takes your private sexts and posts it on a website or a blog, all the celebrities
are doing it.

Her: That's insane! Why would anyone ever want to have their body parts over the internet? That's so disturbing!

Him: Well it's one way of getting a date.

Her: What happened to online dating? Singlefarmers or Christian Mingle sounds like a better option than exposing your privates all over social media, just saying!

Gettin' spooky at the Castle

Art professor adds color to classroom

By Kayla Quesnel-Cousine and Rikki Cloutier
Spartan Contributor

Passionate, enthusiastic, inspirational are characteristics of art professor Oliver Schemm. In a recent class, Schemm was running around his classroom grabbing different pieces of art to describe a single project as if it was a masterpiece of his own.

His eyes are piercing and filled with excitement. His arms and hands fly around, yet his voice calm and collective. Students in Schemm's Studio Art class are learning more than just art skills, their learning skills that they will use for life.

Painting, drawing, and sculpting are all terms associated with art. However, there is something much deeper than creating pieces of art going on in the Fine Arts Center in Castleton. Schemm is teaching his intro to studio art students something much more valuable than how to draw a picture. He's creating an atmosphere for students to use their creativity and their minds to overcome everyday problems they face.

"It's not necessarily about manipulation with different materials, it's about ways of dealing with problems … Going from point A to point B for a human being from a problem to solving it is incredibly important, because that skill — you're going to use for the rest of your life and it doesn't matter what discipline you're in," Schemm said.

Schemm's energy fills the room as he bounces from table to table checking on students and their works of art.

Helping his students get to their own "ah-ha" moment is the reason why he teaches.

"No teacher is going to be able to get a student to that 'ah-ha' moment. They can't make it happen, but they can help it. It's not even like fireworks or anything like that, it's in the eyes, it's in a smile, and it's like suddenly, boom, it happens, and there is a connection," he said.

So, do the students realize what they are really getting out of the class? Junior Nikki Lauzier, who is a perfectionist, says the projects can be frustrating, but she has learned to work through her frustrations with the support of her professor has been able to overcome her problems.

"I've had to learn to not give up and to keep going," Lauzier said.

But not all lessons learned in Schemm's classes have a deep meaning about creativity, perseverance, and problem solving. Some are blunt and quite obvious.

Junior Connor Gibeault learned another lesson the previous week when he was talking out of turn in class.

"Last week I learned not to talk during lectures. Oliver got mad," said Gibeault.

Schemm's goal is to get everyone comfortable in his class so that they take chances.

"If you're willing to take chances and keep an open mind then you'll succeed in an art class, and maybe learn a bit about your own creativity side," Schemm said.

And for everyone who isn't an art major, Schemm has a message for you.

"Everyone has a creative possibility, it doesn't matter what it is, it's not about making a picture or making a sculpture, it's about the act of creativity," he said. "You can live a creative life."

RIKKI CLOUTIER/SPARTAN CONTRIBUTOR

Art professor Oliver Schemm explains a project to a reporter.

Fines for open drinks

Continued from page 1

"This is a tool to help reach our goal of decreasing these actions," Sherwin said. "We'll use discretion and this won't be a harassment campaign against students and their parties, but we will be cracking down to make a difference."

Sherwin and his officers will be keeping a sharper eye on students walking through town in between parties, looking for that open can of Budweiser or a full red solo cup. Although they are not legally allowed to question an unidentified beverage, they will be making judgment calls on behavior and reactions of students walking around town.

And the consequence for that open bottle and rowdy behavior? A ticket accompanied by a $100 fine. A second-time offender will need to pay double and for a third offense, the fine escalates to a total of $1,000. It's a huge payment for something that's "easily avoided," according to Sherwin.

"If you're walking down Main Street with an unopened 30-rack of beer, we can't do anything," Sherwin explained. "But as soon as you pop that top, the rules change."

Although town members are waiting for the change with urgent anticipation, students are not as thrilled.

"I'm 21 years old," said Blake Wardwell. "I have the legal right to be carrying an open container of alcohol." Wardwell feels that the new policy will only create more tension between Castleton citizens and college students. "We like our freedom, this won't stop anything, it will just be another barrier we will overcome."

But Castleton State College President David Wolk is hopeful about what the new year and the new policy has to bring, and he believes strongly that this fall semester has gone more smoothly than the previous year.

"It makes sense to limit open container drinking," said Wolk. "The vast majority of Castleton students are extremely respectful and courteous. They will continue to be good neighbors, as they should. I hope this trend will continue."

Cowden has high hopes

Continued from page 3

hireedjob.com drew him in, he said, and once he explored our pure Vermont terrain, there was no going back for him.

"It was three totally different positions in one. I had never seen it before," said Cowden. "It was the only job I submitted paper work to. And I mean actual paper work. I had to send in a hard copy of everything, they didn't want it sent to them online."

Although the job may have seemed a little bizarre at first, he was intrigued. But there were family consideration too.

"Anybody that knows me knows my family is at the top of my list of priorities. It had to be an extraordinary job for me and also a good opportunity for my family. I really wasn't expected to be blown away, but at the end of the interview day I was sitting on the stairs of Woodruff and called my wife. I said 'If they offer me the job, I think we should move here,'" said Cowden who was offered the job that very same day. "I had a very strong feeling that this place was going to change our lives."

After three weeks of being offered the job, Cowden was unpacking his moving boxes in Vermont.

"(He) is exactly the kind of person we needed upon Mariko Hancock's departure. When paired with Sally-Ann Majoya, the two have made a pair that allows for the future of the Fine Arts Center to be even brighter," said Meghan Hakey.

With Cowden now leading the show in the FAC, his goal is to bring the groups and programs within the building together. He also hopes to see the program expand, including possibly using a building next to the Paramount Theatre for additional rehearsal space for CSC students.Is he talking building a new building or using existing building?

"The footprint of CSC here is maxed out. There is not enough land to expand here, but there is in Rutland," said Cowden.

He is also very interested in the careful planning of a new theater masters program and its impact on the need for space. "The way the budget works is we are not going to be able to expand our infrastructure until we get the demand," he said.

Within the next few years, he said he wants CSC to be the "it" location for students interested in degrees offered within the FAC.

"I really want to make Castleton the destination for the arts for the students and the community. What I want is for five years from now, two high school students are going to be sitting in a coffee shop in Boston. One will say 'Where are you going to go to school?' and the other will say, 'To Castleton State College in Vermont to be a music major.' And the other will say, 'I heard that place is amazing, I think I will go there to.'"

Students behaving better this fall

Incidents on campus have decreased significantly

Incidents	Fall 2012	Fall 2013	Percent decrease
Alcohol	105	24	81%
Drugs	18	10	44 %
Theft	18	4	77%
Vandalism	29	13	26%
Medical	30	15	50%
Diversions	39	0	100%
Enabling	4	0	100%
Guest Violations	15	4	73%

Chemistry to become a major at CSC

By Daley Crowley and Alexandra Johnstone
Spartan Contributors

As of next fall, Castleton State College will be the only Vermont state school with a chemistry major. In recent years, admissions officials have reported that chemistry is one of the most requested majors for incoming students.

But a new major requires new faculty.

"In order to do this, we need more people, we need more expertise," said chemistry professor Andy Vermilyea. As a result of that need, the college will be hiring three new staff members, Vermilyea said.

The science department is excited for the new chemistry major, but they've run into another problem.

"We're going to need more space!" said department chair Tim Grover.

With the addition of a new physical chemist, lab coordinator and exercise science teacher, it's obvious they will need more room.

"We need more lab space," Vermilyea agreed. "As you can see, I'm kind of in a dungeon back here, so that shows you how tight we are for office space."

Although new lab space will not be finished by next year, that won't stop the major from being implemented into the college.

"I'm a new faculty member, but I've had this in the back of my mind," said Vermilyea. "I've been wanting to get it going for a while, and I think it would fit in really well with the curriculum we already have. We anticipate that this will help the college grow."

Students are excited about the new major as well.

"I think it's long overdue," said CSC Science student Caleb Walkins. "Adding a chemistry major will improve the college greatly."

Vermileya and chemistry professor Livia Vastag have began writing the new curriculum and hope to put finishing touches on it with the new staff this summer.

Throughout the process, Vastag has contributed greatly. But she has one concern.

"The trick is that we need to show that there is sufficient student interest. You can't start a major without any students who are interested," she said.

Vermilyea also has the same worry.

"Filling upper level courses is definitely a fear until we get our first freshmen group all the way through," he said.

Senior Erik Ciocca won't be here to benefit from the new chemistry major next year, but his thoughts are positive.

"Expanding the science department will bring more students to the school. The bigger the science department the better."

CAMERON MAURER/CASTLETON SPARTAN

A Student walks into Jeffords Center, home of the science department.

Student Services helps keep money in order

By Jorah McKinley and Jake Covell
Castleton Contributors

Every college student knows paying for school is no walk in the park, but rarely do they consider the struggles of the people behind the scenes who are dealing with not just one student's billing, but thousands.

The Castleton Student Services office deals with all things financial for the college, and it is not easy.

"Every penny that goes through the college goes through us," said Pam Groesbeck, a Student Services consultant at Castleton.

The first thing they do when they arrive in the morning is deal with all the money, and they must account for every single cent.

At the same time, they are fielding questions and phone calls from confused students who don't know why the have a balance and angry parents who can't access their children's accounts. According to Groesbeck, it's not uncommon for parents to take their frustration out on the Student Services consultants who are trying to help.

When this happens, fellow consultant, Jean Bushee, said she goes for a walk around the building to calm down. But these skilled professionals are used to having these types of difficult conversations. Especially Betty Moyer, the school's accounts receivable manager. She's in charge of making sure that every student's bill gets paid.

"Somebody's got to do it!" Moyer said. Hanging in her office is what looks like an eye examination chart, but when read closely you can see it says "I will not default on my student loans." This is one of Moyer's jobs, to help students work out a way to pay for college and apply for loans so that they can continue their education.

However, over the past 10 years that Moyer has been at Castleton, she has seen this task become harder and harder for students.

"The economy has made a big difference," Moyer said.

She has seen the number of students who just can't pay increase over the years. On rare occasion, she has even had to suggest to students that they leave school.

"There comes a point where it's doing the student a favor … cut your losses and go now," Moyer said.

Castleton typically doesn't ask students to leave due to financial issues, but Moyer doesn't think it will be that way for much longer.

"Down the road, I can see that's going to happen more as the financial situation gets worse all around," she said. "Unless people are independently wealthy… it's hard."

Although many of the conversations Student Services staff members have are difficult ones, their main goal is just to help the students, and that is what they do.

They work their hardest to answer all your questions, even the crazy ones like: "Where can I get a cake and balloons?" "Can I get a ride home?" Or, "can you tell me the train schedule?" Yes, these are all real questions they have gotten in the Student Services office, but they don't mind.

"We want students to think they can come to us for anything," said Bushee, "and if we don't have the answer we'll find the person who does."

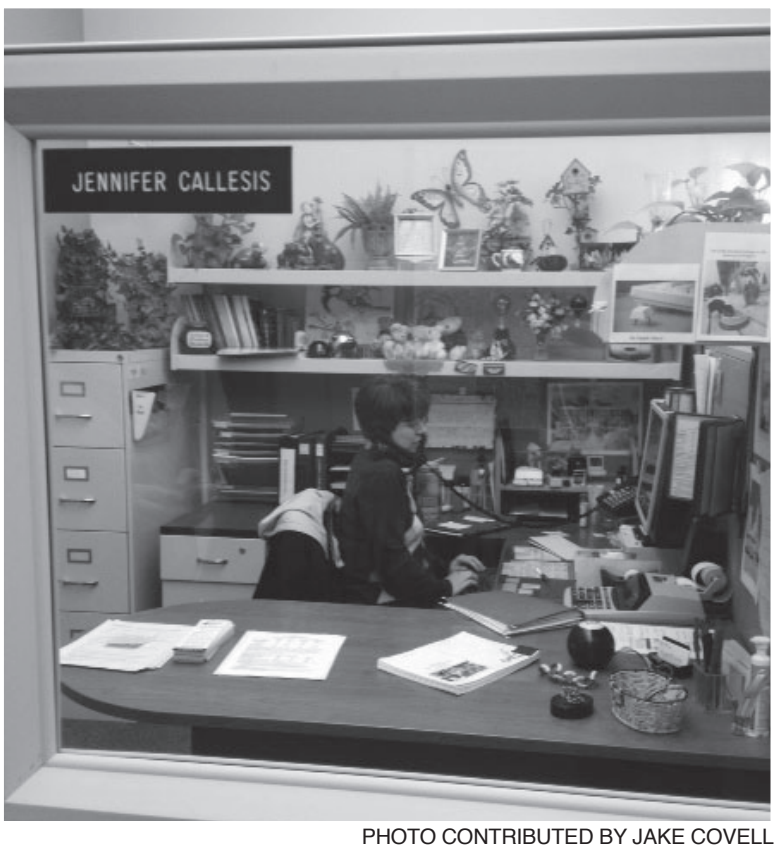


PHOTO CONTRIBUTED BY JAKE COVELL

Jennifer Callesis works away in the Student Services office.

Lady Spartans start off strong in playoffs

By Will Stuhler
Castleton Spartan

It was a great start for the women's soccer team in their NAC quarterfinal playoff game against the Maine Maritime Mariners. It was a dominant victory as Castleton shutout the visitors 4-0.

From the start, the Spartans took control of the game. They had several chances right in the beginning. Captain Kelsey Lenney had a beautiful cross to the back post where Nicole Wershoven was able to get head on it, though it went just over the crossbar.

About two minutes later in the eighth minute, a cross from Mallory Costello hit the feet of Dominique Valacius. Valacius kicked the ball up where Wershoven was able to finish with a great header.

Later in the 28th minute, Costello was tripped up in the box and was awarded penalty kick. She drilled the ball to the bottom left corner with no problem. And described her approach.

"I tell myself to relax and just pass it into the net," she said. "I tell myself to not look at the goalie and just put it in the net. I always shoot to the left side."

The Spartans continued to control the ball throughout the game. Goalie Jessica Binkowshi didn't see her first shot until the 30th minute. She finished the day with three saves.

"We changed our system of play this week and with only four days of practice with it under our belt, we played very well," said Head Coach Chris Chapdelaine.

Castleton's second half was no different from the first. They dominated ball possession and had several chances throughout the half to score.

The next goal came from Blaire Hooper. She centered the ball where Jenna Bostwick was able to get a head on the ball and finish.

"I saw the ball coming in and I said this is mine," Bostwick said. "As soon as I headed it, I knew it was going in."

Bostwick didn't stop there. In the 90th minute, a short corner kick pass from Hooper allowed Bostwick to cross it in. The Mariner's goalie missed the ball as it rolled into the corner, giving Bostiwick her second goal and Hooper her second assist of the game.

"It was totally unexpected," said Bostwick. " Honestly, I was trying to send it across the box for someone to get a foot on it."

KATIE SAULT/CASTLETON SPARTAN

Blaire Hooper dribbles the ball past a Maine Maritime defender.

EMMA RUDNICK/CASTLETON SPARTAN

Shawna Pinsonault fights for the ball against RPI in the last regular season game at home.

Field hockey on a roll

By JenniLee Mark
Castleton Spartan

The Castleton State College field hockey team has been on a roll this season, along with several other of the Spartans' fall sports teams. As playoffs are upon us, the field hockey team started their quest for the championship steam rolling over New England College 9-3.

Senior Blake Wardwell started the Spartan scoring in the 13th minute when she finally finished the ball after NEC goalie Courtney Duquette saved multiple shots in the seconds prior. She commented on her thoughts after giving her team the lead and setting the pace for the game.

"We finally broke the tension so scoring will be a lot easier from here on out," she said.

That proved true, but not without an answer from the Pilgrims first.

Nine minutes later, NEC's Cody Kent tied the game when she beat Castleton goalie Jess Galatioto. However, the even score didn't last long, as Rachel Preusser answered 1:10 lateroff a pass from Shawna Pinsonault.

The Spartans added on another goal from Stephanie Bardell in the 32nd minute when she scored off a penalty corner, which the team has been working on.

"We have been working on our corners because those will be a key in these last few games," said senior Stacy Sullivan.

That practice has seemed to pay off in the past few games.

After the half, Castleton used their momentum to continue their dominant play. They scored five unanswered goals, including two from Pinsonault, Preusser, Kristy Pinkham and Annie Towslee.

The visiting Pilgrims tried to rally a comeback, but fell short after only scoring two more goals. They ended their season with a 3-17 record overall.

In the win, Galatioto made five saves while Duquette stopped 21 Spartan shots. Both Pinsonault and Preusser each finished the game with a pair of goals and an assist.

The Spartans move to a 12-6 overall record. They will face Maine Farmington today in Spartan Stadium in the NAC semifinals.

"We're just focusing on one game at a time," said senior Stacy Sullivan on the playoff mentality.

Strong showing

By Andrew Muse
Castleton Spartan

The Castleton men's cross country team finished third and the women's team took fourth place at the North Atlantic Conference cross country championships on Sunday at Thomas College in Maine.

Mariah Eilers was the top finisher for the women's squad finishing in fifth place overall with a time of 21:27, putting her on the NAC first team all-conference.

Isaac French was the top runner for the men's team grabbing eighth place with a time of 29:15 making the NAC first team all-conference along with Eilers.

"The race went well. We were seeded fifth and finished in third," French said. "Our conference was so strong this year and we came within five points of taking second place so we are happy with our performance."

For the women's team, the next runner in after Eilers was freshman Kelsey Thompson who took 17th place with a time of 22:47. McKynze Works came in soon after with a time of 23:22 placing 24th overall. Coming in fourth for the Spartans was Margaret Kuchinski taking 29th place with a time of 23:37 and Caitlin Ryan rounded out the top five with her first top five finish of the season placing 31st with a time of 23:42.

"It was a cold and hilly race," Eilers said. "When it came down to it though we all had a great race and the hard work we put in all year paid off."

On the men's side, Steve Hagemann was the next Castleton runner in, after French, coming in 13th overall, good enough to make NAC second team all-conference, with a time of 30:11. Coming in third for the Spartans was Jonah Lavigne, who came in 16th with a time of 30:36. Matt Woodward took fourth for the Spartans, finishing 21st overall with a time of 31:09. Nick Tubolino rounded out the top five for Castleton with a 27th place finish overall running a 31:47. George Forbes also had a tremendous race finishing 6th on the team and 30th overall with a time of 32:01.

"We felt confident coming in to the race," French said. "With the performance we put on, we definitely feel confident again going into the ECAC championships. We have been running really strong."

Spartans split

Staff Report

The women's ice hockey team kicked off the winter sports season this past weekend at Oswego State in Oswego, N.Y.

They shut out Cortland 1-0 on Saturday, but fell to Oswego State 3-2 on Sunday.

The Spartans are excited to get the season going with 11 new players on the roster this season, including nine freshmen.

"We are even more skilled than ever before with great attitude and great work ethic," said Bill Bowes, the head coach.

The Spartans will open at home this Friday, Nov. 8 at Spartan Arena in Rutland. They will face off against the University of New England at 4 p.m.

For the full story about women's ice hockey's weekend away, visit the Spartan website at castletonspartan.com.

"Hamster Wheel" runs smoothly thanks to Brian Smith

By Ryan Delorme and Kyle Richards
Castleton Contributors

Most institutions operate most effectively because of employees you don't normally see or hear about. That's the case with sports teams at Castleton State and the hard work and diligence of the man in the basement of Glenbrook, Brian Smith.

"I consider the space that I work in the hamster wheel that runs Glenbrook," Smith said.

His office smelled of fresh laundry and was extremely organized by color and sport.

"I do more than just laundry and managing teams' equipment. Game set up and break down and making sure everything is in the right place for games is also part of my job description," he said.

Smith grew up in Rutland and attended Rutland High School. After graduation, he attended North Country Community College and played two years of hockey. He then transferred to Castleton and majored in business management. After graduating, Smith got a job at Spartan Arena and was in charge of ice management for six years.

In 2011, the equipment manager position opened up at Castleton and Smith was ecstatic to jump on the opportunity.

"My Dad played football at Temple and always told me it wasn't the games he remembered; it was coming into the locker room and having fresh clothes in his locker. That's what I want for the athletes here," he said. "My goal is to treat the sports here at Castleton like a Division I program with a Division III budget. I want to keep all of the jerseys and apparel, hung up in order and looking nice."

Smith also owns a small but rapidly growing business. He produces and sells Wet Noodle Stick Wax for hockey sticks, including those used by the men's hockey team at Castleton.

Long-time friend, softball teammate, and Castleton Athletic Trainer, Josh Englebretson said he sees the business taking off.

"Wet Noodle is evolving so quickly that he may need his own shop to make it. Instead of being confined to the factory in his basement," he said.

The athletes Smith takes care of are certainly appreciative and notice how much pride he takes in his work.

"He always has our practice gear ready to go no matter the turn around, and on game day our uniforms are always nicely lined up. Brian is awesome and everyone should thank him for all that he does," said senior women's basketball player, Alyssa Leonard.

Like any job, Smith's work can sometimes be long, tedious and challenging. The fall season is the busiest time, demanding a minimum of 10 hours a day, six days a week. The winter season lightens up because he doesn't need to work with the hockey teams. Once the spring season rolls around, it is back to 10-hour days until late May.

"The summer is great! I take almost all of June off to go vacationing," Smith said.

Smith also has interns who help ease the work load.

"Brian is pretty chill to work with. I just have to hang football jerseys, wash clothes, and I can listen to music," said one of Smith's student interns, Joe Borowski.

Smith's long term aspirations are to continue in the same industry at a higher level, possibly as a strictly hockey equipment manager or become a rink director.

When asked about his favorite part of the job, Smith chuckled.

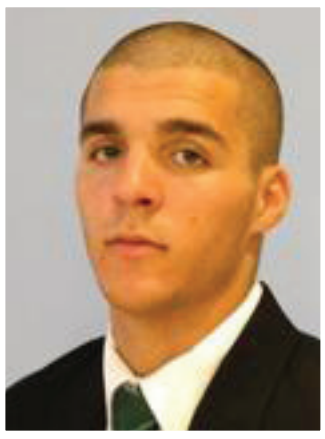
"I get to spend some of the colleges' money on new gear. I can test it out, and also working with different apparel reps is a pleasure."

PHOTO BY KYLE RICHARDS AND RYAN DELORME

Brian Smith shows off his organization skills in the equipment room.

Spartan Standout: Kevin Alberque

By Andrew Muse
Castleton Spartan



Junior Kevin Alberque has been a force on the turf for the Spartans this fall, leading the team with 506 yards receiving and 645 yards returning, with three games to go. Alberque is quietly building an impressive resume, having been named to ECAC second-team last year as a receiver and returner and coming in 21st in the country with 155.9 all-purpose yards per game. I sat down with Alberque to find out a little more about the Spartans' star receiver.

Q: When and why did you start playing football?
A: "I have been playing since I was in second grade. My dad coached football when I was growing up so I was always around it. My dad actually left a football practice to go to the hospital when my mother went into labor with me."

Q: Who was your favorite football team growing up?
A: "New York Giants!"

Q: How did you go about choosing Castleton for football?
A: "I wanted to get out of Jersey and my aunt lives over in Fair Haven so I had heard about the school, came to visit and really liked it. It's in a good spot to get away!"

Q: Do you have any pre-game rituals?
A: "I always wear my high school football shirt. I also have coconut water, a jar of pickle juice and a couple tablespoons of yellow mustard before every game to settle my stomach."

Q: How do you manage being in ROTC and playing football - both are big commitments?
A: "I have to make sacrifices if I want to be a stand out leader in either. They both are very time consuming; it takes a lot of hard work and dedication, not just during the designated times, to succeed. I love working under pressure!"

Q: When not playing football, what do you like to do?
A: "I'm busy a lot, but I enjoy kicking back and watching football on Sundays with the boys. Going out and socializing, fishing, being outdoors, lifting and hitting the beach in the summer are some things I like to do in my spare time."

Q: What's your favorite sport, other than football?
A: "To watch, it's got to be Hockey, and to play would be Baseball. In high school I played football, baseball, track and I wrestled. I won most outstanding athlete in my high school my senior year."

Q: What's your favorite food?
A: "My mom makes unreal homemade pasta with meat sauce. Other than that I love steak, Mahi Mahi and some raw clams."

Q: What are you going to miss most about Castleton?
A: "The close knit community that Castleton forms, everyone is so friendly and outgoing, it's a good experience to be at Castleton."

Q: What is your favorite moment at Spartan Stadium so far?
A: "Our best win was definitely my freshman year when we beat Anna Maria 56-52. My best performance was last year though against Plymouth State where I scored three touchdowns and we won 35-7. Going to practice at 5:30 every morning with your brothers builds a bond between all of us and the collective practices are my favorite moments at Spartan Stadium."

EMMA RUDNICK/CASTLETON SPARTAN

The Class of 2017 show they're friendly off the field, but have proven they can compete with upper classmen on the pitch.

A freshmen takeover

By Sarah Clark
Castleton Spartan

The Castleton State College women's soccer team was 7-1-1 in the North Atlantic Conference going into Saturday's quarterfinal game against Maine Maritime, which they won handily at 4-0.

With a record like that, most would assume that their team was stacked with returners, but believe it or not, this has been a rebuilding year.

Although they lost four powerful seniors last year, and will be losing three more at the end of this season, the graduating class of 2017 will be a force to be reckoned with. Together the 15 freshmen on the team have tallied 35 out of the 56 team goals. From the 5-foot-tall Paige Howk to 5'8 Marissa Benson, every freshman has contributed to the Sparty wins.

"We knew we had a lot of good kids on our radar, and we got them," said head coach Chris "Chappy" Chapdelaine, gushing over his current freshman class.

> "They have great potential and will be incredibly strong in the future. I am really looking forward to seeing them play their senior year."
> - Graduate Assistant Courtney Chadburn

In the past five years, women's soccer has not only competed in five conference championships, but they have won three of them, and are currently on the hunt to bring home the title again. With a track record like that, it is nearly impossible to not sell Castleton State College and the women's soccer program to potential recruits.

"We are trying to build a program. Our goal is to not only win championships, but to also develop the program and players," said Chapdelaine.

Freshman Dominique Valancius is one of those well-developed players. On top of starting every game, Valancius is currently ranked second in the conference in goals. Her stats are filled with double digits as she helps the Spartans on their way to a winning season.

Although it has been a building year, those sitting in the stands above may not be able to tell.

"They are starting to find their rhythm. It sometimes takes a while for freshmen to adapt from high school level play to the college level," said sophomore Mallory Costello. "Most of our team is made up of freshmen or transfers so it has been a reconstruction year. But our record proves that it's been a successful reconstruction year."

Costello is currently is ranked first in the conference for goals.

Although injuries have occurred, substitutes have blended in perfectly with the starting lineup. From Howk's broken nose to Morgan Young's torn ACL, nothing has slowed the team down.

"They are major contributors to our team and our record, said Courtney Chadburn, the graduate assistant coach. "They have great potential and will be incredibly strong in the future. I am really looking forward to seeing them play their senior year."

Sports Talk
with Eric Dowd

Is it me, or is it a really good time to be a Boston sports fan right now? In my lifetime I have seen the Celtics (2008), Bruins (2010), Patriots (2001, 2003, 2004), and Red Sox (2004, 2007) all win championships.

The Red Sox added onto that by winning their third championship in a decade, beating the St. Louis Cardinals 6-1 on Wednesday night in game six. Out of all the championships that Boston has won, this one seems most special because they proved Boston can overcome a tragedy. After the marathon bombing, Boston has remained strong.

It is almost reminiscent of how the Yankees, playing the Diamondbacks after 9/11, helped people realize that everything will turn out all right. It may have been down the road a ways, but bringing back America's pastime helped do it.

They finished the regular season with a 97-65 record, which was tied for the best in the Major League. They proceeded to defeat the Tampa Bay Rays in the ALDS, and then moved on to face the Detroit Tigers. The Tigers brought a tough trio of pitchers with at least 200 strikeouts in Anibal Sanchez, Justin Verlander, and Max Scherzer.

After losing game one of the ALCS, the Sox got a grand slam from David Ortiz and a strong effort from new closer Koji Uehara to pick up the win in game 2. Fast forward to game six, the Sox are down 2-1, the bases are loaded and into the batters box steps Shane Victorino. On a 2-0 count off of Jose Verdas, he hits a curveball into the Green Monster to give the Sox, the lead for good; they advance to the World Series to play the Cardinals.

Winning the World Series didn't come easy, especially after two of the wildest things to ever happen in baseball. In game three, the Cardinals won the game off an obstruction call on Red Sox third baseman Will Middlebrooks. Was it the right call? Yes it was, but what a way to call a game, especially in the World Series.

In game four, Koji Uehara picked off Kolten Wong to end the game. Both of these plays were the first of their kind to end a game in the World Series. They just added to the already built-up anxiety that surrounds the World Series.

I also have to say that without Manager John Farrell, the Red Sox wouldn't have won the World Series, in my opinion. It takes a great manager to lead a team to the World Series, especially in his first season at the helm. The last manager to do that was Terry Francona in 2004.

After the game, David Ortiz exclaimed his famous quote (look it up on YouTube, it contains some foul language) to celebrate and put the people of Boston at ease. The Sox and all their fans know this World Series win was more special than most.

Men shut out Lyndon State 5-0

By Will Stuhler
Castleton Spartan

The men's soccer team dominated the visiting Lyndon State Hornets 5-0 in their NAC quarterfinal game.

The Spartans struck early in the seventh minute. A beautiful pass by Bryce Kaler went over the defensive to Spencer Dandurand, who took the shot and scored. The Lyndon goalie, Jason Marks, got a hand on it, but couldn't keep it out of the net.

"Getting that first goal felt great," Dandurand said. "It's so important for our team to get rolling early and Bryce played me a perfect ball."

The next goal came only five minutes later in minute 12. Dandurand hit a long cross where Owen Fellows was cutting. The ball took one bounce and Fellows was able to head it over the Marks into the net. Dandurand finished the day with a goal and assist.

"It felt really good, said Fellows about his play. "It was really important to get the two goal lead."

The Spartans' next goal came from a through ball from P.J. Phillips. Phillips hit Dameon Young on the run and he finished the play with ease.

The first half came to an end with the Spartans leading 3-0 and the second half was no different. Castleton controlled the ball and had several more chances to score.

They got their fourth goal in the 74th minute. Captain John Kendall stole the ball from Lyndon defenders and raced down the field. Kendall's speed allowed him to beat the defenders down field and tuck the ball into the corner of the net.

"Finally," Kendall commented. "It took enough time, but it felt good."

Castleton's final goal came in the 86th minute when Gabe Bicker put in his first career goal off an assist from Jake Tietgens. Marks once again got a hand on it, but it just wasn't enough to stop Bicker.

"I think we played well," said Head Coach John O'Connor. "I was happy with a lot of pockets and [we] played very well."

This win improved Castleton's record to 13-2-2 overall. They will play in the NAC semifinal tonight in Spartan Stadium.

KATIE SAULT/CASTLETON SPARTAN

Blake Hart wards off a defender to gain possession of the ball.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, November 20, 2013 CastletonSpartan.com Castleton, Vermont

The door is always open in deans' office

By Kaylee Pratt and Megan Moore
Castleton Spartan

Meredith Fletcher sits at her desk in the bottom of Woodruff Hall. She has a smile on her face as a student walks in with an uneasy expression. This type of reaction from students is not uncommon.

"A lot of times they will come in sort of shy and timid because it's the deans' office, but we're really not scary once you know us," Fletcher said.

Fletcher is the first line of defense in the associate academic deans' office. She deals with issues including graduation standards, scheduling of any sort, looking at academic jeopardy, leaves of absence or resignations, signatures and problems with classes or professors.

"She keeps track of us. She has all of our calendars. We could disappear; the CIA could swoop in and abduct all of us, and she would know," said Associate Academic Dean Yasmine Ziesler, with a laugh.

Ziesler is in charge of the FYS and study abroad program. She said students come to her office asking, "Where in the world could I go, what could I do?"

Among other duties, Ziesler has the fun job of teaching all first-year students Castleton's alma mater song.

"Think about how you teach 500 first year students to sing!" Ziesler said.

On the outside of the door of Ziesler's office, she has alphabets in different languages that spell out her name. Her challenge is to find another alphabet from a student around campus so she can add it to the collection.

Ingrid Johnston-Robledo is another associate academic dean, whose desk is in the room next to Ziesler.

She works on faculty student research grants, transfer student initiatives, and helps those chasing the civic engagement certificate.

Joining them is Associate Academic Dean Jonathan Spiro, who the women in the office describe as high-spirited.

"He sings Christmas songs in July," said Ziesler and she insisted, "he really has a superhero costume on underneath that elegant suit and tie."

He works with honors students, with technology shifts and alongside new professors to get them oriented to Castleton.

But for most students the Associate Academic Deans' Office remains a mystery.

In fact, out of 11 students asked if they have been there or what the deans do, seven responded by saying they didn't know about it or where it is.

"No I have not, sorry. Actually I'm not sure where that is or what they do for that matter," said junior Brynna-Lee Carper.

But those in the deans' office want to change that. They say too many tours have gone by the office, with leaders not knowing what to say.

The deans would like to welcome students to stop in just to say hi, as some students do. They love visitors and don't want people to feel scared to come down.

"The goal is when a student comes in, if they come in crying, that they leave smiling," Fletcher said.

Freshmen football players to the rescue

PHOTO CONTRIBUTED BY JOHN JWEID

Kalinen Barrows' car rests on its side after a Nov. 1 crash.

By Bryanna Allen-Rickstad
Castleton Spartan

When roommates Christian Procida and Anthony Porcelli attempt eye contact and a friendly smile with her in the library, all they receive is a confused look and hurried dismissal in return.

They saved her life last week, and this week, she has no idea who they are.

At around 9:30 p.m on Nov. 1, Procida, Porcelli and three other members of the Castleton State College football team made a trip into Rutland for an after-practice snack.

"We just wanted some fast food when we went into town that night," remembers Procida. "We got a lot more than that."

Driving on Route 4, the car full of hungry freshmen was suddenly passed by a speeding vehicle, clearly out of control. Procida, following his instincts, told the driver of their car to slow down to maintain a safe distance from the swerving green sedan.

His instincts were accurate, and several seconds later the car in front of them was airborne.

"Suddenly, the car was flipping through the air," Porcelli said. "Then it landed off the road on the driver's side door. Everything in me was telling me to help."

And that's exactly what they did.

They leaped from their car and rushed to the aid of the driver. But when they peered into the windows, they could see nothing but smoke and hear nothing but screaming.

"There was such thick smoke, it's all we could see and smell. Then this hand came out of nowhere and started banging on the window from inside," Procida said, adding that it was something right from a horror movie.

Porcelli and Procida searched the back of their car for something to break open the windows and free the driver. They succeeded using a combination of a metal jack and folding chair.

Then Porcelli crawled into the car.

"I saw her lying on the passenger side, a cut on her neck and a bottle of vodka in the backseat," Porcelli said. "She was screaming for help."

The driver, Castleton State College student Kalinen Barrows, was charged with DUI, according to State Police. She has declined to comment about the crash.

Porcelli managed to pull her out of the car and carry her a safe distance from the wreck. By then, local police and EMT personnel had arrived on the scene. Allegedly, Barrows could not remember where she was coming from or where she was headed when she got behind the wheel. And no 'thank you' was ever given to the football players.

They headed back to campus, no longer in the mood for a burger and fries.

Porcelli and Procida pass Barrows on campus almost every day, and yet she has no memory of who they are. And even though recognition is not what they were after when they saved her life, their admirable actions did not go unnoticed.

At a weekly SGA meeting, professor Stephanie Wilson brought her class for an "academically related meeting." Porcelli and Procida, both students of Wilson's, had no idea that someone on campus had taken an interest in the recent event. Unfortunately, Porcelli was not able to attend class that night, so Procida had to represent them both.

"I was listening to the meeting about the new civility tokens, wondering who would get the first one," said Procida modestly. "Then they called my name, I couldn't believe it."

SGA President Timothy Mackintosh and Castleton State College President Dave Wolk presented Procida with a framed civility token; a new idea brought to the campus as a way to reward and thank people for small acts of kindness.

Both Mackintosh and Wolk announced they were "proud to have such strong students" on campus, to have people "do the right thing," even if the right thing isn't always easy.

Both Porcelli and Procida have their tokens on display in their dorm room, sitting proudly on their desks next to stacks of homework and Little Debbie coffee cakes.

"We'll both keep these forever," said Porcelli.

"I think the tokens are proof that our parents raised us right," adds Procida. "and that people in general will usually do the right thing when it comes down to it."

Castleton found Molly

By Molly DeMellier
Castleton Spartan

Editor's Note: Because of the sensitive content, names of students in this story were changed.

Beams of colored lights emerge from the darkness and dance across a haze of smoke. The pit of bodies beneath the stage begins to move in series of trance-like sways. Sweat cascades out of your every pore. With a deep breath your heartbeat becomes synced with the music until the beat drops and the rhythm takes control, powering your pulse.

You popped a Molly and now you're sweating.

Your blood, trapped within your veins, is threatening to burst from your skin, but you soon forget this rhythmic boil, lost in the illuminated air demanding your gaze.

You popped a Molly and now you're sweating.

A salty residue builds on the corners of your dried lips and trickles to the rhythm of your eardrums down your neck. The salty drip falls to your saturated tank top sending an electric chill through your bones. A deep breath of rainbow air doesn't fill your pleading lungs. The lights are dimming on the entranced crowd.

You popped a Molly and now you're fading.

According to Simon Moya-Smith of NBC News, Molly is a purer form of the popular 90's club drug, ecstasy. Although the drug has existed for decades, Molly has recently taken popular culture by storm and is the name lingering on the lips of mainstream artists across an array of genres.

From Kanye West to Madonna and between Miley Cyrus' twerks and occasional naked wrecking ball swings, they're all looking for Molly.

Castleton State College students are not absent from the search for the euphoric appeal of Molly. Data collected in the National College Health Assessment sponsored by the American College Health Association last spring revealed that three percent of Castleton students use the drug one to five times a month and that 10 percent have tried it at some point, said Coordinator of Campus Wellness Education Jamie Bentley.

"It honestly is like ridiculous the way it makes you feel," said Castleton's Keith Davis. "It makes you feel immortal."

But Molly is far from a prescription for immortality. After the exhilaration and enticing lights, Molly is proving to be a stone-cold killer.

On Sept. 23, U.S Sen. Charles Schumer of New York announced his plans to formulate a ban on the chemicals used to make the drug.

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PHOTO ILLUSTRATION COURTESY OF FORMER PHOTOJOURNALISM CLASS

SGA holds open forum

By Megan Harris
Castleton Spartan

A recent forum held by the Student Government Association brought mixed emotions and new ideas to the table for the college.

The hot topics: Slow internet, a tobacco-free campus and the college's expansion into Rutland.

After a brief greeting and introductions, President of SGA, Timothy Mackintosh opened the floor to discussion of the problems we all face with Wi-Fi at CSC.

"I don't feel like this is really a debate," Mackintosh said smiling. "I've never had someone come up to me and say, 'You know Tim, the Internet goes too fast,' but this is a chance for suggestions and to let the student body know we are working to remedy the problem."

Mackintosh introduced IT's Chief Technology Officer, Gayle Malinowski. She agrees that the problem is not an easy one to fix and that in coming semesters, IT will be able to solve the issues. Pending the ending of our current Internet contract in June 2014, Malinowski believes that part of the bidding process for a new provider will be the speed of Internet they can provide. She reminds however, that there are times where the usage simply outweighs the capacity of the servers the college currently functions on.

The dialogue then shifted to the college's expansion into Rutland for future generations of Castleton students. President Dave Wolk stressed the importance of greater internship opportunities, an integrated Castleton-Rutland economy and the possibility of student centered laboratory learning as highlights of the new vision for Castleton.

"We've reached the capacity of our footprint here. Even though we love Castleton, we're getting to the point where we don't want to get too crowded," Wolk said.

Senior Matt Bushey, however, said he worries that the increased separation of the campus might encourage

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Manners please

You're walking into Woodruff with a heavy backpack and your hands full. There's someone in front of you and you feel relieved that you won't need to juggle things around to open the door. But when you get to the door, it closes on you, hard.

Ouch!

Then you're sitting in class and the person in front of you sneezes. You bless them in a kind voice and wait for a response.

Nothing.

Class ends and you shove textbooks into your bag. Carrying your notebooks, you rush out the door, but as you're leaving, you collide with another student and your notes scatter everywhere. Bending down to clean up, you expect to see the other person helping.

They're already in their seat.

Now feeling frustrated with rudeness, you walk to your next class with a quicker than usual pace. You're next class is in Jeffords and you're already running late, so you book it.

You notice another student in front of you going the same direction. You expect them to not hold the door open for you. You prepare your arms for the short struggle they will soon have.

As you finish juggling around, you look up and notice the person in front of you is now waiting for you with the door wide open.

In shock, you rush pass this person saying many "thank you's." Once in class, you feel a small smile returning to your face.

Unfortunately, manners are something that is fading. Do you remember a couple of years ago when texting at the dinner table got you a slap on the wrist?

According to library.thinkquest.org, manners have become a lot more relaxed compared to how they were before the 1960's. Manners almost seem like common sense. If someone sneezes, you bless them and expect a thank you in return.

It's not just these kind acts that are dying down, but the way some people talk. When did cursing in front of your parents become okay?

According to schools.com, 48 percent of adults over the age of 55 and 74 percent of young adults between the ages 18 and 34 swear in public.

Maybe it's the way some of us were raised or maybe it's because some public figures act so poorly and get paid for it.

But don't just expect the worst from people. Some go out of their way to do something as little as holding the door open for a stranger.

Every year, there's a week dedicated to random acts of kindness. There's even a website where anyone can find random kind acts that are as simple as telling someone they're awesome.

At Seton Hall, Hillary Sadlon performed 22 random acts of kindness for her 22 birthday in September. Instead of making the day about herself, she went out and made others smile.

So why is it difficult to hold the door open for a stranger, or just say 'thank you' after you're blessed? One small act can lead to many others. It's like a bug you want to catch because kindness is contagious.

-Rebecca Roe

Castleton Spartan
CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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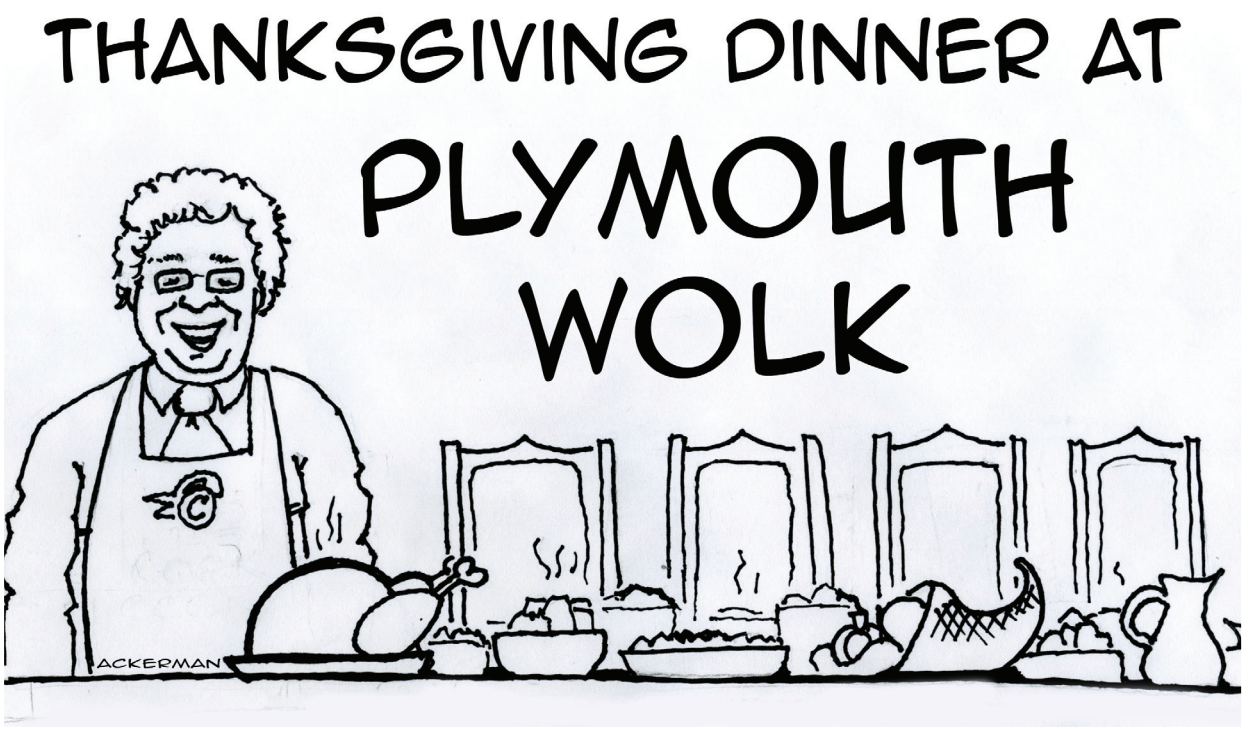

Life is too precious

With mountains that kiss the nearly oceanic summer sky then give way to a cascade of red and orange foliage in the fall only to dissolve into a pure white powder, Vermont's best attribute is its aesthetic appeal.

Its hidden treasure is the sap that runs rampant through the veins of the trees making maple syrup finer than even Aunt Jemima could imagine.

And it's best kept secret is that the state ranks among the highest in suicide rates across the nation.

What falls between the vibrant landscapes and the first snow may seem dismal and barren. The secluded countryside can become a harbor for feelings of abandonment. Combined, these factors can put Vermonters in more than just a pre-holiday season slump and have them at a loss for a will of a tomorrow.

Statistically, more women attempt to commit suicide, but more men are successful in the act. While women often turn to methods such as overdosing or cutting that provide them with an opportunity to change their minds, men tend to resort to more drastic measures such as firearms.

As seasonal depression climbs toward its peak and finals loom overhead, suicide and depression are serious concerns among college students. There are however, strategies to absolve these pressures and reduce stress.

Taking the early initiative to prepare for finals and end-of-the-year projects makes them smaller tasks to take on in smaller steps. This stretches the workload over a longer period of time as opposed to cramming a semester's amount of work in during finals week.

School and social lives all too often know how to get simultaneously overwhelming and seemingly uncontrollable. Nonetheless, every day is a fresh start. When you're feeling beaten down or lethargic, surround yourself with people or things that make you smile. Happiness is contagious and even a brief smile can captivate your emotions.

The Wellness Center also offers counseling services to help identify sources of stress or anxiety, offer coping methods, and can simply lend an ear for those times you need to talk.

Even on the seemingly longest of days, the sun will eventually set. It will not always bring a resolution to your problems but a temporary conclusion from the struggles. No one is without their moments of weakness, but strength is revealed in your ability to persevere.

Thanksgiving break is in sight. Take it as a time to put your mind at ease and a chance to just breathe. Life is too precious a gift to not see what tomorrow has in store.

-Molly DeMellier

Not goodbye, but see you later

Three-and-a-half years ago I packed my mom's van up with my favorite things with my college check-list complete and a few hours later arrived on campus. That first week was the worst week of my entire life.

I didn't have any friends, wasn't very social and had a roommate from Hell.

I wanted nothing more than to drop out and go home where I was comfortable, where I had friends, where I would never get out of my small town.

I took one hard look at all my friends back home and the places they ended up within a couple months after high school and I knew this is where I needed to be; not home with a baby and an abusive boyfriend or drinking at the local tavern every night.

I stuck through those first couple weeks and after that I was making friends, enjoying classes and in a new dorm room with a new roommate who I liked.

Early sophomore year I took Media Writing and that is when I decided to change my English major to communications with a focus in Journalism. I had always been an avid writer but my professor, David Blow, showed me that I could combine my passion for writing with a career and actually look forward to getting up for work every-day.

The next few years flew by faster than I would like to admit; between long-distance boyfriend drama, my mother's third marriage and my struggle with anxiety and depression, I'm now sitting in my dorm room watching the days fly by til graduation in December.

Over the last three years, I have made friends that I know I will have forever. We'll be flying all over the world to stand next to each-other on our wedding days and to be there in the hospital when our first kids are born. They've become my family and I owe a lot to them. I would love to name them right here, but the thing about friends like that is that they don't need to be reminded how much they mean to me, I show them every day.

Words can't explain how much I'm going to miss this place, the food at Huden, Flubb's Halloween parties, Killington and my amazing professors.

I have so much to be thankful for and so much to be proud of. This school has opened doors for me that I never even knew where there. It might sound a little lame, but I'm crying just writing this. We complain so much about things in life until we realize that they are only temporary, this is our temporary home.

I wouldn't even be sitting here without my mom, first off, pushing me every single day, reminding me why I was here and why I couldn't give up. I have to thank each professor who took the time to push me, even if it was a negative push. I wouldn't be here without it. I need to thank the friends that turned into family, the friends who picked me up every time I fell. I need to thank this school and community for the opportunities it has given me and the doors it has opened for me.

As I move forward with the next chapter of my life, I will look back on this place fondly and remember all the incredible memories I made on this campus and in this town. It's not goodbye, it's a see you later!

-Martina Marchese

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Eder links athletics to admissions

EMMA RUDNICK/CASTLETON SPARTAN

Chris Eder sits in his new ofice as the Admissions- Athletic Liasison

By Matt Trombley
Spartan Contributor

Castleton Ski Coach Chris Eder sits at his new desk in the athletic complex, proud to be the new admission-athletics liaison. While in deep conversation on the phone with fellow coaches, he is flanked by bumper stickers of Killington Resort and Okemo stuck on the front of his desk and on his jacket hung up in the corner just waiting for the first snow.

Just last year however, Eder sat at a desk in the admissions office in Wright House. He and his fellow counselors were always busy with incoming students and phone inquiries from perspective students.

Most of the calls in the ad missions office are actually meant for student services and are transferred there. The other half are either students looking for a status check of their eligibility or coaches looking for information on recruits. Coaches frequently would call back repeatedly if counselors could not give them information quickly.

Erica Terault, an admissions counselor gave a good description of the tension between athletics and admissions.

"I really enjoyed working with them … but some of them can be really demanding sometimes. I felt sometimes coaches wanted us to drop everything and had no respect for the process," she said.

As Castleton grows, the admissions office has gotten busier with the increasing number of student inquiries.

Just a few years ago, Castleton had only about 1,900 students total. Now there are about 2,200 students enrolled and the college's President, Dave Wolk, announced at the 2013 convocation he is looking to increase the student body over the course of his next 10-year plan to expand the school, keeping admissions busier than ever.

Linda Sheridan, office coordinator of admissions, Linda Sheridan is psyched about Eder's new role.

"Yeah, he's doing great there. Not only can he be there for skiing, but it solves problems for our counselors," she said.

With Eder having 15 years of admissions experience and 11 years as head ski coach for CSC's men's and women's ski teams, he was the perfect candidate to be a liaison between the athletics and admissions department.

The new liaison also makes sense because along with the college, athletic programs have grown, most notably with the addition of football in 2009. They've been much busier with recruiting since then.

When Athletic Director Deanna Tyson was asked whether Eder's new role has relieved any tension between admissions and athletics, she was quick with a response.

"That's exactly what I planned," she said, adding she was the one who brought the idea to the table.

Tyson had gone to St. Michael's College the previous year and met their athletics-admissions liaison. When she met him, she said it was like a light bulb going off in her head.

"We need this for Castleton!" she said.

Tyson proposed the idea to the Castleton administration and they fell in love with it. Now Eder is a direct connection from the athletic department to the admissions office. He can look up any information of recruits for the coaches and also help the admissions office if they ever needed an extra hand.

As a coach, Eder understands the needs of coaches and he said that's valuable in his new role.

"Most athletic recruits have a lot of other options besides Castleton, and the sooner they hear from us the sooner we can be in the equation when they make a decision, he said. "Everything is going really well so far, and I'm looking forward to meeting more students and more recruits."

Crunching for a cause

By Kaylee Pratt
Castleton Spartan

Castleton State College professor Steve Lulek has come up with an idea to help the family of a recently deceased longtime friend.

"Mark Lapointe was a man who believed in family first, believed in living a quality life and believed that people mattered," Lulek said in a recent interview.

Lapointe lost his battle with throat cancer on Oct. 16. Only 44 years old when he died, Lulek said Lapointe wanted nothing more than to provide for his family and lead his children to college in hopes of living the "American Dream."

Lulek and Lapointe's wife, Kate, have organized an event to raise money for Lapointe's children's education.

"A Thousand Sit-up Challenge" will be held at the Rutland Rock Climbing Center on Dec. 14 from 9 a.m. to 7 p.m. For this event you can make pledges on the giveforward.com website and type in Mark Lapointe Children's College fund, or you can ask for pledges by creating your own sit-up team and then bring the money to the event.

For his part, from 10 a.m. to noon, Lulek will be doing his 1,000 sit-ups, solo.

Lapointe has two children; Tom, a sophomore, and Erin, a freshman, who both attend Rutland High School.

Lulek said he two kids are big into life, health, and music.

The fundraiser, Lulek said, furthers his and Lapointe's philosophy that " life is very important, and health is important."

"We were always there for each other. We held each other accountable in our character, morals and in life. And we both believed that life mattered. We both believed in pushing life's boundaries," Lulek said.

Lulek said Lapointe's life was taken away way too quickly and the event is meant to create awareness and to support not only Lapointe's legacy, but also his family.

"Mark was such an amazing, engaging, caring man and when you talked to him he looked at you and listened," said Lulek.

Lulek recalled working with kids one day when Lapointe looked at him and said "I don't know if I am doing enough for others because I see how many people you help."

Then Lulek said he looked at him and said "but you're the best dad in the world. If I had a dad, I would want you to be my dad."

And then the two men hugged, Lulek said.

PHOTO CONTRIBUTED BY JOSH BUDZINSKI

To map his daily mustache progress Josh Budzinski takes a selfie everyday.

Sporting the stubble for charity

By Sarah Clark
Castleton Spartan

Walking around campus these days, you may see men sporting a fuzzy caterpillar above their upper lips, a Fu Manchu or maybe just patchy stubble for those who were not blessed by the beard gods.

But the November trend is more than men celebrating what they can or cannot grow, it's "Movember," an effort to let men sport the hairy look while raising money and awareness for men's health.

Junior Josh Budzinski has been not only spreading the word of Movember and all the benefits it can provide, but he and other members of Castleton State College have been raising money to donate to the organization. The money donated to Movember will be distributed to LIVESTRONG Foundation, Prostate Cancer Foundation and Movember Foundation.

"As of now, we have raised about $500. It's not much, but as a team I think $1,000 would be a good final goal," said Budzinski.

As a CA last year, Budzinski hosted "No-Shave-November" and while doing research he came across us.movember.org, the official site to promote and educate readers about men's health. Although he instantly became interested in the project, it was a little too late to do it for the year. So this year he has stepped up and created a program to help his fellow men learn about and help fight diseases like prostate and testicular cancer.

"It's a good idea to help raise money for cancer and the foundation. It's important because it's a leading cause of deaths," said Cyle Machia.

Not only did Budzinski put up fliers to spread the word, but he also reached out to faculty and females on campus. Although most females don't have facial hair, if they really wanted they could go natural and not shave their legs or underarms. It might be an interesting sight to see or in some cases feel.

"Women are encouraged to participate in every way possible. They can't grow facial hair, but they can help spread the message of the importance of men's health. Women are important factors in the growth and development of men's health," said Budzinski.

CSC's Movember group currently has about 38 peach-fuzz-filled faces for members, but they are always looking for more members and more ways to raise awareness and donations.

"I hope it has a continued and growing future here. It's a great thing to do on a college campus because everyone is pretty connected, like through sports, so it's pretty easy to get the word around," said Budzinski.

Going green gets the gold

By Sarah Clark
Castleton Spartan

Castleton State College was recently awarded a gold medal for being green. Hoff Hall, the newest addition to the campus, has been recognized for meeting the specific standards of Leadership Energy Environmental Design. Hoff and the Campus Center are the only two buildings to attain the LEED award.

Dean of Administration Scott Dikeman said the environmentally friendly building was not built to receive the award, but he said he's happy with the designation and that it's all about doing the right thing.

"It is hard to convert older buildings. We try to use sustainable methods as much as possible, and we will look to continue to follow the LEED standards," said Dikeman.

Students are noticing the college's green efforts and like what they see.

PHOTO CONTRIBUTED

Solar panals on top of Hoff Hall contribute to the college's Green Campus Initiative.

"Hoff Hall is extremely advanced compared to other dorms in its abilities, and provides the best green possibilities. With the very noticeable efficiency it has unlimited potential for setting the standard for future green dorms," said senior Paytton Hobbs.

Formerly from Audet House then North house, Hobbs this year made the leap across campus to Hoff Hall where he currently resides.

From water bottle stations, timers on the toilets to gauge how long you have been sitting there, and censored lights throughout the building, Hoff has numerous green attributes.

"Castleton has this drive to go green. Getting gold is a great thing. It has a positive impact on the campus, but also birds and stuff," said Area Coordinator Kevin Kareckas

Kareckas also pointed out that Hoff's roof sports four wind turbines and several solar panels all facing south for optimal sun exposure.

Each green or environmentally friendly aspect of the new building receives a certain number of points and each point you earn helps you to potentially receive a higher level or an award, officials said.

CSC is starting to feel a little furry

REBECCA ROE/CASTLETON SPARTAN

Scott Santamore is a happy furry.

By Rebecca Roe
Castleton Spartan

Typical hobbies for college students often include blogging, drinking or playing a sport, but for Scott Santamore, his hobby is a little furrier.

"A furry isn't just the fur suit part of it, but it's somebody who enjoys the furry fandom. It could be the art aspect of it or just enjoying the idea of anamorphic animals," Santamore said.

Each fur suit is unique and represents a different personality. Santamore's furry is a purple and orange Husky. He says he picked those colors because they're like a yin-yang. Where one side of the husky has orange in a spot, the other side mimics with purple.

"My furry is a pygmy goat. I chose a goat because I'm stubborn, playful, vegan, and I like to head-butt my friends," said Amanda Green, a Lyndon State student. "My character is male because I tend to relate to male characters more than females."

Greens' furry's name is Pine Cole and his colors are gray, black, and white with lime green accents.

"His right ear has a white accent on it to reflect my own natural blonde patch that is on the right-back side of my head," Green added.

However, a furry isn't just a hobby to some; but a sexual fetish. Yes, some like to take it into the bedroom.

"I think it's a little weird. At the same time I don't want to judge people. They like what they like. It's definitely nothing I'm interested in," Santamore said.

Though, sex is just one small aspect, there are some die-hard furry fans out there. Some that will go far enough like Green, and make their fur suits.

"I've been making fur suits for 2 years. I've made 11, so far," Green said.

Green explains that making the fur suit is quite the process and that she's still learning.

"The first thing you need to do is to study the animal you wish to create. Draw it out and make sure you have a design. It's very necessary to have the design to look back on throughout the entire process," Green said. "To generalize the actual construction, I start out by carving foam into the shape I want. I then make my own patterns, and fabricate the foam base. The last thing I do is add the eyes."

Green and Santamore are just two people interested in this large fandom. Like super heroes, Doctor Who, and Harry Potter, furries, too, have a convention. Luckily for Green and Santamore, they were able to attend FurFright recently.

"I was absolutely in love with the fact that I could see in person the fur suits I had admired from pictures on the internet," Green said.

Though, Green and Santamore are huge fans, they both don't wear their fur suits as often as they would like.

"I'll wear it maybe for two or three hours absolute max for a few different reasons. It's very tiring and it also gets really hot in that suit. Your average fur suit gets about 110 degrees in about twenty minutes," said Santamore.

Seeing a furry on campus is something new to many. Some run away with fright, while curious others stay and ask questions.

Theater major, Meghan Hakey, took it further and did her own research on the unique hobby.

"I think it's actually good that people have an outlet like this," Hakey said. "I mean, Comic Con is a really huge thing and people go dressed as super heroes and comic book characters, so if people want to dress like animals, that's cool."

Next few years, full of goodbyes

CONTRIBUTED BY KATE RICHARDS

Professor Tom Conroy

By Bryanna Allan-Rickstad
Castleton Spartan

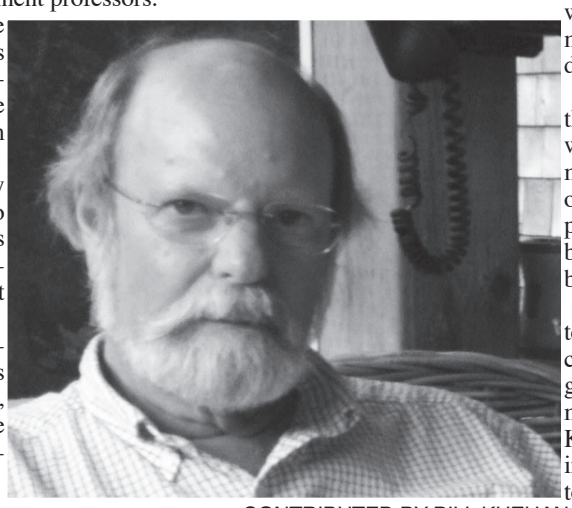
As the semester quickly comes to an end, and with the spring months not far on the horizon, Castleton State College and Leavenworth Hall will soon need to gather memories and bid farewell to a few prominent professors.

Professor Tom Conroy will be making his graceful departure this December, leaving behind 22 Castleton years, a notorious cell phone basket and the long commute from Middlebury to campus.

"I'm ready to move on," Conroy said of moving from Vermont to Rhode Island. "Of course I'll miss it; miss the students and my colleagues, miss the experiences. But I'm ready."

Conroy's move to Rhode Island was fueled by family, friends and a passion for hitting the open, frigid water on a surfboard. "I like to surf," he says simply, kindly dismissing further explanation.

Although Conroy is mentally prepared to leave, many students, along with former students, will feel nothing but loneliness where he once stood.



CONTRIBUTED BY BILL KUEHAN

Professor William Kuehn.

Professor Stephanie Wilson was a student of Conroy's before working at Castleton herself, and she will always feel in debt to her favorite former professor.

"He is authoritative and brilliant," Wilson says fondly. "He helped shape who I am and my career." Wilson recalls taking a class where he subscribed each of his students to Newsweek. "I felt like such an adult," she said, "and I still subscribe to it because of him."

Barely a stone's throw away from Conroy's neat and practical office is the slightly more colorful office of Roy Vestrich. Vestrich is another professor soon to be missed within with walls of Leavenworth.

Vestrich has served the classrooms of Castleton with a solid 26 years of dedication, although some of that time was spent traveling the world with his students.

"I'm an artist," he said, the walls behind him full of paintings and photographs. "I love adventure and risk, and I love to create a different classroom setting with that in mind."

Vestrich has been an active supporter and contributor to the study abroad programs offered on campus, spending time with students in London every year.

"He really helped us get settled in to the new and unfamiliar territory," remembers Emma Rudnick, a student who spent a spring semester in London. "It was nice to have him around while we figured our lives out there."

Vestrich plans to travel and fire up his old sailboat, along with focusing more closely on his creative scriptwriting, when he retires from Castleton. But a part of him will truly miss his everyday routine here. Having turned down a chance to work for Warner Brothers in the past in order to continue working with students, he will miss the reward of "seeing students inspired."

Two floors up from the bustling basement of the Leavenworth Communication Department is professor Bill Kuehn's office, literally scattered with photos of students and shelves bent with the weight of a hefty book collection.

If professor Kuehn isn't teaching a research class on sociology, or analyzing the demographics of roadside trash, he is most likely hitting the slopes at Killington. And when he retires in May after 43 years at Castleton, he plans to do a lot more skiing.

"I love to ski," said the New Jersey native, who was introduced to the sport by a former student who encouraged him to give it a try, despite being a diehard cross country skier. He did, and has never regretted it.

"Everything we do in life builds character," said Kuehn. "Students have showed me that, teaching here has been a journey."

Kuehn is greatly anticipating his retirement, excited to travel with his wife, who retired two years ago, and continue on with their "next journey."

However, Kuehn will not be able to let the students of Castleton go that easily. Every year, Kuehn has dedicated his time and effort to his First Year Seminar students. He takes them along the back roads of Lake Champlain to clean up and analyze litter. At first, students are always apprehensive about spending class time picking up someone else's trash. But with time, they realize it's much more than that.

CONTRIBUTED BY KATE RICHARDS

Professor Roy Vestrich.

"It's a bonding experience for them," Kuehn says. "We're learning about people, the land and each other."

His students agree, saying Kuehn brought a new light to the idea of learning and interacting, and that analyzing people and their actions can be "truly fascinating."

With a combined total of 91 years at Castleton State College, these professors will not simply slip away from the minds and lives of the people around them, and each one of them will be back from time to time either for a visit or part-time teaching.

"You'll see me here," said Conroy. "I'm always optimistic about teaching, and students here are my biggest accomplishment."

All hail the Queen Mary

By Alexis Esposito
Spartan Contributor

Anyone who walks into Leavenworth likely has to walk past an office tucked into a corner, almost unnoticeable. The office fills with sunlight and is decorated to match the season. Pictures of children hang on the wall and lost-and-found items are scattered about with little notes like "found in room 104 – Tita."

But perhaps the most important item in the office is the person who occupies it, Mary Woods, affectionately known as "Queen Mary."

"When I first came to Castleton, it was clear to me that Mary ran the show. She made sure I had everything I needed," said adjunct English professor Bill Wiles. "Now that I am in my ninth year here at Castleton, I know that Mary ensures the good ship Leavenworth maintains its course, no matter the obstacle. Her kind and gentle demeanor mark her as 'the Queen of Leavenworth.'"

Woods' duties as caretaker of Leavenworth include checking printers and photocopiers to make sure they have paper and ink, ordering supplies and checking on the smart rooms.

"I like to troubleshoot," Woods said.

Before working as Leavenworth secretary, Woods worked as media coordinator and secretary to dean of students, where she got to interact with students on a daily basis.

"I think working with students all the time keeps all of us younger," Woods said. "I miss the student contact very much, they were like my kids away from home."

Woods has three children, who live in Australia, Idaho and Vermont, and five grandchildren. She said the saddest moment in her life was when her kids moved away.

"When my daughter [Michelle] left for Australia, I really thought I was going to die," Woods said. "We were like sisters and friends, not just mother daughter."

Fortunately Woods and her daughter get to see each other at least once a year. Woods has been to Australia six times.

"I adore living in Australia, but there is a gaping hole in my life daily and it has [my mom's] name on it," Michelle said in a recent interview.

Michelle's favorite memory with her mother is when they celebrated their birthdays in Paris.

"We logged our steps with her pedometer. I think we did between 17,000 and 21,000 steps that day covering the city," Michelle recalled. "It was so special to be there with her because she supported me when I was 16 to get to France with the high school French Club, but she never got to go so traipsing around Paris together all those years later was super special."

Woods' other children, Tony and Traci, echoed their older sister's love for their mother.

"I could write a funny story about my mom," said Traci. "But the honest truth is that she is the real deal and deserves to be recognized for her tremendous value. She is kind, compassionate, gentle, and the rock of our family."

Though Woods proved to be a loving mother, she didn't learn that from her parents.

"My parents were very strict. Very strict," Woods said. "My childhood could have been a lot happier."

Woods credits her grandparents as being more parental. She said she loved her grandfather so much that she pretended he was alive for a year after he had died.

Woods met her first husband in college, and they got married when she was still in school. Her biggest regret is that she didn't get her degree sooner. Luckily, working at Castleton gave her a second chance. Woods obtained her associate and bachelor degrees from CSC.

She likes to garden and be creative. When she has to make signs about professors not having class she always decorates them.

"It's hard to be creative in this job," she says.

Next time you walk into Leavenworth remember that you're in the presence of a true queen.

"She does a lot for me," said philosophy professor Bob Johnson. "Most importantly she provides compassion, advice, support, and change for the vending machines."

ALEXIS ESPOSITO/SPARTAN CONTRIBUTOR

Mary Woods takes a break to pose at her desk.

Tartuffe connives in Casella Theater

CHRISTOPHER WILLIAMS

Orgon tells his daughter, Mariane, of her new wedding arrangments.

By Molly DeMellier
Contributions by Josh Bassett
Castleton Spartan

Castleton's rendition of French playwright, Moliere's renaissance production Tartuffe captured Casella Theater from Nov. 13-17. The Soundings event brought students and faculty alike flocking to the Fine Art's Center to witness the unique plot line and extravagant costumes.

The play's namesake, Tartuffe, is a man who hides behind a mask of fake religious values to fool the other characters. He is taken in off the streets by the wealthy Orgon and quickly brings him to believe he is a man of purity and chastity.

His family is not nearly as sold on Tartuffe.

Despite his family's outbursts, Orgon forbids his daughter, Mariane to marry her lover, Valere, and arranges for her and Tartuffe to be wed. Mariane abided by the feminine confines of the time period and regrettably agreed to her father's request.

Contrary to this damsel in distress, the other women of the play broke away from the stereotypes and openly spoke their minds to Orgon. His maid, Dorine, provided the most comic relief to the production with her cunning tongue and shrewd ways. The homeowner's second wife, Elmire, ultimately led to the intruder's downfall and revealed Tartuffe's true intentions of seduction and infidelity.

However, the resolution is nearly hindered when Tartuffe revealed that Orgon has already signed over the deed of the house. He calls for Orgon's arrest and the family's eviction from the home. Orgon becomes further distressed when he realizes that his position in the court is in jeopardy due to the secrets he has revealed to Tartuffe under the security of their false friendship.

Tartuffe's hypocrisy ultimately led to his complete demise when he is discovered by the king and imprisoned for past crimes.

Orgon and his family are restored to their former glory and with Tartuffe behind bars Mariane and Valere are once again set to exchange vows.

Learn a Language get a job

By Martina Marchese
Castleton Spartan

With the growing population of this melting pot we call a home, it is beneficial to learn another language.

Castleton offers seven Spanish classes from beginners to advanced level, as well as, French, Arabic and Mandarin Chinese at beginning levels.

Due to the location of the language department, the bottom hallway of Leavenworth, language professors fear that students are unaware of all the cultural opportunities the school offers.

"Sometimes we wonder if our CSC student population knows we are here and that we offer two Spanish majors: Spanish for Business and Spanish Language and Literature," said Ana Alexander, modern foreign language coordinator and professor.

Approximately 24 students are majoring or minoring in Spanish, not a large percent of the student body.

"Learning another language gives you the ability to travel to a different country and completely immerse yourself in its culture and develop connections and friendships in a way that would be impossible only knowing one language," student Jesse Mach said.

One hundred percent of Spanish majors find employment immediately after graduation, Alexander said.

Other students have taken opportunities with the Peace Corps serving in countries all over the world.

The 2011 census stated that the most popular language spoken in homes in the United States, next to English, was Spanish.

"Just think about it, a person with a Spanish degree can function in an English speaking world and in a Spanish speaking world," Alexander said.

Spanish might be one of the leading interests in the CSC language department, but others have enjoyed learning other languages as well.

"I took Arabic 1 last semester because I have a lot of friends who speak Arabic and I wanted to learn," student Alice Johnson said. "Knowing another language is a huge advantage. It really gives you an upper hand in any field you go into."

REBECCA ROE/CASTLETON SPARTAN

New music professort and band leader Paul Kafer plays his beloved bassoon.

"Music is the love of my life"

By Rebecca Roe
Castleton Spartan

Paul Kafer bobs his head and bounces his body to the sound coming from a small, but enthusiastic marching band.

"Beautiful!" he bellowed from behind the drum majors.

The band froze in their spots as Kafer practically skipped toward them.

"Hey band!" he yelled.

"Hey what!" they echoed.

"Bring it in."

Kafer is new to Castleton's music department, but he's been teaching and admiring music for years.

In 4th grade, Kafer went to an instrument demo at a local church. Many instruments were laid out, but there was this one instrument that nobody was playing.

The oboe.

"So I picked it up and I started playing a song just on site. Just kind of did it," he said, starting to sing the "Snake Charmer Song." "The director stops in his tracks and walked over to me and said 'so have you played oboe before?' And I said no, this is the first time I've ever played it," Kafer said.

Now, Kafer's primary instrument is the bassoon.

While life as the new Castleton music professor is great, growing up wasn't so easy. Life at home was rough because of alcoholic parents and he said he may regret not spending enough time with his family, but he found a positive escape through music.

"Music is the love of my life," he said as a gentle flute plays in the background.

But life isn't not all about music; he also loves to do outdoor activities including biking, boating, and gardening. He especially loves the beautiful scenery that Vermont has given him.

"As I was driving up for the interview and I came into a clearing, there was a large range of mountains on my left and a beautiful clearing on my right and there was a small little lake and stream and I just remember how moved I was when I saw that," he said.

When Kafer was hired toward the end of July, he knew there was a lot of work to do. With only two weeks left until band camp, he was scrambling.

"We did a lot of talking on the phone and a lot of work when he got here, but I didn't have to step in at all. He knew it had to happen and he made it happen," said Glenn Giles, the chair of the music department.

Kafer lives on Lake Bomoseen in a "stinky" log cabin with his two cats. Unfortunately, he's divorced, but his current girlfriend is living in New Jersey studying to be a veterinarian in Bergen County. He has two kids, Jeremy, 21, and Maria, 25.

Though Kafer has worked with competitive marching bands and has won many awards, his proudest moment was when he put on the show "Bye Bye Birdie" at a children's hospital.

"The actors in 'Bye Bye Birdie' were all students that were in the children's hospital," Kafer said.

The young boy who played the character, Conrad Birdie, a handsome and Elvis Presley-like character, had burns on 95 percent of his body.

His face was completely deformed yet he sang as if he were very handsome," Kafer continues. "And little Rosie had cancer. She came up to me at the end of the production. She gave me a big hug and she said 'I've never performed in a musical, thank you so much for allowing me to do this.' And about two months later, she died."

Kafer may be new to Castleton, but he's already made a big impression on his students, the staff and especially Loren Sylvester, the graduate assistant of the music department.

"I actually look up to him a lot because he's very knowledgeable when it comes to music. Kafer's understanding of music is deeper than I've seen before and I kind of look up and respect that," Sylvester said.

Game Review GTA5

By Dashiell Monder
Castleton Spartan

A third person perspective roleplaying game (RPG), the main story line of Grand Theft Auto 5 (GTA5) is about three gangsters who are part of a Mafia. GTA5 has sold about $800 million worth of copies worldwide in the first twenty-four hours of its much-anticipated release. The company that made the other GTA games in the series is Rockstar North and Take-Two Interactive. It was made for Xbox 360 and PS3. Players can play the game in single player mode or online multiplayer mode.

The story takes place in the fictional city of Los Santos, an alternate version of Los Angeles. Players get a chance to swap three different criminal perspectives of the Mafia characters; Franklin, Michael and Trevor. They commit bank robbery, auto theft, and first-degree murder.

The guns in the game are modern style guns, like grenade launchers, also known as "War Machines". They are used against police officers as well as, innocent people.

Players have multiple missions to complete and parts to find in order to build things like a spaceship with cloaking ability. There are multiple glitches in this process such as duplicating your car. In the wall glitch, nobody can see or find you. There is a clone glitch where players can double themselves to confuse the police officers, which is hilarious. The dumb police officers glitch is another humorous aspect. It makes the police act unintelligent, so the criminals can get away. Infinite money glitch lets you find money all over the place to buy booze and weapons. T Skyfall cheat lets players fly!

Players get a chance to find many rare cars and guns hidden all over the map. Each of the three characters has a unique ability; Trevor is a pilot, Michael is has bullet time (he can slow down time and take less damage from bullets), and Franklin can slow down time when he is driving his car which allows him to do multiple stunts.

I hope everyone has a blast playing the game and completes each of the multiple missions. I hope you have just as much fun finding these awesome glitches or cheats while playing Grand Theft Auto 5, as my friends have had.

Project Vision utilizes student talents

By Ryan Ackerman
Castleton Spartan

Editors note: This story was written before the final design was selected

Students in a typography class at Castleton State College are getting real-world experience working with a client while helping a neighborhood in Rutland decrease crime rates and build a sense of community.

The typography students, and Marna Grove of the Art Department, have teamed with Korrine Rodrigue of Project Vision to create a logo and flyers promoting a neighborhood block party in the Northwest neighborhood.

"The purpose of the VISION coalition is to identify the many underlying and contributing factors associated with local crime and substance abuse so that informed solutions can be developed," said Rodrigue, a senior research associate for the University of Miami.

Vision stands for Viable Innovative Solutions through the Involvement of Neighborhoods, Rodrigue said.

The first solution is a community block party for neighbors in the Northwestern neighborhood of Rutland.

"Of the 13,000 calls for service annually to the Rutland City Police Department, about 73 percent are from the Northwest area," Rodrigue said.

Typography students have been tasked with developing a flyer for the neighborhood block party. Rodrigue visited the class, briefed the students, and plans to walk door-to-door distributing the flyers and encouraging participation.

Grove, her students, and Rodrigue agree about that the benefits of the project. The flyers will provide visibility to the coalition and students will gain experience working in the field.

"The biggest thing is to realize that this work is for a viable client and can be shown to a prospective employer," Grove said after the final critique. "You are literally volunteering your design work to help this project and that goes onto your resume."

Karla Hunter, a student in the class, is excited about teaming with Project Vision. "It will be a positive thing to have in a portfolio because it shows we have practical experience," Hunter said. (in an interview.)

Rodrigue was happy with the outcome of the first project and this reporter had his design selected as the final to represent Project Vision.

RYAN ACKERMAN/CASTLETON SPARTAN

Project Vision Chairman Joe Kraus critiques posters with Castleton typography class.

"We hope to continue to work with Castleton students with our VISION project. It is important for students to understand community problems and what can be done to solve them."

Molly turns rave festivals fatal

Continued from page 1

"This summer there have been a rash of overdoses of the drug,which is commonly used at festivals-three of which, in New York City, were fatal," he said.

According to a New York Times story, Jeffrey Russ, 23, of Rochester, N.Y., and Olivia Rotondo, 20, of Providence, R.I., were pronounced dead after collapsing with high body temperatures at New York City's Electric Zoo festival over Labor Day weekend. McKinley said the medical examiner's office and law enforcement officials confirmed the cause of death in both cases to be related to Molly.

Additionally, NBC news reported that since 2004, emergency room visits related to the drug have doubled and that the string of overdoses in recent months has health departments concerned for future trends.

When it seems Molly is holding the keys to the hearse, many would be inclined to ask: Why?

"In 20 years I'll look back and say I was a stupid kid, but God damn, I had fun," laughed Davis.

Other Castleton students had a more difficult time explaining their decision to try the drug. In the end, it seemed to be the rush of Molly's mystery that drew them in.

"I don't know," said Castleton's Aaron Denim. "It is pretty sketchy. But then you're like 'Well I want to try it.'"

For student John Stars, his elated emotions and physical desires to touch everything while on the drug are what provoke him to keep calling Molly.

"Everything's nice, man," he laughed. "Anything is fun, really. I mean you can make a party, a party."

Molly can take various forms as well as be consumed through different methods. As a powder it can be licked or just applied to the gums and ingested orally or it can also be snorted producing the quickest high.

Molly can also be taken or "popped" as a pill or when in a rock form it can also be put into alcohol and left to dissolve into the drink.

Those using the drug need to be aware that it is often "cut" or mixed with other drugs, such as, cocaine, methamphetamines, and other toxins.

Castleton senior and Wellness Center intern, Gabe Aguilar, said the cutting of drugs, like Molly, is what makes them constantly evolve.

"They're always changing," he said. "It's hard to educate when we're just finding out about these drugs."

According to Aguilar and Bentley, Castleton's Wellness Center is always looking for new ways to educate students on the dangers of these street drugs and takes the initiative to make students aware of campus incidents.

"This has been a topic of discussion in the Wellness Center and amongst my colleagues all over the country," Bentley said. "I am in the midst of considering the best avenues of educating students about the drug and the risks involved with consumption."

Despite the efforts to educate, Aguilar still finds the appearance of Molly on campus to be unsettling even for those not taking the drug.

"It's kind of nerve-racking to know that they're on something. You don't know what they're feeling. You don't know what to do," he said.

Davis, who considers himself a "veteran Molly user," gave insight to the emotional hangovers produced by Molly, confirming even emotions are not immune to the laws of physics and what goes up really must come down.

"There's been days when I've curled up in a ball and just cried for no reason," he said.

Injury can't fog championship visions

Continued from page 7

to hear of Holmes' injury and fondly recalled her three seasons spent with her.

"She is always concerned with the teams' success rather than her own," she said. "There is something about her, a spark that always energizes the team when she makes a big play."

Despite the injury, Holmes said she's not leaving the team now.

"I think what's been impressive about her is how she's handled it. Never once said, 'poor me,'" Barrett said. "It's not her make-up."

After all that has transpired, her teammates also said they were not surprised by her dedication. Fellow seniors Alyssa Leonard and Stephanie Bull said their final season would not be the same without Holmes by their side.

"You can always rely on Sam to be a positive voice and pick you up if you're not playing well. She's just an all-around great friend and teammate to have," Leonard said.

Holmes mirrored the respect for the individuals on her team. She said her team is her family and she could never imagine walking away from them.

"I just love my team, that's the biggest thing. I think if it was any other group of people I probably wouldn't stick with it," she said.

Now that Holmes has hung up her practice jersey and accepted her new role on the team, Bull has transitioned from guard to forward to fill the void.

"I'm glad it's Steph," Holmes said of the position change. "Steph deserves it."

Bull said she's determined to perform well in her new role and is appreciative to have Holmes helping her through, though Holmes' support is nothing new for Bull.

Recalling a game from their freshmen season, Bull said she sat next to Holmes on the bench cheering on the team.

"We knew neither of us would go in," she laughed. "Then all of a sudden I get called in."

Bull remembered panicking, her freshman nerves telling her she couldn't do it. But then there was Holmes giving her the push of confidence.

"She's just like, 'You got it, Bully!'" That moment, and the nickname, have held strong for four years.

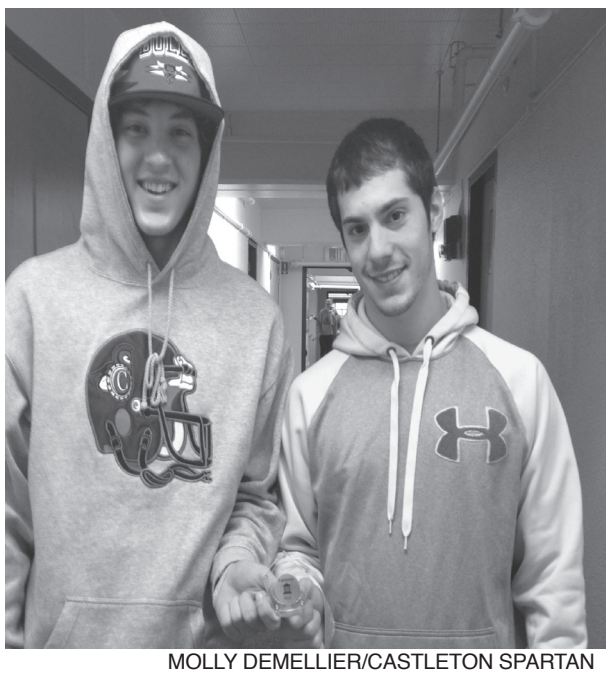
Although she was hoping to have her surgery over the Thanksgiving break in order to have the entire winter vacation to spend helping the team, Holmes goes under the knife Dec. 20. She said she is still deciding about redshirting this season, but knows she is getting back to the team's side as soon as possible. She is even doing rehabilitation and strength training prior to surgery to ensure a quicker return.

"I'm going to be the loudest person on the bench, not that I wasn't before," she said with a laugh.

She may be their biggest fan, but Holmes is not taking her new role lightly and said she will be there every step of the way pushing her team to their full potential.

"I told them when I did it we need to win one more championship," she said.

CSC looking to build local partnerships



MOLLY DEMELLIER/CASTLETON SPARTAN

Anthony Porcelli and Christian Procida show off their Civility Token.

Continued from page 1

more negative types of socializing, rather than opportunities for success.

"We have a toxic party culture on this campus. I would like the social aspect improved and being on campus and in the tighter knit community provides for that closeness. I can't see that [expansion] making that party culture any better or easier to control," said Bushey.

Another concern Bushey voiced was the transferred focus to new Rutland facilities and the possibility of neglect back to Castleton.

"I would really hate to see the entire culture of our school change," Bushey added.

But SGA Delegate Hollie Nop stressed the importance of building connections with Rutland through creative partnerships with local businesses and companies.

Area Coordinator Shaun Williams agreed.

"This is a way we can support local economy, the future of our students and in addition, providing supplementary income for student who might not otherwise be able to afford tuition," added Williams.

Freshman Alex Hawley joined the conversation to ask about transportation for those students who may live on campus now.

"If we are going to provide full-time shuttles for students in the future why don't we do it now?" questioned Hawley.

SGA delegates were quick to ensure that The Bus does service Castleton and has routes through campus six times daily.

The last issue of the night was about tobacco use on campus.

"The suggestion has not been to ban it on campus," said Mackintosh. "However the Chancellor does want to get a census on how students, faculty and staff feel about it on our campuses."

Bushey was quick to weigh in on this topic as well, noting that people with health issues are at risk by having it used on and around campus.

Student director of CAB, Eric Dowd, was eager to play devil's advocate and remarked, "What happens next? We ban alcohol? People are going to most likely see this as an infringement of their rights, rather than a concern for public health."

Finally, for the last display of the evening, Mackintosh was enthusiastic to kick off the new "Spartan Civility Campaign" by awarding the first two tokens to Chris Procida and Anthony Porcelli, two students who assisted in the rescue of a fellow Castleton student involved in a car accident.

The campaign focuses on giving recognition to those who are caught doing random acts of kindness. It also encourages recognition for seldom recognized or even well recognized actions.

"I thought it was only appropriate to award the first two tokens to two students who really demonstrate what civility and honor is here at Castleton, and to thank them for their quick actions in the face of uncertainty," said Mackintosh.

Procida said he was "shocked and honored" to have been awarded the first token of the campaign.

MATT ZITWER/CASTLETON SPARTAN

A student taps away on Apple's latest iPhone.

Has the future arrived?

By Rebecca Roe
Castleton Spartan

Imagine wearing glasses with a built in computer. Seems a bit dorky, doesn't it?

Do you remember the TV show, Ned's Declassified? Cookie had a pair of those glasses. He would push a computer chip over them and it would be like he was sitting in front of his desktop.

How nerdy!

Well, with today's technology, it wouldn't be surprising if we came up with something like this.

Oh wait….

Google just did. It's called Google Glass.

With one command, the computer does what your fingers usually do for you.

"Google Glass, take a picture."

And just like that, a photo is taken.

Technology today is really advancing, but are we in the future we thought we would be in ten years ago?

"In back to the future, we were supposed to have hover boards and flying cars in April," joked student Rebecca Hall.

But Colin McKenny, an Apple salesperson at Brown Computer Solutions in Brattleboro, thinks Google Glass is a sign we may be close to that future we envisioned.

"It has a long way for real practicality. I've heard a lot about it, but I'm not an expert," McKenny adds with a low laugh.

To the naked eye, it seems like the only technology advancing is for cell phones, but did you know they're working on making electronic license plates?

According to ARS Technica, a law just passed in California to allow testing of the digital license plate.

"I think the advances of technology are all evolution. We're just evolving and learning to communicate faster," said the Castleton State College Director of Digital Media, Katye Munger.

Computer scientists are also working on ways to make a doctor's visit easier.

"They're coming out with health scanners now that can just scan your forehead and talk about all your vital signs. It'll be able to tell your temperature and get your pulse rate in a matter of seconds," Munger added while making motions like she were scanning her forehead.

As we shoot our way into a future like the Jetsons, some may want to stop the ride to smell the roses.

Twenty-two year-old student, Jonathon Harmon hates the advanced world we live in.

"People depend on it too much and really, you can't escape a cell phone no matter where you are," he said.

But IOS 7 Beta tester Mike Sauer disagrees with the negativity toward advanced technology and thinks the new products could help in a way.

"There's an app called "Field Trip" that will notify you when you pass something of interest," Sauer said. "Having technology that will tell you about your surroundings instead of distracting you from it, I believe is just absolutely fantastic."

Goodbye Santa Fe

By Callie Ginter
Castleton Spartan

After returning home last week, Josephine Barrale and Casey Kimball, assistant teachers and close friends on the semester in the Southwest, summed up the group's final days in New Mexico.

"We can't believe how fast the semester went by and it seemed like everyone fit in perfectly as a group; a family. Seeing them all leave each other was the hardest part," Barrale said.

With final projects, presentations, packing, and group dinners jamming their last days, goodbyes seemed to come in the blink of an eye.

The group's last week in the American Southwest was a chaotic blur. Students rushed to complete a final presentation for Anthropology in the Environment, a final art project for ceramics and final assignments for other classes.

"It was a stressful week. The days flew by. We were so busy," said sophomore Charlotte Malaroche.

As the last days approached, students came together to have one last "family" dinner; a Thanksgiving feast.

"It was such a nice way to end the semester, good food, music and friends! It was a lot of fun," said junior Emily Haley.

The dinner was held at Professor Liza Myers family home in New Mexico, and group members said it felt like they were all at home.

Nov. 13 was the official day our semester ended, the official day people said their goodbyes. Although students knew they would see each other in just a few weeks, saying goodbye was still hard.

"We created a family, and it is never easy saying goodbye to people who you love so much," said senior Sarah Guth.

Even Professor Paul Derby and Myers made a heart-felt motion to say goodbye to each student with a big hug.

"I usually don't have a hard time saying goodbye. I believe goodbyes are just temporary, and I know I will see all of my new friends again real soon," said Benj Spound, a student at Johnson State College and participant in the American Southwest. "The semester was full of unbelievable experiences and memories. I could not have asked for a better semester, hands down."

By the sounds of it, neither could anyone else.

Men's cross country to host Turkey Trot

In honor of the upcoming holiday the Castleton Men's Cross Country team is hosting a Turkey Trot on Nov. 24 with an option to do either a 5k or 15k.

Prior to the Turkey Trot a mini gobble fun run will take place for children at 10:30 a.m.

Tickets can be purchased the day of for $25 or online at castletontickets.universitytickets.com for $20.

Each participant will receive a Turkey Trot t-shirt.

First place winners will receive prizes that range from Killington day passes to Turkeys.

The money raised from the event will be donated to charity.

"This is a good race for beginners or seasoned runners. Both the 5k and 15k courses promise great times and a challenge for the runners," Maggie Klein, men's assistant coach said.

Spartan Standout: Colin Murray

By Will Stuhler
Castleton Spartan

Senior Colin Murray has been a force to be reckoned with since the start of this hockey season, dishing out four assists and stashing one goal for himself. Skating since a toddler, the Oshawa, Ontario native was recently named ECAC player of the week. There's nothing selfish about this 6'4" forward's play; just hunger for the win.

I sat down with Murray to learn more about the Spartan senior.

Q. When did you start playing hockey?

A. "Skated before I was walking so let's say, played competitively at three or four."

Q. Why did you start playing hockey?

A. "I started playing hockey because my dad put me into it and it wasn't figure skating and I didn't want to figure skate. I just chose to play hockey because it was what I was geared towards."

Q. Who is your favorite hockey player/team?

A. "My favorite team is the Red Wings. My favorite hockey player would have to be Steve Yzerman."

Q. Where did you play juniors before coming to Castleton?

A. "I played juniors in the OJHL and the CCHL. They were two of the same league - the league was split. It was the OJHL my first year and then it changed to the CCHL. I played for the Cobourg Cougars in Cobourg which is a town up north in Ontario; then I played in Seguin which is also up north in Ontario."

Q.How has that benefited you?

A."Coming to school as a 21-year old, as opposed to an 18-year old, definitely gave me time to develop. I mean, at that time you're coming into the league as a 16, 17-year old playing with guys who are 20 years old and it's just, you get better playing with better people."

Q. Do you have any rituals before your games?

A. "I like to listen to the same playlist on the way to the rink. Favorite song from the playlist is "How I Could Just Kill a Man?" by Rage Against the Machine."

Q. What's it mean to you to be ECAC player of the week?

A. "I definitely wouldn't say it's just me. It's definitely a team effort when it comes down to it. Although it's nice to get individual accolades, but when I think about how we played as a team, you're only as good as the guys you play with. It's nice to have a good cast of guys, ranging from freshmen all the way to your senior class, we have a different spectrum of guys who can put the puck in the net, pass the puck, or do the hitting. It's definitely a nice accolade to have, but I wouldn't say it was all me."

Q. How is it going with the new coach?

A. "It's going awesome. He's developing the team into a new identity, as opposed to what it was years before. I think that it's a more positive atmosphere. He's a positive guy - very offensive minded coach, knows what has to get done in the defensive end. Its going well, there's a lot of positivity around the team and it's bringing the guys together more than I've seen in years past."

Q. How is the team looking for the rest of the year?

A. "We have a lot of building to do, as with all teams, and having eight or nine freshmen come in and a new coach, there are a lot of outliers you could say now. We started the season off fairly well. I think we have a ton of potential. There's a ton of different roles filled on the team - a lot of guys who can step up and play and it's just a matter of how well we play and how well we buy into the coach's system."

Q. What's one thing people should definitely do when visiting Canada?

A. "If you're going to Ontario, definitely check out Niagara Falls if you haven't been. It's a wonder of the world. If you're out east, check out Prince Edward Island because I'd say it's easily comparable to Vermont in 'beautiness.'"

Q. Favorite hockey movie growing up?

A. "I would have to say "Slap Shot" for sure."

Q. Did you play any other sports?

A. "I played lacrosse growing up. I guess I started playing when I was about 10. I played soccer for one summer. Hated it. I played baseball until I was about 10, then I transferred over to lacrosse. I played hockey and lacrosse until about sophomore year here."

XC team goes to the NCAAs

By Andrew Muse
Castleton Spartan

The Spartans men's and women's cross country teams finished off their seasons on Saturday competing at the NCAA regional race in Gorham, Maine.

"NCAA went pretty well - everyone ran well for girls and boys," senior captain Steve Hagemann said. "The course was fast, little muddy, but it still was an awesome race."

The men's team was able to finish 36th overall as a team with great individual performances across the board. Hagemann led the charge for the Spartans with an impressive 132nd place finish and a time of 27:12. Jonah LaVigne finished out his great freshman campaign with a time of 28:11, which was good enough for 176th place overall. Matt Woodward was next for the Spartans coming in 220th place and posting an impressive time of 28:55. Coming in fourth for the Spartans was George Forbes running a 30:04 which was good enough for 289th place.

"Jonah, Woody and George are posed to be our top three next year," Hagemann said. "All three are really hungry to succeed and it shows in their dedication to the sport."

Rounding out the top five was Edward Stickter, another freshman on the squad. He ran hard and was able to get 327th place with a time of 32:01. Zach Smith also ran on Saturday for Castleton coming in a minute after Stickter with a time of 32:57 and 337th place.

On the women's side, they were able to end their season on a high note taking 44th place overall. Coming in first for the team was Shelly Audette, which was her first time finishing first for the Spartans. She came in with a time of 26:21. Freshman standout Kelsey Thompson came in only nine seconds later to post a time of 26:30 and take 272nd place.

"Running in a race of this magnitude can be intimidating," Senior Captain Mckynze Works said. "We came in with a positive attitude though and left everything on the course."

Works was the next Spartan to come in, finishing out her Castleton career with a 293rd place finish and a time of 27:03. Another senior, Casey Armstrong, finished out her career as well coming in 13 seconds after Works taking 300th place and running a time of 27:16. Caitlin Ryan rounded out the top five for the Spartans coming in 308th place with a time of 27:40.

Cassie Pinaire and Emily Newman were the other runners for the Spartans coming in 321st place and 353rd place respectively. Pinaire had a time of 28:12, while Newman posted a time of 30:47.

"From the beginning of the season you could tell that this team was special," Works said. "I was so happy to be a part of a team where everyone was dedicated as much as I am. It made the whole season so much fun and we wanted each other to succeed."

Fallen senior stands by team

By Molly DeMellier
Castleton Spartan

COURTESY OF TIFFANY JOHNSON

Samantha Holmes, center back, poses with her team after its win in the Fairfield Inn & Suites Women's Basketball Classic. For women's basketball recent game news, go to castletonspartan.com.

It's 3:30 a.m. With her alarm ringing in her ear, Samantha Holmes wipes her weary eyes and groggily fuels her body with half a peanut butter sandwich. Trapped by the warmth of her basketball patterned fleece blanket, the Castleton senior closed her eyes to steal a few more minutes of sleep.

Two hours later she awoke in a panic and bolted out her front door as her phone screamed in her pocket.

"Yeah, I overslept," she laughed as she recalled the morning of her first and last basketball practice of her senior year.

Every college basketball player knows the second week in October mirrors no other. There is a certain spark in the air that fills your lungs. It is a rejuvenation of your passion, moments of triumph, and anticipation for the opportunity to reverse the lingering moments of defeat.

"It's like that sound you get from new shoes-that squeaky sound," said Holmes. "Even though it was 6 a.m., everyone was excited. It didn't matter what time it was."

On Oct. 15 the campus slept as the sweat began to pour in Glenbrook Gymnasium and the women's basketball team kicked off their season with the anticipation of a three-peat in the championship ring.

After about 20 minutes of warm-up drills, the team delved into its first real drill.

"We were rebounding. I'd done it a million times. Outletted to the guards a millions times," Holmes said shaking her heard. "It was a freak thing."

According to Holmes, Head Coach Tim Barrett tossed the ball off the backboard as sophomore Bryanna Dupont took off wide down the sideline for the outlet pass.

Holmes left the hardwood to tear the ball from the glass and came down with a pop.

"I crumpled," she said. "I threw the pass to her and she put her hands over her face."

Most teams hadn't ventured from the warmth of their beds yet, much less laced up their sneakers, and the Castleton women were already frozen between the rims.

"Oh my God," said junior forward Meghan O'Sullivan. "Half of the team closed their eyes and looked away and the other half couldn't look away."

As an athletic training major, Holmes said she knew the instant she hit the floor and heard her knee pop that she had torn her ACL. She would be one of three Castleton athletes to tear their ACL in a span of just four days.

What she didn't know was that she had hit the trifecta tearing her ACL, MCL, and meniscus.

"Unhappy triad," she laughed.

Barrett and the rest of the team were shocked to watch the season end almost as quickly as it had begun for a senior who has been the portrait of dedication and perseverance for three years.

Out of high school, Holmes said she was drawn to Castleton because of the quality of the athletic training program. Basketball was just a portion of her decision. She said she knew she would get more minutes at smaller schools, but her education was the most important factor for her to consider. She took a chance and tried out.

"I couldn't imagine myself not playing – I had to give it a shot," she said.

Three years ago, Holmes made the team as a walk-on and has been dedicated to its success ever since. Barrett said her work ethic is something to be admired.

Though she knew her minutes would be minimal, Holmes trained like she was playing the full 40.

Along with her transition from high school ball to college, she also had to change her number from 31 to 34 because Castleton didn't carry a 31 jersey. Not being one for superstitions, Holmes said the number switch was a minor detail, she was proud to a Spartan.

"I would have been just as happy with zero or two," she said. "It wasn't about the number. It was about what was on the front of the jersey."

However, the Celtics fan also said she didn't mind sporting the same number as Paul Pierce.

"She hasn't played a lot, but she's been a great teammate," Barrett said of Holmes. "She's done everything we've asked her to do."

Those who have played with Holmes echoed Barrett's admiration for the tenacity she demonstrates day in and day out.

"She's the most physical competition I have in practice," said O'Sullivan. "She's always been one of the most dedicated members and she's cared whole-heartedly about our success as a team."

Former Spartan Tarryn Bolognani said she was distraught

Continued on page 6

Spartans start season at 3-1

EMMA RUDNICK/CASTLETON SPARTAN

Charles Bando handles the puck against Southern Maine in Spartan Arena Nov. 8.

By Andrew Muse
Castleton Spartan

The Spartans men's hockey team beat St. Anselm on Friday night 4-2, but fell to New England College 2-1 on Saturday night to split their pair of games over the weekend. Head Coach Steve Moffat commented on the first loss of the season.

"New England was creating a lot of turnovers and we committed too many penalties," he said. "The work ethic was there all weekend for us, but we need to work on making smarter decisions and stop committing penalties."

On Friday against St. Anselm, the Spartans were able to capitalize on several scoring opportunities winning 4-2. Colin Murray scored two goals and also had an assist on the game. Bart Moran and Ross Herzog each had two assists to lead the Spartans.

After an early penalty by freshman Chris Stachiw, the Hawks were able to score a power play goal to take an early 1-0 lead. The Spartans answer came three minutes later as Will Laking scored to tie the game at one with nine minutes left in the period.

Murray netted his first goal of the game with 10 minutes left in the second period. On a power play, Castleton got the puck around the zone to Murray who beat the goaltender to put the Spartans up 2-1.

The Spartans struck first in the third period eight minutes in. Patrick Thornton scored his first career goal off an assist from Herzog to take a 3-1 lead. Another penalty by the Spartans' Eric Mack let the hawks back in the game as they capitalized on the man advantage with five minutes remaining.

With time running out, St. Anselm decided to pull their goalie, which ended up being a mistake as Murray was able to score an empty net goal to retake a two point advantage up 4-2 and that is how it ended.

"We are playing better as a team. We are definitely comfortable playing together," Murray said. "Took too many penalties, but if we stop that and continue playing like we know we can, we will be successful."

On Saturday, the Spartans were in Henniker, NH to face New England College. Even though Castleton had a 19-17 shot advantage, they fell 2-1.

The Pilgrims didn't even wait for the crowd to get the seats before Samuli Turunen scored their first goal 55 seconds into the contest. New England College held that lead through the second and into the third period. After a hooking penalty on the Spartans, NEC was awarded a penalty shot. Kyle Manlow took the shot for the Pilgrims and beat Erick Cinottii to put NEC up 2-0 with 18 minutes left to play.

The Spartans were able to pull within one a few minutes later after Kyle Pichler took a shot from the slot that was saved by NEC, but Brian Greene was able to put the rebound in the back of the net to bring the score to 2-1.

Castleton had several opportunities late to score, but could not find the back of the net a second time.

"Our guys work so hard but we squander opportunities we have by giving opponents a man advantage," Moffat said. "We just need to keep working hard and play smarter."

Cinotti finshed the game with 24 saves in the loss.

Next up for the Spartans are Umass-Boston and Babson at Spartan Arena on Friday and Saturday night.

"If we can keep doing the small things well, like blocking shots and making correct decisions, we can compete with anyone," Murray said. "We've got to be consistently good throughout all the games."

Utica too much for field hockey

By Emma Rudnick
Castleton Spartan

Feeling those butterflies in your stomach and the anxieties and pressures of what the next two hours is going to bring is a feeling the Castleton field hockey team is all too familiar with. Winning a conference in any division is an accomplishment. There's nothing like the feeling of celebration and surrealness that comes with winning a game, especially the North Atlantic Conference championship game for the second year in a row.

"It felt awesome to win the NAC for the second year, said senior forward Rachel Preusser. "It was our number one goal as a team and accomplishing it was a big deal for us."

"We live it, we breathe it, we build it." That is the team's motto and they truly abide by it. They swept Maine Farmington 7-0 in the semifinals, which was the icing on the cake because that meant Castleton had the home field advantage for the NAC finals against St. Joseph's of Maine.

The 3-1 win over St. Joseph's became the cherry on top.

"It means that our team is one of the best teams in our conference and that we are capable of competing with teams that are ranked higher than us," said junior midfielder Kristy Pinkham excitedly. "It's one of the biggest team accomplishments you can receive."

Winning the NAC meant they were able to move on to the next round, the NCAA tournament. Becoming the champions of the NAC and being able to compete in the NCAA tournament is no easy feat; it takes blood, sweat, dedication and even tears.

Next stop, Utica, in the first round of the NCAA tournament.

"I was extremely grateful to have the feeling of being the NAC team that was represented in the NCAA tournament," said senior Alex Sears.

Senior sweeper Shannon Burns and Preusser recall how hard they were willing to work to prove themselves once again on the field and how bad they wanted to bring that win home.

"I didn't want that to be my last game. I was willing to do everything and anything to play another day," said Burns, with determination in her voice.

Preusser had a similar attitude.

"I wanted to play and play my heart out," said Pruesser.

And play those girls did. Deanna Tyson, the associate dean for athletics and recreation, stated that it's a goal as an athletic department to win the first round of the NCAA tournament and she feels that with the way the field hockey program is going, that goal is coming getting closer and closer.

Head Coach Tammy Landon agrees wholeheartedly.

"We are getting closer," she said. "The NCAA first round win in viable. We competed well with Utica."

Although Castleton fell, not all was lost. Having competed in not one, but two NCAA tournaments is a huge triumph for the college. It puts Castleton's name on the map.

With 10 seniors graduating this year, the underclassmen that have been patiently waiting on the bench for their time have some mighty big shoes to fill, but the seniors aren't worried.

"We have more talent than some people realize we have," said junior goalie Jess Galatioto. "It's going to be their time to step up and I think they're more than ready to do that."

No matter where the future takes the team and the seniors, they can always count on each other to be there. Pinkham and Landon spoke of how they consider each other family because of what the team accomplished this year.

"This season has been very fun, said Landon. "The team supporting each other and working together was a lot of fun to be a part of."

And no matter what, win or lose, they'll always come out smiling.

"It doesn't feel like we lost, it had to come to an end at some point," said Sears smiling. "We are still the NAC champs!"

Sports Talk with Eric Dowd

As the weather starts to get cold, it means a couple of things: snow is coming and the fall sports season is over. As the winter season is just beginning, let's take a look back at the fall sports teams and how they did in 2013.

The football team has had a lackluster year to say the best. After having their first bowl game last year, this year, they only have one win, which was the first game of the season at Plymouth State. However, you have to look on the bright side. A lot of underclassmen are seeing playing time, which gives the Spartans a positive outlook for the near future.

A team that was surprising this season was volleyball. They finished the season 3-3 in conference play and 10-14 overall. In post season play, they came back and defeated Lyndon, before falling to Colby-Sawyer. With only one senior on the team, look for them to get even better next year.

The men's soccer team finished as the number one seed in the NAC, earning the right to host the playoffs. First year Head Coach John O'Conner led them past Lyndon, before they eventually fell to number four seeded Thomas College at home 2-0. Looking forward to next year, the team will have to find another goaltender to fill the void of senior Nate Koenemann. Whoever takes his spot has some big shoes to fill.

Field Hockey was the only sport this fall to pick up a NAC championship win. They finished the NAC a perfect 9-0. They then took down New England College and U-Maine Farmington in the quarter and semifinals, and then beat Saint Joseph's of Maine in the NAC championship to advance to the NCAA tournament. Unfortunately, they fell to Utica 3-1 to end their season.

This team will look completely different next year, as they will graduate 10 seniors, almost the entire starting lineup. Shout outs to Rachel Preusser, Kristy Pinkham, Stephanie Bardell, Blake Wardwell and Shannon Burns for earning NAC first team all-conference honors.

As winter sports have begun, both the hockey teams are off to a great start. As of Saturday, the men's ice hockey team is 3-0. The women's ice hockey team is 3-3, but just as easily could be 4-1. They played Plattsburgh, ranked number one in the nation and lost 1-0, though they had plenty of chances to tie the game.

Women's basketball opened the season with a 71-50 win over Framingham State. Senior Alyssa Leonard set the pace for the team as she had 16 points.The Spartans went on to win the Farifiled Inn & Suites kick-off tournament. My prediction is that this team will be fun to watch this year.

Men's basketball should follow suit and be a great team to follow this winter season. They have one of the most up-tempo offenses in division three.

Ladies to be a force

By Andrew Cremins
Castleton Spartan

The women's ice hockey team found the back of the net seven times Friday surging them past Plymouth State on their own ice.

Contributions came from all around for Castleton with three out of the four lines scoring.

The flurry of goals started with Jessica Spidle, for an unassisted score early in the first period and held Plymouth scoreless after the first.

The beginning of the second started with a power play goal from Castleton's Samantha Pion assisted by Anna Daniels giving them the 2-0 lead.

However, Plymouth would answer with back-to-back goals by Allison Collins and by Marisa Zamrock, evening up the score and putting pressure back on Castleton.

The game tied at two was soon changed as Castleton netted three in a row. Goals came from Michelle Baillagon, Nicoline Jensen, and Brie Norodowy in that order.

Castleton went back into the locker room with a comfortable 5-2 lead, looking as if the game was under control.

Momentum from the second carried on into the third when Castleton put in their sixth goal in the opening minute by Kim Gosselin. Castleton now led 6-2.

The score remained 6-2 for most of the third until Jensen put her second of the night in with just a few ticks left on the clock.

With one final drop of the puck, the buzzer sounded ending the game.

Castleton head coach, Bill Bowes was very pleased with his team.

"[I'm] very happy with our performance…we need to get this kind of thing going every game," said Bowes.

The balanced attack served well for Castleton.

"I'm happy three out of our four lines scored tonight," Bowes said.

Castleton finished with a 7-2 victory over Plymouth improving to 3-2 on the season.

However, the Spartans fell short on the final game of their brief road trip Saturday to Southern Maine 2-1.

Southern Maine took first blood finding the back of the net in the first period, giving them the 1-0 edge into the first intermission.

Jensen answered five and a half minutes into the second, assisted by Daniels.

The score remained tied going into the second intermission, but Castleton couldn't pull together enough offense to go ahead.

Southern Maine put in the go-head goal early in the third period. It served to be the game-winner as Castleton couldn't muster up any more goals despite outshooting Southern Maine 31-20.

Coach Bowes weighed in on his team's performance.

"[We] started slow," said Bowes. "We had a lot of scoring opportunities, but shot it right at the goalie."

The team let in a "weak goal" on a crucial turnover leading to Southern Maine's game winner, according to Bowes.

Castleton drops to 3-3 and will face Norwich University Friday, Nov. 22 at 4 p.m. at Spartan Arena.

EMMA RUDNICK/CASTLETON SPARTAN

Nicoline Jensen takes a shot right on top of the goal against the University of New England Nov. 8.

Excellent season ends with ECAC loss

By JenniLee Mark
Castleton Spartan

For a team dominated by freshmen and sophomores, the women's soccer team certainly didn't let it affect their game this 2013 season. Finishing the season 13-9-2 overall, they finished 7-1-1 in the North Atlantic Conference, giving them the number two seed going into playoffs.

Unfortunately, they lost in the NAC championship game 1-0 to Colby-Sawyer. Junior Jenna Bostwick commented on how that impacted their motivation.

"After losing the NAC we have 'fuel for our fire' to get that title back," she said.

The Spartans then moved into the Eastern College Athletic Conference tournament. Last Wednesday, they traveled to Waltham, Mass. to play Brandeis University and won a thrilling game after going into penalty kicks. This was the first ever ECAC postseason win for the Spartans.

On Saturday, they traveled to New Haven, Conn. to face Wheaton College in the ECAC semifinal round where they fell 4-0.

Mallory Costello, a stellar player all season commented on the team's mentality going into the match.

"We were all really pumped yesterday to try and win another playoff game," she said. "We were already really happy with how we made it that far already so winning again would have been awesome. We were focused and just wanted to leave everything out on the field."

Having only four shots, the Spartans struggled to put an offense together. They had only one shot on goal from freshman star Dominique Valancius in the second half.

Despite the loss, the Spartans were proud of their accomplishments this fall.

"This season was great. We accomplished one of our goals by winning a post season game and we really came together as a team with having so many freshmen," Costello said.

With those 15 freshmen and three sophomores, Bostwick said she has high hopes for the future.

"I think that next year is going to be good," she said. "I think we will have a solid core of the team with a really good group dynamic so it will be better for the incoming freshmen next year because it will be like welcoming them to a family rather than introducing them to a bunch of random people."

That being said, they will miss their four seniors: Hannah Corkum, Halie Roberge, Blaire Hooper and team captain Kelsey Lenney.

These seniors have participated in three NAC championships and have gone to the NCAA tournament three times. They finish their careers with a 61-22-4 overall record.

Bostwick, being the only junior, has had the privilege of playing with them for three years and talks about the legacy they are leaving behind.

"These girls were fantastic and led us to the end," she said. "I look at all of them as not only teammates, but sisters. They have made a name for CSC women's soccer and our job for them is to continue it. They are going to be greatly missed next year."

Sap Bucket heads back to Norwich

By Deven Savage
Castleton Spartan

The Castleton State College football team capped off their season at home against the Norwich Cadets for the annual Maple Sap Bucket Trophy Saturday afternoon. Last year, the Spartans won the Bucket for the first time and were looking forward to keeping the trophy here in Glenbrook.

The Spartans were off to a strong start, but were outscored 24-0 in the second half and were forced to return the precious sap bucket to the Cadets after the 31-13 loss.

Castleton's offense looked impressive in the first half and after a 1-yard run from quarterback Tyler Higley and a 27-yard field goal from Robert Lineberger, they went into halftime leading 13-7.

Higley connected with his receivers 20 times for a total of 208 yards, but was intercepted four times, two for touchdowns.

Junior Kevin Alberque was the top receiver for the Spartans hauling in six passes for 69 yards. The Spartan offense finished the day with 344 yards total as they fell to a 1-9 record on the season.

Defensively, the Spartans were sound and kept opposing quarterback Keyen Foley to under 50 yards passing. Foley managed to scramble his way out of the pocket to 159 yards rushing on 22 attempts.

Todd Carr spearheaded the Spartan defense with a team high 13 tackles, which gave the senior defender the honor of the program record for 308 career tackles. Linebackers Nick Romeo and Leo Audy added 12 tackles each while Audy also recovered a fumble.

Norwich's Andy Mangin crippled the Spartan comeback late in the fourth quarter with a pair of interceptions that he returned for touchdowns. Norwich advances to 7-3 on the year and is tied for first in the ECFC with Gallaudet.

After the game, head coach Marc Klatt thanked his team for the hard work they put in and for never giving up hope this season.

"I'm extremely proud of our guys, proud of our effort and the way they hung in and battled," he said.

At the end of what some would call a "rebuilding year," the Spartans are looking forward to improving for next season. The young program has already proved it can be a competitor in the conference and Klatt can't wait to start preparations for the upcoming year.

"We're excited to wrap up the season and start getting ready for the next," he said. "It comes down to recruiting and where we have needs on our team. We're excited as we move forward because when you have a year like this, there's nowhere to go but up."

EMMA RUDNICK/CASTLETON SPARTAN

Kevin Alberque dodges Becker defenders on Nov. 9 in Spartan Stadium.